



Our Roots RUN Deep

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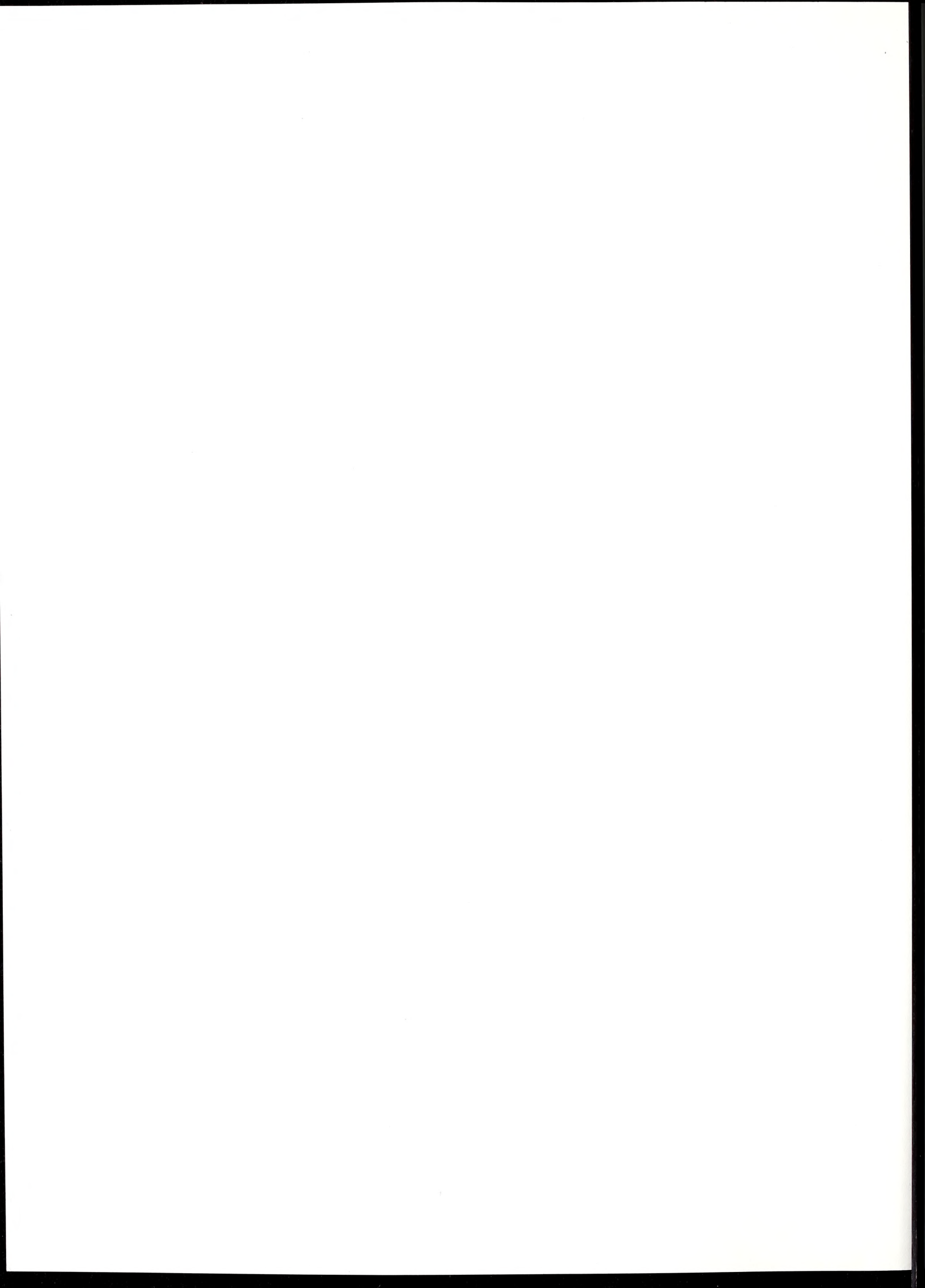
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*Ad Hap
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Societatis Jesu.
 Religioni et Bonis Artibus.
 Cura Personalis Regisiana.
 Religioni et Bonis Artibus.





Regis University
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Our Roots.....



Student Life 4-47



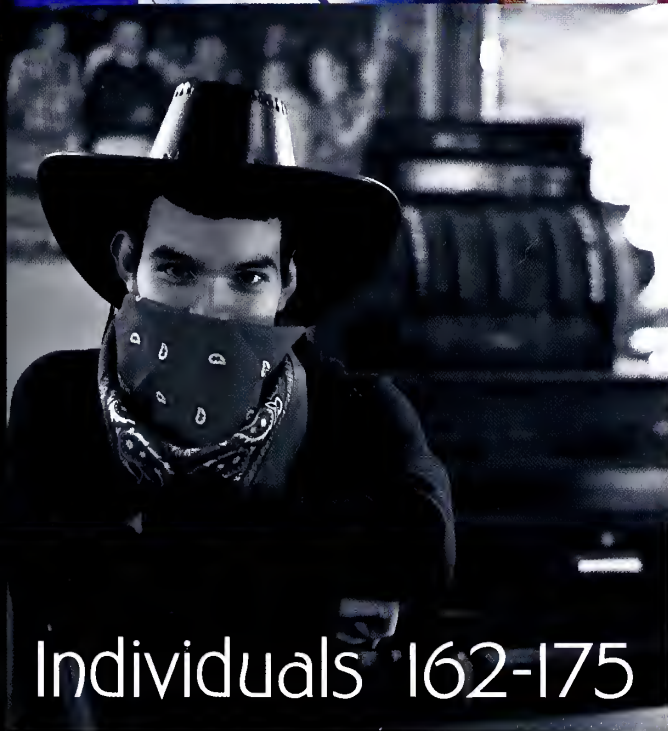
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About The Theme

This year the Yearbook Staff wanted to recognize the rich history of Regis University. Regis' deep roots originate not in Denver, but in New Mexico. Regis University was founded in 1877 under the name Sacred Heart. Ten years later, a man by the name of John Brisben Walker donated the land where, the Regis, we know and love, sits today. In 1921, the school was renamed Regis University in honor of Saint John Francis Regis. Regis' Jesuit roots also run deep. Regis is the only Jesuit university in Colorado, and one of 28 in the US. The Jesuit tradition thrives at Regis as we are prepared to be men and women in service of others.

This campus has played host to many important people. Pope John Paul II, President Clinton, and the Dalai Lama have all visited our campus. In addition, there are many notable Regis alumni, and the list will surely continue to grow as we complete our degrees and make names for ourselves too.

Regis' roots run deep in a much more literal sense too. Regis is known for its beautiful landscaping, specifically its arboretum. We have more than 800 trees on campus. Like the trees on our campus, the University started out small and has grown over the years; starting with only a few buildings (Main Hall and Carroll Hall) the campus now stretches from Federal to Lowell from 50th to 53rd with many new and renovated buildings including the new community garden and Walkers Pub. Regis College also admitted its largest freshmen class in history with 434 freshmen this year.

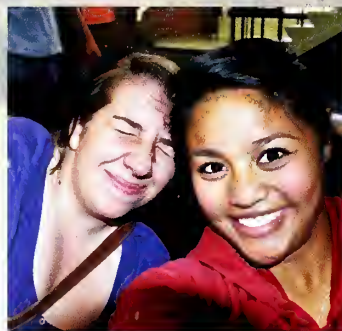
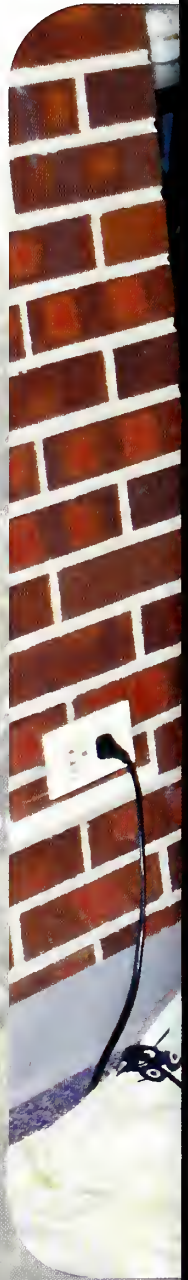
We are a part of the roots which stabilize the University. We are all connected, and our growth helps make Regis the beautiful university it is.

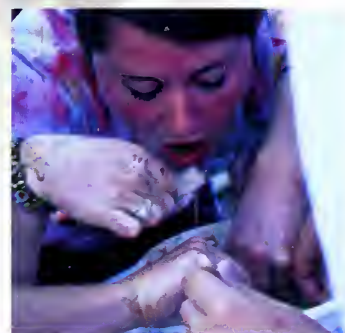
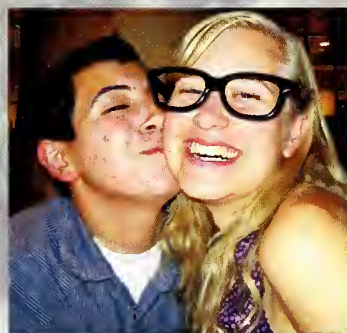
The yearbook staff took joy in documenting the lasting memories you have made and we hope this book offers a glimpse in time of those steps in your Regis journey. We hope you enjoy this year's edition.....'Our Roots Run Deep.'

RU_n Deep

Student Life

Vita scholastica





Left to right: Keala Bertulfo and Sasha Dimond moved in as friends all the way from Hawaii. Madeline McCormick opened her room door for the first time and was excited to move in and start the year. After waiting in the long class line, Jenna Harris finally signed the class of 2014's convocation book.



Oh, the places you'll go!

Orientation & Convocation

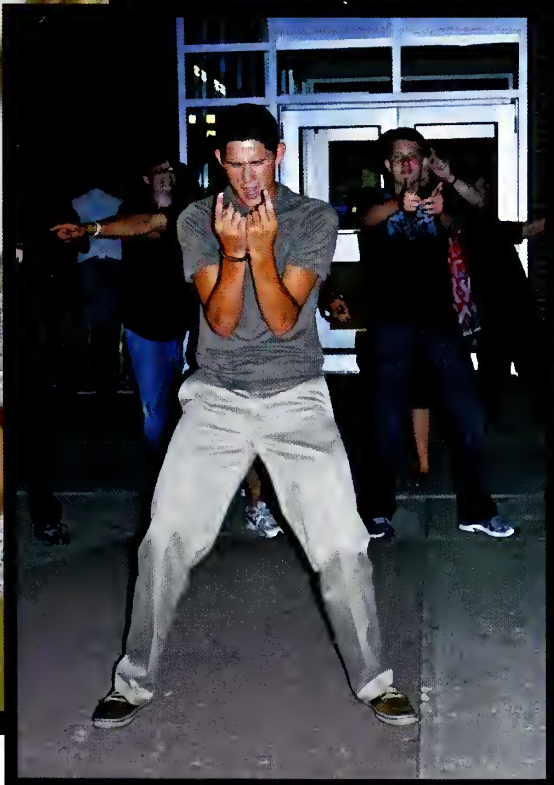
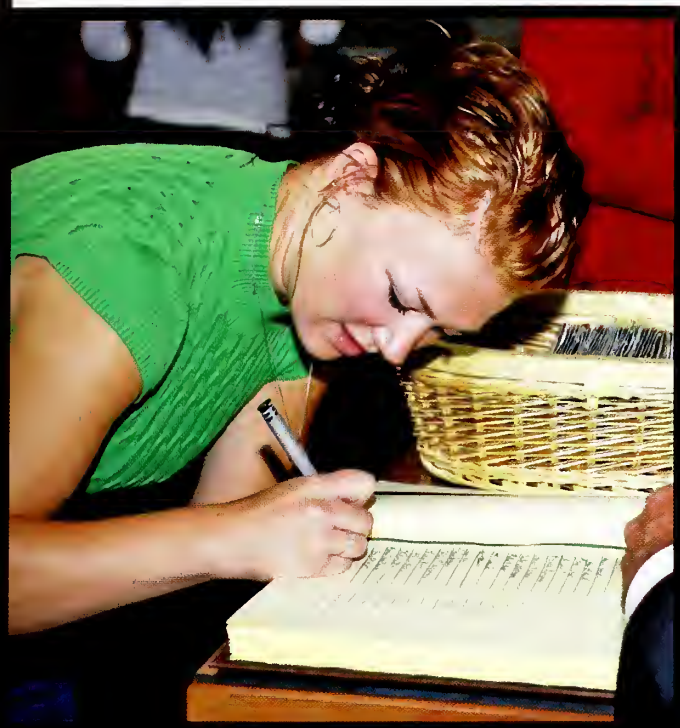
It was the start of another academic year and the introduction of a new Regis class-- the start of something amazing. Joyous and awaiting the moment they had been anticipating for about a full year, freshmen students moved on to campus. It was freshmen orientation, and it was huge, literally huge. The class of 2014 was the college's largest class thus far and really made a big impact on the university. Students gathered in either DeSmet or O'Connell Halls to move in and start a new chapter in their lives. Parents laughed and joked about carrying large boxes all the way to the top floor since neither building had an elevator, but thankfully there were many student leaders standing by to lend a helping hand. Some students tried to bypass all the troubles of moving in by getting quickly unpacked and adjusted to the change in life. Their floor-mates became their new families, and the campus became their new home. Orientation groups met up and explored the campus, and freshmen truly became students.

Convocation for the class of 2014 was preceded by an array of fun orientation events that students and their families took advantage of, however, after families left campus, an official academic welcome took place. The convocation ceremony truly and completely admitted all freshmen to the university, and started their formal educational careers. It was an overall achievement for the freshmen--the perfect jump start to a great year!

Dominant: Freshmen students prayed during the convocation ceremony. Convocation is a formal matriculation of students into the university.

Middle: Freshmen students stood in line to sign the convocation book.

Bottom left to right: Steven Brault danced the night away, at 'Dancing Under the Stars.' The black ninja team from orientation rummaged through recyclable material during the scavenger hunt.



Left to right: Prepared to destroy the competition Shelia Hoag, Shannon Massine, Nicole Haberkorn, and Hendrikje Kasper, were ready to eat their ice cream during the 'Man Versus Food' contest. Acting crazy, Jason Underwood, and Shaiman Lalich, gave a reverse chest bump. Practicing their mating calls, Executive Cabinet members, Adam Barajas, Jenni Shearston, and Gus Maxwell, blew kazoos before a big game.



Beginning With Fun

Welcome Week

Welcome week was comprised of a week's worth of fun activities to welcome freshmen and upperclassmen to campus. It was a stress-free week that allowed students a chance to meet new people or to reconnect with old friends. It was, without a doubt, fun. Every night different departments and clubs hosted a variety of events ranging from bowling, to a presentation about sexual boundaries and amazing and mystical flame throwers to a 'Man Versus Food' eating contest and, even a campus wide BBO. Every day of that week was dedicated to students having fun and discovering Regis. Welcome week was a great start to the year and truly allowed students to gently ease into a new experience.



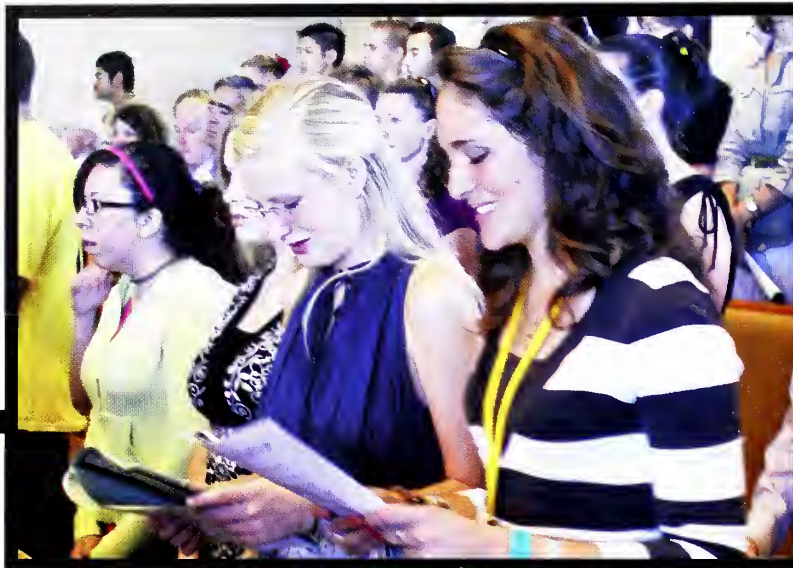
Dominant: You are what you eat: Francisco Martinez, Tito Texidor, Douglas Passalqua, and Kaelan Brennan, raced to finish a huge burger. Middle: In adorable matching outfits, Jacob Rodriguez and Brandon Blair competed in a friendly game of 'ninja.'



Left to right: Gorillas in the midst (of Thrills): Josh Kniss was clearly thrilled about Thursday Thrills. Covered in ice cream and on the verge of a sugar induced coma, Diane McSheehy, Quinn Waller, Margie Rodgers, and Dave Law tried to recover from their loss in the 'Man Versus Food' competition.



Left to right: Amanda Filipi, Lauren Kersting, and Hannah Breece followed along during Mass of the Holy Spirit. Focused on prayer were Nenani Sichone, and Daniel Ott. Jared Wright, Ryan Neels, Sarah Marietta, Shannon Hayes, and Maggie O'Connor prepared for communion.



Gathered Together

Mass of the Holy Spirit

The Mass of the Holy Spirit had and will continue to have a large impact on the university as a whole. Serving as the first spiritual gathering and welcoming of the year, it was an opportunity for everyone on campus to focus on the journey that lay ahead. This year's Mass was presided over by guest, J. Glenn Murray, S.J., who was joined by many members of the largest class the university has ever had. It was clear that the Holy Spirit was present as people listened intently to the dynamic preaching of Fr. Murray and sang along with the spirited music of the choir. The Mass allowed the whole Regis community to gather as one body, and welcome an exciting new year.

Dominant: The choir filled the chapel with songs of praise. Middle: Christina Henzgen proudly sang along with the choir and the rest of those gathered.

Left to right: Bethany Hyatt proclaimed the scripture. Concelebrating Mass, the Jesuits and other local priests from the surrounding community gathered around the altar.



Left to right: Samantha Flaherty, Claire Murray, and Aaron Harms debated whether to play checkers or study. While taking a nap, Heath Anderson was blanketed in books by his considerate friend, Matthew Barnes. In the R.V. commons, Ariana Miller, John Brooks, Keshia Cullens, Jessica Baca, Ashley Marranzino, and Alexandra Lynch hung out.



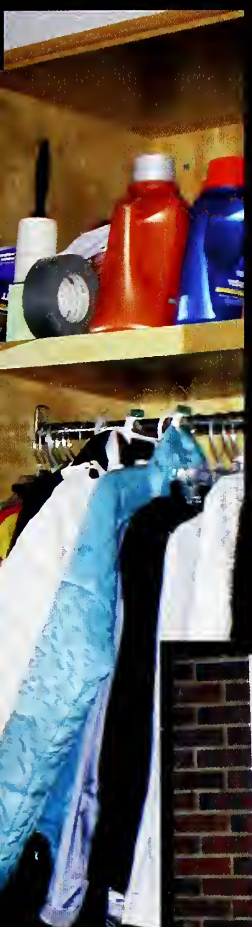
Hall Sweet Hall

Student Housing

Nothing says student housing like bunk beds and ramen noodles, but student housing is actually so much more. Whether students lived in DeSmet, O'Connell, West, Residence Village (RVs), or off campus, all had an unforgettable "living" experience. Student housing, in general, was a big part of the college experience. New this year, Regis enacted a policy in which first and second year students are required to live on campus. Upperclassmen students experienced life either on campus in West or the RVs, or opted to live off campus for a true independent feeling. Student housing was not just where students stayed and slaved away studying, it was where students actually LIVED. Students created friendships and many inside jokes as the year went on. Many programs were planned, and many fun building events occurred. Students gathered in their "homes," to get together and watch "Glee," worked out, played intramurals, ate, and sometimes even fit in a few hours of sleep. No matter where you lived it was easy to recall memories of, waiting for open laundry machines, pulling all nighters to finish a paper, being too loud after quiet hours, ordering Mary Jane's Pizza and Domino's, and basically being around friends. No matter what building you lived in, a sense of pride for your hall, sweet hall, is sure to linger for years to come.

Dominant: Jorge Serna and Brenda Gonzales studied with a conspicuous amount of space between them. Andrew Howler and Kevin Ettinger, in matching uniforms, played a game of water pong.

Left to right: Amie Webb never left her room without her gigantic teddy to protect her. Desmetians all gathered together to play and watch water pong!



Left to right: Gabriella Aragon and her family prepared to head out for a night on the town. John Auton and his parents got together for a family picture. Enjoying Sodexo's finest was Maggie O'Connor who ate lunch with her mom.



ReUnited, FINALLY

Family Weekend

It was only about a month into the semester, but it was the perfect time to catch up and get another dose of 'back home' and see family--moms, dads, grandparents, siblings, or for that matter anyone significant--it was family weekend. It was finally time for students' families to take over campus, and see what their students have been up to. For most students, some tender loving care was much needed, and by far overdue. Family weekend went swell and families truly were able to experience the "Regis Life." They saw the crazy mentalist, Craig Karges during Thursday Thrills and families could actually understand what we meant when we say "our weekends actually start on Thursdays!" They followed their students to class, and saw the bewildered look on professors' faces when they saw more than their average class size in their classrooms. They witnessed the Reigs volleyball team play Colorado Christian University, experienced campus life, gambled a bit during Casino Night, and had brunch with the University President, Father Michael Sheeran, SJ. The overall weekend was amazing, and much love was exchanged in hopes to last them until their next academic break.



Dominant: Students and their families waited in line for food after the volleyball game.
Middle: After watching the volleyball game Yolanda Bodie, her mom, and her sister smiled for a picture.



Left to right: Channi Taggart hugged her father as they prepared to leave the building. Tess Orrino and her family practiced their poker faces against dealer Brandon Blessing.



Left to Right: The "MORE" time they spent together the "MORE," they started to become their crazy Magis-selves. Making a Halloween costume, residents Terese Cabaniting and Keith Valdez, of Magis, dressed their RA up in saran wrap. Supporting one another in their academic endeavors, the Pre-Science and Pre-Business ladies explored the possibilities of careers in Science and Business.



It's in the Community

Living Learning Communities

A living learning community (LLC) was much more than a typical residence hall floor. It was a floor designed specifically for like-minded individuals who truly wanted a specific living environment. Living learning communities were on the up-and-up in all American universities as a way for individuals to connect and be surrounded with people who shared a common interest. Across our small campus we had a total of seven living learning communities. For our first-year students we had Magis, CORE, Pre-Business, and Pre-Science, and for upperclassmen students we had Ignatian Village also known as Iggy, Health Care Professions, and Arts/Popular Culture. The first LLC on campus was Magis, and everything really grew from there. Each community had something to offer, for example, Magis, which is Latin for 'more,' allowed its students to get more out of their freshmen experience--they had a strong connection with the university and surrounding community in general. CORE was for the adrenaline junkies of the year; these students loved being outdoors and wanted to be doing something recreational and often went out and explored Colorado at its finest. The Pre-Business and Pre-Science LLCs were geared towards advancing success in the business and science fields. Ignatian Village was essentially a spin-off of Magis for upperclassmen and was very service oriented. The Health Care Professions LLC was designed for pre-med and nursing students who were preparing to enter the healthcare field, and the Arts/Popular Culture LLC consisted of students who had a passion for visual and performing arts and spent time exploring local art shows, museums, concerts, theatrical productions, and were involved in everything pop-culture. LLCs were a great way for students to get to know others, help out the community, and immerse themselves in a topic to learn all they could.

Dominant: Magis ladies Terese Cabanting, Genevieve Miller, Dawn Seitz, Brittney Moauro, and Melanie Grimm studied together. Middle: Serving as the Magis 'parents,' Josh Oakland and Ariel Wooldridge smiled for a family photo.

Left to Right: The self-proclaimed Magis Muggers, Heath Anderson, Sam Cronk, and Keith Valdez, flashed the Magis 'M'. The CORE men, showed off their outdoor ruggedness.



Left to Right: Contestant Christy Henzgen sang at 'Ranger Idol' while Danny McDonald played guitar for her. Connor Irish, Nick Gluclear and Matt Hoffman all tried for a date with Erin Spangler at 'Speed Dating'. Bobby Guerrero chatted with a cutie at 'Speed Dating'.





Crazy Entertainment

Thursday Thrills

It was Thursday night and we all needed some assistance in finishing our studies and a quick "thrill," to get us through the end-of-week slump! Students would turn, not to the library or Starbucks, but to Thursday Thrills. Thrills were the start of the weekend, allowing students to leave their desks for a breather so they would be fresh and ready for the last day of the academic week, and so students could prepare for their weekend activities. Thursday Thrills were put on by Program Activities Council (PAC), and were usually held in the Student Center Dining Hall, on the quad, or at off campus activity locations at 10 pm sharp. Thrills were an ideal activity for students, it was free entertainment, and if activities were off-campus transportation was provided. Thrills really captivated students' likes and actually got students involved in things they enjoyed doing, such as going and playing laser tag with friends, watching 'The Regurgitator,' musician Trace Bundy and his acoustical guitar, speed dating, Latin Dancing, Swing Dancing, Jump Street, the great Hall Brawl's between DeSmet and O'Connell, and of course, Ranger Idol, where our ears were blown away from the musical talent students had, and we'll also never forget Tony Z. as the Simon character. Without a doubt, Thrills were topnotch entertainment provided to all students that really helped get them to and through Friday!



Dominant: Attempting to swing dance, Emily Frevert, Ian Murphree, Shannon Hayes and Spencer Jordan listened for the next step of the dance. Middle: Getting crazy, Heath Anderson dipped Hannah Jones.



Left to Right: Playing the ukulele, Matt Buelt won the heart of the audience during 'Ranger Idol'. Watching 'The Mentalist,' Adi Apodaca and Kelsey Simms tried not to let him read their minds.



Left to right: The connections retreat group photo. During the spiritual walk, the entire group stopped and prayed. Michael Minges and Taylor Clapp assisted Katherine Speck across the slack line.



More than a moment

Connections Retreat

It was the helping point, it was a connection. The connection was between first-year students, upperclassmen leaders, two distinct faculty members, and of course, God. It was a time for students to truly connect with each other and to connect with a calling-- a personal challenge to use their gifts to their fullest potential. Laughs and memories were made, spirituality was uncovered, a sense of trust was established, and many discoveries about ourselves were made throughout the October weekend at YMCA Camp Santa Maria. The connections retreat was far above par, and truly made a lasting impact on those in attendance. The connection between the students was more than just a brief get away up to the mountains, the group really bonded, both socially and spiritually. Students were obviously able to make new friends, and as a group they listened and interpreted different and very unique opinions, lifestyles, and individuals' stories. All involved accepted new challenges and took in the experience they were having with an intent to use what they were learning. Retreat members will always remember the ice-breakers, Regis ghost stories and nacho s'mores in the dark, slack lining lessons, Father Bart's intense skills at both ping-pong and foosball, the spirituality walk, the dance party, the note bags, and the beautiful Colorado fall weather. The retreat was a success and aptly named, allowed the retreatants to always remember the connections they made that weekend.

Dominant: Jumping for joy: retreatants reached the summit of the trail and jumped just a tad bit higher.
Middle: Getting in touch with their inner selves and God, Shannon Hayes and Emily Obermiller prayed at a stop on the spiritual walk.

Left to right: Pablo Cabrera and Ted Lynch drank a nasty combination of food and liquids for Pablo's unhappy birthday surprise. Bonding and having a good time, students played Apples to Apples.



Left to right: After a long fun day, the First Tracks group made their first "concoction" to eat. The students actually lived after making their first dinner on their own as college students. Working together as a group, Stephen Knapp and other First Track students used teamwork and their newly learned leadership skills to generate strategies to place a tire over a high pole. Preparing to climb the ropes course, First Tracks Leader Paul Villard and Caitlin Oken waited their turns while they spent time getting to know each other.





HELLO MY NAME IS...

Pre-Orientation Retreats

Coming to college was a scary idea for any recent high school graduate. It was a new environment and with this new environment was to come many uncomfortable moments but many special memories too. However, before incoming freshmen were given the chance to make the most out of their freshmen year and college experience, two groups of diverse freshmen were given the chance to meet other freshmen, upperclassmen, and of course, have fun. We all knew, or came to know that Student Activities and University Ministry offices helped to get all students involved. The two pre-orientation retreats brought incoming freshmen together and allowed them to go out and explore beautiful Colorado. The trips were a great chance to meet other students and to end the summer with a bang! The two trips; First Tracks, a retreat that was geared towards introducing and advancing leadership skills through a variety of teamwork activities and Starting Now, which was a retreat designed specifically to create community for commuter students, were both great opportunities. Each retreat gave students the ability to meet one another and have fun doing it. Students went out and explored Colorado by doing activities which taught many leadership skills all while they white-water rafted, hiked, and essentially explored the outdoors together. The trip allowed freshmen the opportunity to meet new people, and eased the worry about making friends. Francesca Brown, who went on First Tracks said, "my favorite part of the trip was rafting, and I know I benefited from the trip because it helped me make many new friends!"



Dominant: Working together, Erin Ellis and Melodie Shannon, of First Tracks, climbed the ropes course. Middle: Mike Minges, of Starting Now, floated down the river for one last day of fun before school started.



Left to right: Jake Garcia, of First Tracks, just 'hung out' after he completed the ropes course. After rafting down the river, the entire Starting Now group got together and prepared to reflect about their experience.



Left to right: As they acted like their true selves, Tito Texidor and Jacob Rodriguez stuffed marshmallows in their mouths on the Kairos Retreat. Doing what the Regis men did best, Taylor Clapp, Ted Lynch and Chris Ghincea fooled around while spending some quality time together on the Men's Retreat. Tired out because of intense activities, Maegan Cooley and Nicole Haberkorn took a quick nap on the Kairos retreat.



Men, Women, Reflection, and God!

Spiritual Retreats

They were everything you never thought they would be! They were a time for both, men and women to take some time to relax and further gain spiritual development with, and without the opposite gender. It was the Relaxation Retreat, Kairos, Men's and Women's Retreats, the Discernment Retreat with Father Michael J. Sheeran, S.J. and Prayer Without Borders: An Interfaith Retreat. The retreats were a great way for students to connect and have a fun and unique break from classes. The best part about the University Ministry sponsored retreats were that they were all different, had different objectives, and all affected everyone differently. Furthermore, the Relaxation Retreat was more than amazing, it was an opportunity for students to escape from their day to day obligations and have a stress-free weekend; no agenda except to simply relax. Kairos was said to be life changing and proposed an exceptionally important challenge to how we live our lives on a daily basis. Translated from Greek, Kairos meant God's time, and as stated by Maegan Cooley, "Kairos was the fact of being in the presence of God and not the things that cause us to separate ourselves from God." Kairos was simply an amazing retreat where students had the opportunity to enter into God's time and seek ways to find God in all things. The Men's and Women's Retreats were very gendered oriented where the women, ate chocolate, talked about finding balance, watched 'Eat, Pray, Love,' and talked some more. On the flip side, the men spoke out to one another about the role of their fathers, ate meat, played some intense games of poker with Father Bart Geger, S.J., and just had real-man fun! Another great retreat was the Discernment Retreat with the Regis' President, Father Michael J. Sheeran S.J. The students had a chance to learn about the Ignatian practice of discernment. Prayer Without Borders: An Interfaith Retreat was a place for people of all religions to come together and speak about their true commonalities of their faithful lives. All the retreats this year were simply breath taking.

Dominant: While on the Women's Retreat, Quinn Waller, Sandra Mailea, Mary Catherine Graham, Cone Svoda, Shelia Hoag, and Abby van Thullenar prepared to dig into the chocolate fondue. Middle: While they displayed their "mad prayer skills," Jenni Shearston and Amanda Gustafson posed a crazy pose on the Kairos retreat.

Left to right: Aaron Georgas struck a "manly" pose at Men's Retreat. The Kairos team took time for a picture together before they entered the 4th day.



Left to right: After they watched the amazing Blue Man Group, Trevor Hopkins, Kateri Kramer, Emily Obermiller, and Danica Cutshall got the privilege of actually meeting two of the musicians from the performance. As they acted like children again, Tess Orrino, Christian Caruso, and Leah Van Someren jumped while at JumpStreet. Excited freshmen Trevor Hopkins, Daniel Zabienski, Kateri Kramer, Danica Cutshall, Jack Bradley, and Emily Obermiller patiently waited for the Blue Man performance to start.





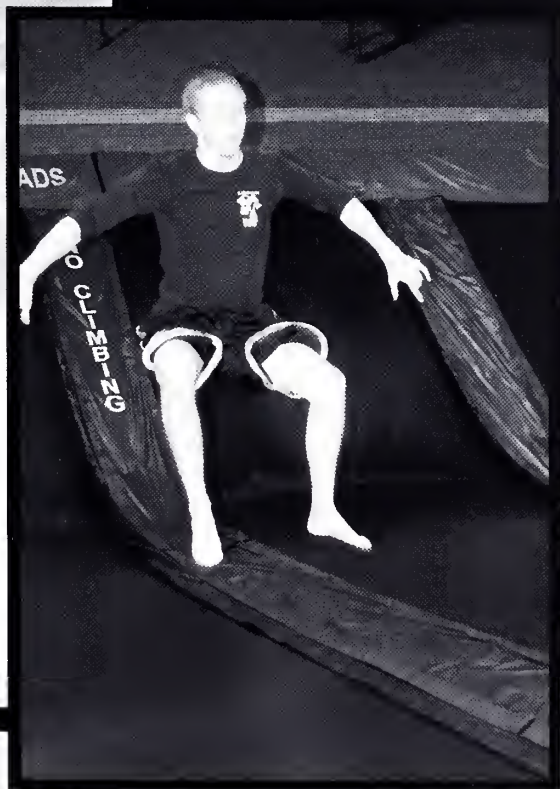
Hello Home,

Best of Colorado

One of the greatest perks having attended Regis was its location: Colorado! Colorado had so much for students to do, especially for freshmen. Freshmen students had the opportunity to be part of the fabulous program: Best of Colorado (BOC). The name of the program was 100% correct because students did not get anything but the best. Within the first few weeks of classes the BOC group went white water rafting--a shocking and invigorating event for all who attended. The program was designed for incoming freshmen to meet, connect, and interact with their fellow classmates while they explored cultural attractions, sporting events, and outdoor activities, in their new home. The group did everything from attending a Colorado Rockies game to extreme Go-Karting, the Blue Man Group, Ice-Skating and much more. The group even attended the Denver Big Air event in January, a spectacular experience for students and Colorado in general. In sum, the program was simply awesome, Shannon Hayes a California native said "the program in general was great, and I really liked it a lot." Hayes and Daniel Ohmes, of St. Louis, Missouri agreed on their favorite event--extreme go-karting. The program really benefited all who took part regardless if they were an out-of state resident or in-state. Students paid a flat rate of \$150.00 for events from August of 2010 until April of 2011! Freshmen students really got some bang for their buck and had an amazing time exploring what Colorado and Regis had to offer. The program was a perfect introduction to their new home---home for at least the next four years.



Dominant: As they white water rafted down the mighty Colorado River, Sasha Dimond and Emily Obermiller paddled hard down the river. Middle: While in the air, Paul Schulte prepared to land the perfect back-flip at JumpStreet.



Left to right: Instead of putting his hands in the air, Ian Murphree put his whole body in the air while at JumpStreet. While white water rafting, the BOC group prepared to get soaked by the Colorado River.



Left to right: Trying to stay warm at the Denver Big Air competition, Sara Skogseth, Emily Sloan, Ashley Simmons, and Michelle Kiczek waited for a truly awesome performance with One Republic and amazing snowboarders. Waiting patiently Sara Skogseth and Michelle Kiczek prepared to bowl at Lucky Strike Bowling Alley. Enjoying snacks, Brandon Blessing, Melissa Jolly and Chris Williams discussed important matters like sophisticated adults.



All Aboard: Seniors!

Last Call

It was a common statement from all seniors that college simply went by too fast! It could easily be said that the time spent from freshmen to senior year was, without a doubt, the best time of a student's life. College was a learning experience, a time for personal growth and essentially a time to have fun! Seniors at Regis got to experience everything under the sun. The Last Call program gave seniors another chance to explore Colorado, go out and intermingle with old friends and revisit what Colorado has to offer. The Last Call program was similar to the Best of Colorado program for freshmen; however, instead of introducing students to Regis and Colorado, Last Call allowed seniors the chance to hit all the places they might have missed over the past four years. The program also gave seniors the chance to create new memories and experiences. Seniors were given the privilege to go to awesome events which were designated for SENIORS only! Seniors went to Lucky Strike Bowling Alley, Taste of Colorado, Sipping and Painting, the New Belgium Brewery, the Denver Big Air competition and much more. Seniors really got the chance to intermingle with one another and reflect about their times at Regis. Amber Alarid, who participated in both BOC and Last Call, said, "I have truly enjoyed all the opportunities to explore my own backyard with new friends that have since become very close friends." Last Call was simply a program that allowed seniors the chance to reconnect, have fun while relieving stress before entering the "real world."

Dominant: Snowboarders flew through the air at the Denver Big Air competition, one of the amazing events Last Call participants were able to attend. Photo By:

Brett Staklelin

Middle: Kelsey Schmidt gave Polly a cracker at the Taste of Colorado.

Left to right: As she struck a pose Melissa Jolly prepared to get a strike at Lucky Strike Bowling Alley. Claire Leavens, Megan McClain, Crystina Anderson, and Brandon Blessing sat back and reminisced about old times while waiting to bowl.



Left to right: Ice Queen Kelsey Schmidt, was crowned by her predecessor Maggie Lawson. After walking into Snow Ball Talisa Puentes, Kelsi Goings & Christina Johnson stopped and showed off their dresses before they cut-a-rug at the Masquerade themed dance. While they sat on Santa Clause's lap (Josh Oakland), Jorge Serna and Michelle Arleth asked Santa for everything their hearts desired, like an 'A' on their final exams.





The FINAL Stretch

Snow Week

It was the final stretch, and all students were dreading and trying to dodge the events to follow: finals! However, RUSGA and PAC gave all students the chance to have some fun, and gently ease into the final weeks of the fall semester. It was snow week, and everything was in place but the snow! Day one brought the first annual Peach Fuzz Volleyball tournament, where the manliest of the Regis men showed up to show off their mad skills. Tuesday played host to holiday cards making for Veterans being treated at the Walter Reed Hospital. The campus Christmas tree lighting ceremony and the second Hall Brawl of the year took place. It was a little less violent than capture the flag, but students definitely duked it out while making gingerbread mansions in Walker's Pub. The freshmen halls defeated both West Hall residents and a few Office of Admissions work-study students. Wednesday was Ugly Christmas Sweater Day, and students definitely went ugly. Also, many supported AIDS Awareness day, by wearing red ribbons that RUSGA handed out. Wednesday was also Snow Bingo Day, where students competed for lavish prizes like lift tickets to Breckenridge. Thursday was huge; it was the Snow Queen competition where eight lovely ladies competed for a crown. Acts ranged from Lady Gaga and King Henry impersonations to weird dancing to even a retelling of "The Night Before Christmas." The Student Center was completely filled as we crowned the new Ice Queen, Kelsey Schmitt, whose crown actually fell off as she was being crowned. And finally, the Snow Ball Dance was a blast. Without a doubt students definitely danced the night away. Some students went with dates, some went stag, but all let loose on the dance floor. Snow Week was an intense week full of fun and excitement, the only thing that could have made it better was actual snow.



Dominant: They throw their hands up in the air sometimes. Everyone danced the night away at the Snow Ball. Middle: Laughing their heads off, Shelby Schneebeck, and Jennifer Evon tried to win a game of Bingo.



Left to right: Lauren Jelinick really got the Ice Queen crowd in the Christmas spirit with her cheese-head rendition of 'The Night Before Christmas.' After watching the campus tree lighting ,Peyton Lunzer, Hannah Jones, Dawn Sietz, and Melanie Grimm enjoyed the cool weather and the warm Christmas cheer.



Left to right: Dressed as Superman, Megan Welz, acted as if she had super powers. Prepared for Trick-or-Treaters, Justine Bufmack, Dulce Axworthy, and Jennie Brozena, carved pumpkins for Halloween. A local pastor preaches about our journey during the annual The Lights, Lessons, and Carols ceremony.





'Tis Always the Season

Holidays

One of the greatest perks about having attended a religious institution besides a grand Jesuit education was the fact that we simply had more days off from class due to religious and non-religious holidays. Holidays were what students idealistically looked forward to. It was usually either a day or two, a week, or even a month off from classes depending on what type of holiday! The holiday season idealistically seemed all so unreal because we had so many special occasions throughout the year, at least one every other month. A holiday break or day off was exactly a time for students to rest, have fun and sometimes have the chance to see family members. All throughout the year on holidays students and faculty gathered together to do something for the community. A surplus of "fun," events arose like the university's safe Trick-or-Treat Street, the Lights, Lessons, and Carols ceremony, as well as the lighting of the Campus Christmas Tree. In addition to the fun events throughout the year that incorporated the community on holidays, students always made an effort to do something for the Holidays on campus. Students did everything from sending flowers to sweethearts on Valentine's Day, watching the T.V. on Groundhog's Day to figure out if it was to be spring or winter still, getting dressed up for Halloween, going on explorations to find Santa, and much more. The holidays were an integral part of our education, they were ideally a way for students to take a break, relax, and enjoy the community and culture around the university, as well as a time to rest.



Dominant: Jade Moore, Latasha Marshbank, Fumanya Egbune, Cati Vagher, Catalina Hooser, Nicki Stefano, and Ted Lynch represented Regis at the MLK Jr. Day Parade
Middle: Morgan Nitta and Cate Dimmit fancied the beauty of the tree.



Left to right: Dressed up as Santa Clause, Josh Oakland made it feel like Christmas during Snow Week. As they explored Denver, Kelsey Schmidt, Claire Leavens, Shelia Hoag, Heidi Marquez, Megan Robbins, and Corie Svoboda had a strange encounter with a creepy Santa impersonator.



Left to Right: Enjoying a traditional meal of bratwurst, a group of Protestants gathered for a Feast of Faith: Prots and Brats. Sara Koebel, Ted Lynch, and Megan Robbins participated in the Ignatian Family Teach-In in DC. Dominique Williams, Pete Rogers, and Kirsten Rubenking smile for a picture during the Interfaith Youth Core.





Faith Explorations

Spiritual Life

Spirituality was something everybody had a chance to take advantage of. Students had limitless possibilities in the exploration of spirituality and faith. All spiritual activities were a perfect opportunity for students to truly explore faith and spiritual outlets, giving them a chance to learn about themselves and God. Students partook in weekly Cura meetings, retreats, and a variety of Christian and interfaith events put on by University Ministry. Cura Groups were an amazing opportunity for students to get together and engage in conversation about spirituality, faith, and life in general. Each Cura became a trustworthy group of friends that could rely on each other. The Connections Retreat and Kairos were the two largest retreats where students were able to get together and truly connect in an environment different than our campus. Each retreat gave students a unique opportunity to truly be themselves and begin to learn who they wanted to be. Students could learn more about how their faith related to topics of peace and justice. University Ministry also offered chances for students to experience non-Catholic events too. There were 'Feasts of Faith' where a meal was shared while everyone learned about a specific faith. Our University Ministry worked its hardest to offer every student the ability to seek spirituality and faith, by going to conferences and learning more about how to show students new ways of exploring faith.



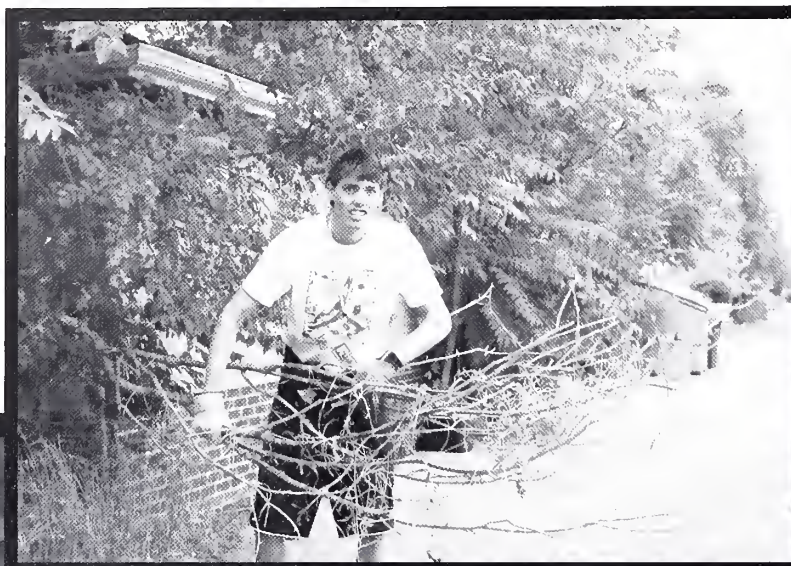
Dominant: Adam Barajas helped the McCabe kids collect cans. Middle: Cait Birge spent time journaling.



Left to Right: Mary Catherine Westermen took time to pray during the Connections retreat. The 'RU Can U Food Drive' crew posed in excitement for the amount of food the university raised.



Left to Right: At the Community Clean-up, Jack Lincoln helped clean trash and debris from alley ways. After the Father Woody Wrap Party, Ashleigh Burton, Nikiya Price, Luke O'Connor, and Reniece Carr and Chrissy Belluomo showed their love for wrapping. During the Community Clean-up, Gus Maxwell helped clean yards and alleys.





Lending a Hand

Community Service

It was easily said that Regis students always lent a hand in the community. It was true we were men and women in service to others, and we loved it. All students lent a hand in one way or another--students were extremely caring. Students participated in service opportunities every day, whether they were volunteering for a class through Service Learning, during a university sponsored event like the Trick-or-Treat Street, the Community Clean-up, or the Can Food Drive, or on their own just for fun. The largest community service event was the Community Clean-up where students spent an entire morning around the neighborhood picking up trash, cleaning alleys and yards, as well as painting over graffiti. The university as a whole had a large impact on the community and the clean-up was our way of showing how much our neighbors meant to us. Ariel Wooldridge volunteered at the Downtown Aquarium where she gave tours and assisted with the caring of specific species of fish. Wooldridge was passionate about marine biology and loved her volunteering job at the aquarium. Furthermore, students even had the opportunity to do community service based work-study. Students essentially got the chance to help out the community and got paid for it. One of the most popular community-based work studies was the Father Woody Workshop and Father Woody's Wheels, where work-studies duties ranged from assisting the less fortunate by making hats during the winter and providing gifts, to having the privilege of going to homeless shelters and serving the underprivileged a meal. Additionally, there were also three living learning communities on and off campus that were service based: Magis, Ignatian Village, and the Romero House. Regis was known for its community service efforts and all students truly experienced the importance of being in service to others.

Dominant: As they helped clean-up after the Father Woody Wrap Party, the Magis Girls, Terese Cabanting, Dawn Seitz, Genevieve Miller, Clare Felletter, Melanie Grimm, Peyton Lunzer, and Hannah Jones picked up scraps after they wrapped gifts. Concentrated on his work, Ted Lynch volunteered and helped paint over graffiti on dumpsters.



Left to right: While at the Community Clean-up, Emily Boldt and Emily Sloan helped patrol the alleys to see if anyone could use a helping hand. As they wrapped gifts for the Father Woody Wrap Party, Angela Khong and Adar Johnson also showed they had a good time volunteering.



Left to Right: John Otten kicked back and relaxed while Ariel Wooldridge and Chelsea Coalwell did the work in Student Activities. Bethany Hyatt patiently checked out media equipment. In his zone, Hector Kambow worked at the reference desk in the library.

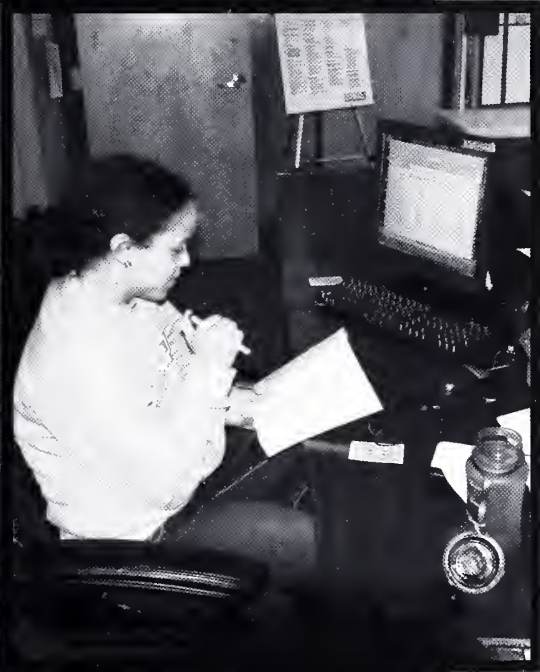


Study Money

Work-Study



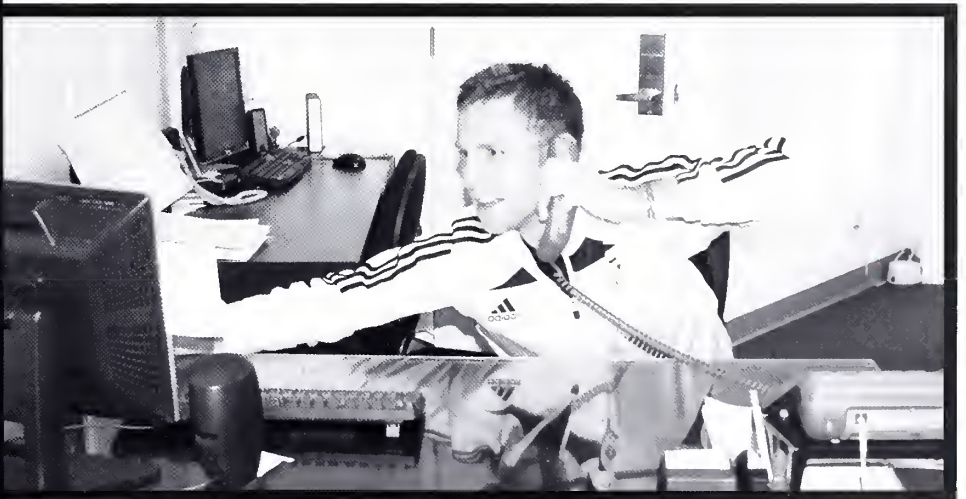
Work-study jobs gave students money, a chance to earn valuable skills, an opportunity to study, and could be found all around campus and the surrounding community. All work-study positions were a viable source of income for students because it offered a chance to work in-between classes, and students usually had the weekend off. Students were able to find positions in just about every nook and cranny on our campus and in our nearby community. Students took up positions in academic departments, the Student Activities Office, Residence Life Office and residence halls, the library, the Writing Center, and Sodexho to name a few. All students were given the chance to apply to work wherever they pleased; some students even took advantage of community-based positions that were off campus helping out in the surrounding Regis community. Some of the more popular positions were working as a tour guide in the Office of Admissions, being a desk assistant for Residence Life, helping run student programs within Student Activities, improving library organization as a library assistant, working in University Ministry, improving physical fitness in the Fitness Center, and by being a radio host on KRCX. Whether you spent time studying for your next class or filing paper work the pay check every other week made it all worth it.



Dominant: On their workout break was the Fitness Center Staff making sure Neil Collins and Chris Jackson were fit enough to keep the campus safe.
Middle: Studying on the job, Simone Olive, worked on homework while she sat the desk in DeSmet.



Left to Right: Looking for her time sheet Chelsea Mitchell, got ready to clock in. Acting like he is actually working, Benjamin Sabados messed around in the Residence Life office.



Left to Right: Saudae Collins had a friend walk her to class. Jake Garcia, and his partner in crime, Jack Lincoln played 'Gatorade Pong' on the quad. Brittny Valdez, Emily Glenn, Amanda Schell, Kristen Cabanting, Ariel Wooldridge, and Emmie Altepeter tackled each other in one massive dog-pile right in the middle of the quad.





Middle of Campus

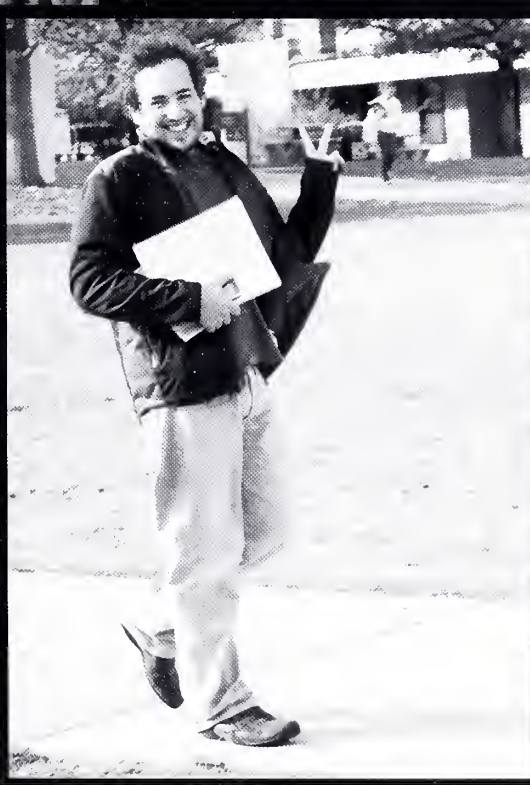
Quad Life

The Beottcher Commons was much more than a strip of green grass that rested in the middle of campus. Beottcher Commons, also known as 'the quad' because of its quadrangle shape, was an important part of the university. It was not just the location where orientation and graduation was held; it was a gathering place of sorts—the literal and figurative center of the university. No one could go from Loyola Hall to Main Hall without passing the quad. Students walked past the quad or through the quad to eat in the dining hall, go to class, workout, head to the chapel, or visit Main Hall. Any given day you could find people playing frisbee, football, sitting, socializing, relaxing, studying, and simply walking by. There was constantly activity going on, even if it was snowing! One fun activity on the quad was the annual Hall Brawl between O'Connell and Desmet Hall. Whether you were just passing by or hanging out enjoying the ever-changing Colorado weather, the quad was a great place to take it all in.



Dominant: The 'Gatorade Pong Tournament' was one of the largest activities on the quad this year.

Middle: Catching a lift to class, good friends shared a skateboard ride.



Left to Right: Derek Mason peaced as he walked through the lovely quad! Enjoying a calm and cool day, a calm and cool Jenni Filipi and Emmie Altapeter enjoyed lunch.



Left to right: While at the National Western Stock Show rodeo, Jennie Babcock paid attention to the traditional Colorado activities. While at Pinkberry Yogurt on the 16th Street Mall, Lauren Aemer, Clare Felleter, Shannon Hayes, and Maggie O'Connor, enjoyed the cool looking store, and the popular and tasty yogurt. Exploring downtown, Dawn Sietz, and Genevieve Miller, ran into the crazy Robot-man on the 16th Street Mall.





As We Knew it

Life in Colorado

From the date of our high school graduations we all knew that college life was going to be different. For the most part it was different, and for one it is because we all called 'Camp Reg' home. The university itself was different. However, the most exciting thing about our university, and how our students interacted was due to its location. Not just 50th and Federal Boulevard, but in Colorado. Living in beautiful Colorado really had its perks, not only did Colorado have over 300 days of sunshine, but there was always something to do. Students really did everything because the options were never ending. Students were always outside, either on the quad, walking to Venice or McCoy's, exploring downtown, traveling to other cities like Golden, Boulder, and Fort Collins, exploring national events being hosted in our wonderful state, like the National Western Stock Show, and the Denver Big Air 2011 competition, as well as traveling to Colorado's second most prized possession, besides Regis of course; the Rocky Mountains. We all knew that the mountains were what made Colorado, Colorado, and with our ability to go skiing, snowboarding, and exploring in general, we got to see exactly what Colorado offered. Skiing and snowboarding were without a doubt, one of the most popular activities students did, it even made students discover the real reason out-of-state students came to Colorado! The beautiful life and of course weather in Colorado made life at Regis so much more pleasurable, because it gave more opportunities and options for students to have fun on and off campus. Nowhere else could it snow and reach 75 degrees, having people wearing winter jackets and shorts in the same day! Colorado offered limitless opportunities!



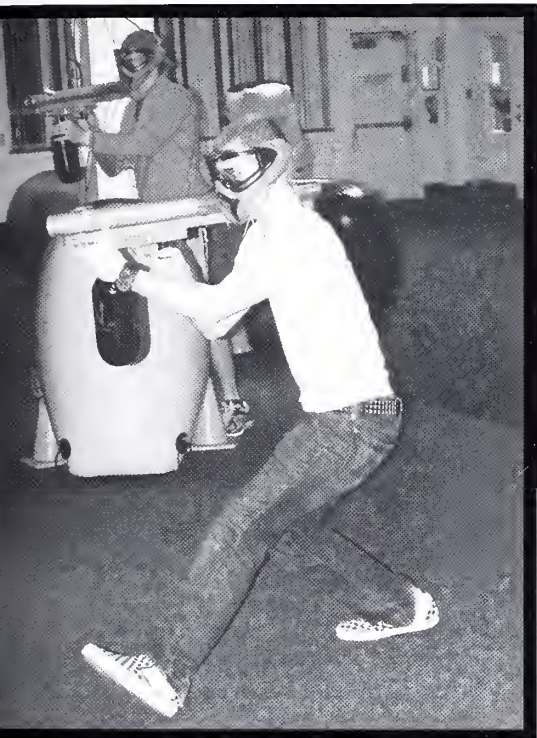
Dominant: Indulging in the "Colorado richness," Adam Barajas, Chelsea Coalwell, Emily Sloan, Chris Williams, Yvone Cyacong, Matt Fisher, Brandon Blessing, Crystina Anderson, Shelia Hoag, Kelsey Schmidt, Jenni Shearston, and Gus Maxwell explore Taste of Colorado. Middle: As they got down with their bad selves, Jessica Morgan, Sara "Ducky" Hogan, and Elizandra "Champ" Martinez, go crazy at Camp Santa Maria in Bailey.



Left to right: As he enjoyed the outdoors of Colorado, Jared Wright, showed off his slack lining skills. After a long hike, Britny Valdez, Emily Glenn, Emmie Altepeter, Ariel Wooldridge, and Kristen Cabanting enjoyed the beautiful Colorado weather.







We did What?

Random Pictures



Left to right: Members of the Habitat for Humanity: Key West group smiled for a picture. Atop a roof, Hannah Jones, Christy Henzgen, and Tracy Goettsch of the Laredo Habitat Trip, got a little crazy with their measurements. All geared up for the cold, Molly McCarthy, Amanda Moritz, and Alicia Jones prepared for a long day on the slopes.





Alternative Adventures

Spring Break Trips

It was the evening of the 46th day of the spring semester and it could not have come sooner. It was Friday, March 4 and it was the start of Spring Break! At first, the feeling of having an early "Spring Break," was awkward, we were the only school in the state to get out so early. First off, it felt like winter break just ended, and secondly, it was eighteen days before Spring actually began. It was all at once great and weird. Spring break was a time for relaxation and adventure; most students ended up going home or went on some type of trip. Trips like the Adventure Break Programs put on by Student Activities and the Outdoor Adventure Program. The programs included the Habitat for Humanity Collegiate Challenge in Key West, Florida, and in Laredo, Texas, the Breckenridge Outdoor Education Ski Trip, the Backcountry Skiing and Snowboarding "Hut" Trip and the Grand Canyon National Park Backpacking Trip. Many students opted to go on one of the many adventure programs and truly had a blast, especially Kyle Farrell who was the only male on the Key West Trip. The students who took part in the Habitat for Humanity trips remodeled and built homes in both Key West and Laredo where the weather averaged from 60-90 degrees. It was a nice retreat from Colorado's bizarre weather. The Breckenridge Trip attendees spent their break outdoors skiing and snowboarding while they helped teach individuals with life-challenging disabilities how to ski and snowboard. Furthermore, the Grand Canyon Trip participants explored the depths of one of the Seven Wonders of the World; they actually camped at the bed of the mighty Colorado River in the center of the Grand Canyon. The Backcountry Ski and Snowboard Trip group spent six days just shredding powder. Regardless of where students spent their breaks, all who attended one of the trips truly had a great time.



Dominant: The skiers of the Backcountry group before they shredded down the slope.

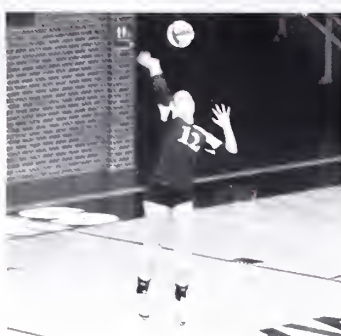
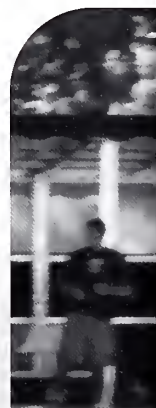
Middle: Acting like the tourists they were, Maggie O'Connor, Ashley Daniel, and Kyle Farrell, purchased "touristy," Key West shirts and sported the ever fashionable fanny pack.

Left to right: Starting off a 5 mile hike, campers on the Grand Canyon trip gave a thumbs-up. The entire Habitat for Humanity: Laredo group outside one of the homes they worked on.



Sports

Athletica

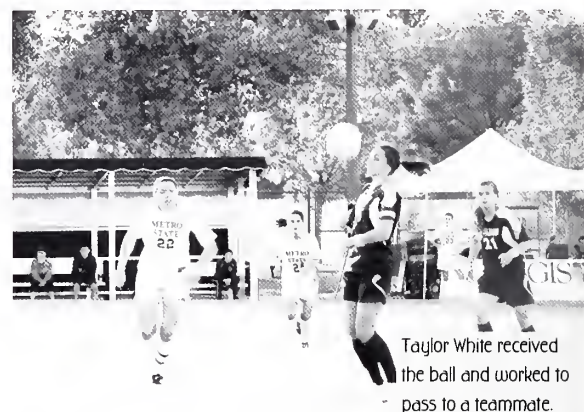




Women's Soccer



Kalley Mahaffey made her way towards the goal and dribbled the ball past a Metro defender.



Taylor White received the ball and worked to pass to a teammate.



One-on-one with a Metro player, Jordan Miller defended the ball.

Women's Soccer Scoreboard

BYU-Hawaii	L, 4-0
Hawaii Pacific	W, 1-0
Minn. Deluth	W, 2-1
Minn. St. Mankato	W, 4-0
Winona St.	L, 1-0
Colorado Mines	L, 2-1
Mesa St.	W, 2-0
Metro St.	W, 3-2
Colorado St.- Pueblo	W, 1-0
N.M. Highlands	L, 1-0
Adams St.	W, 2-0
Colorado Christian	W 5-1
UC-Colorado Springs	W, 3-1
Nebraska Kearney	T, 0-0
Adams St.	W, 3-0
Fort Lewis	L, 1-0



Rachel McMahon broke away from the defense and moved to the goal.



Kathryn Horn and a Metro defender battled to gain control of the ball.

This year's women's soccer team was one of the most successful in school history. The team broke the top 25, being ranked as high as 13rd at one point in the season, and their record earned them second place in the RMAC conference. The team also attended their third straight NCAA tournament.

The team broke a streak of losses against cross-town rival Metro State by beating them two times during the season, both in double overtime. With a six game winning streak beating Adams St., Colorado Christian, UNC-Colorado Springs, Metro St., Mesa St., and Colorado St.-Pueblo ending with a no-score tie against Nebraska-Kearney, the women Rangers were hard to stop. The women were able to score an average of two goals per game while they held their opponents to less than one goal per game. The Rangers, at one point in the season, had scored thirty-six goals compared to their opponents' fifteen.

RMAC conference honors went out to five Ranger players this year; Jordan Miller, Marissa Davis, and Alison Cahill earned first team honors, while Katie Horn and Rachel McMahon were selected to third team. Miller led the team in points and goals followed by Davis.



Kalley Mahaffey worked to get around a defender and made a pass.



After she moved down the field, Jordan Miller passed the ball to a teammate.



Erin Kettmann moved down the field with the ball intending to score.



Freshman Alison Cahill chased down the ball.



Rachel McMahon defended the goal and tried to regain the ball.



Kathryn King moved the ball out of the corner and down the field past a defender.



Ellen Augsburg leaped to deflect the ball from the goal.

Men's Soccer



Nathan Kafer worked to stop the ball from getting closer to the goal.



Keegan Bast battled a defender and pushed to score.



Patrick Freeman broke into the open field and tried to score a goal.

Men's Soccer Scoreboard

Upper Iowa	W, 3-1
Mary	W, 2-1
Mary	W, 2-0
Seattle Pacific	W, 3-1
Colorado Christian	W, 1-0
Metro St.	T, 2-2
Colorado Mines	L, 2-1
Colorado St. Pueblo	W, 2-1
UC- Colorado Springs	W, 3-1
Mesa St.	T, 0-0
Colorado St. Pueblo	W, 4-1
Fort Lewis	T, 2-2
Adams St.	W, 7-1
Colorado Mines	W, 2-1
Colorado Christian	W, 5-0
Mesa St.	L, 2-1



Nathan Kafer avoided the defender and moved down the field.



Garrett Seitz played defense against an opposing defender to protect the goal.

The men's soccer team got off to a great start by winning their first five games and reaching the ranking of ninth in the country and gaining entry into the NCAA Division II Tournament for the first time since its establishment 25 years ago.

The Rangers battled tough competition during the season such as Mesa St., whom they tied, beat the number-one-ranked, Colorado School of Mines team, and defeated a tough Metro St. team in double overtime. A highlight of the season was the victory against first ranked Colorado School of Mines which bumped the Rangers up a spot in the rankings. The Rangers played Metro St., cross-city rival, twice during the season, with the first meeting ending in a tie and Regis winning the second.

The team's efforts earned them many honors. Their record was good for a third place finish in the conference. Individuals were also rewarded for outstanding efforts. Garrison Cole, Nathan Kafer, and Kyle Emge earned 'First Team All-RMAC' honors, while Benjamin Buhler was named to 'Second Team', and Douglas Passalacqua and Keegan Bast were selected to 'Third Team.' Senior Garrison Cole was also named the 'RMAC Defensive Player of the Year'--a first for a Ranger to earn the honor in Regis and RMAC history.



Benjamin Buhler gave his all as he sprinted and beat a defender to the ball



Douglas Passalacqua passed the ball to his teammates after defending the goal.



Kyle Emge caught air while battling for a punted kick.



Ben Fredrickson outran his opponent and got to the ball first.



Alex Howieson tried to keep an opposing defender from scoring.



Garrison Cole bounced the ball off his head and gained control.



Patrick Freeman split the defenders and moved toward the goal.

Cross Country



Kelsey Schmidt made her rounds on the course and gained momentum throughout the race.



James Estes kept a steady pace throughout the course.



The men's team posed for a picture after an important meet.

Women's Cross Country Scoreboard

Joe I. Vigil Open	2nd/45
National Catholic Invite	4th/155
Colorado College Invite	8th/201
Rocky Mountain Shootout	4th/139
UC-San Diego Triton Classic	7th/142
Metro State Invite	1st/42



Sonja Nelson and Ryndi Zastrow stayed ahead of the pack in the race.



John Brooks left his competitors in the dust as he finished the race.

Both the men's and women's cross country teams had a successful season, even with the tough competition both teams faced within the region.

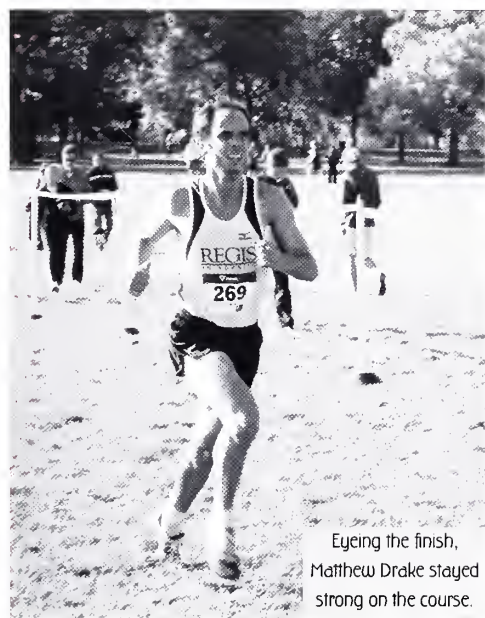
The women, led by seniors Kelsey Schmidt and Sonja Nelson, placed in the top ten in every regular season meet. The women ranked as high as sixth nationally. In their first meet, the team earned second place, coming in behind defending national champions Adams St. An important meet for the women was on their cross-town rival's home turf at the Metro St. Invite. The Ranger runners took first place with forty-two points falling only barely to Metro's sixty-four.

The men's team, led by senior Matthew Drake, placed in the top five, four times out of their six regular season meets. With only five runners, the first meet found the men with a fourth place finish behind defending National Champions Adams St. as well as Fort Lewis, and Dine College. The men's team also placed fourth at the Rocky Mountain Shootout which featured teams from Division I schools as well as Division II and junior colleges. Against rival Metro St., the Rangers came in with a fifth place finish.



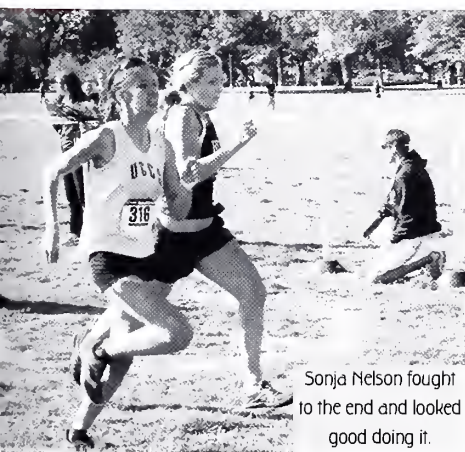
William Sabin stayed a step ahead of the competition and kept his eye on the finish line.

Men's Cross Country Scoreboard

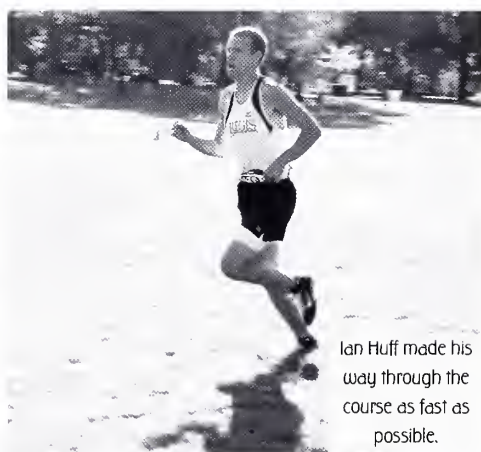


Eying the finish, Matthew Drake stayed strong on the course.

Joe I. Vigil Open	4th/104
National Catholic Invite	N/A
Colorado College Invite	N/A
Rocky Mountain Shootout	4th/405
UC-San Diego Triton Classic	5th/133
Metro St. Invite	5th/135



Sonja Nelson fought to the end and looked good doing it.



Ian Huff made his way through the course as fast as possible.



A Regis runner crossed the finish line and checked her time.

Golf



Following through on her swing, Haley Robinson drove the ball down the fairway towards the hole.



The women's golf team posed for a picture outside.



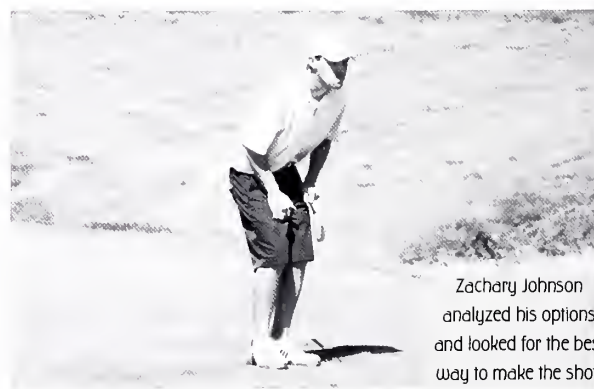
Robert Quick patiently watched the ball roll towards the hole.

Women's Golf Scoreboard

Grizzly Invitational	3rd/332
Grizzly Invitational	5th/674
RMAC Event #1	7th/343
RMAC Event #1	8th/689
RMAC Event #2	4th/329
RMAC Event #2	4th/653
Colorado Christian Invite	4th/346
Colorado Christian Invite	4th/691
RMAC Event #3	8th/366
RMAC Event #3	6th/709



Lara Pocs focused as she sent the ball across the green.



Zachary Johnson analyzed his options and looked for the best way to make the shot.

The men's and women's golf teams were both able to be successful throughout their seasons. The men's team was led by a strong group of five seniors including Zachary Johnson, a former 'RMAC Second Team All-Academic' selection. The women's team was led by two seniors, both earning 'RMAC All-Academic' honors as well.

The men's team struggled in their first meet with a 12th place finish and a 933 combined score at the Peaks Classic. The meet included most teams from the very talented RMAC conference. In the Colorado Mines Invitational, the men finished in third place, helped by Taylor Hulbert's second place finish which was just five strokes behind first place. Their final meet in the fall season saw the men finishing in tenth place at the RMAC Event #3.

The women began their season with a fifth place finish at the Grizzly Invitational followed by an eight place finish at RMAC Event #1. The team placed fourth at the RMAC Event #2, shooting a season low of 653 with the help of former 'Freshman of the Year' and 'All-RMAC First Team' selection Lara Pocs. The women finished their fall season by shooting a 709 which was good for a sixth place finish at the RMAC Event #3.



Coach Bauer and Erin Andres discussed the strategy for the next hole.



The men's golf team posed for a group photo before a meet.



Aleksandra Semanko watched the ball find it's home in the hole.



A Regis golfer kept her focus on the green as she putted the ball.

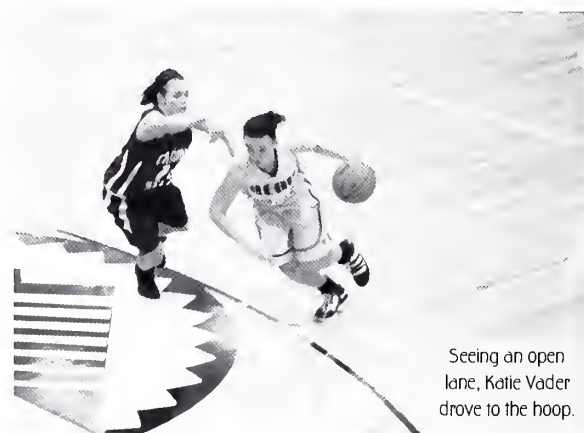
Men's Golf Scoreboard

Peaks Classic	12th/617
Peaks Classic	12th/933
RMAC/NSIC Crossover	9th/597
RMAC/NSIC Crossover	12th/903
Grand Canyon Invitational	14th/626
Grand Canyon Invitational	14th/935
Colorado Mines Fall Invitational	3rd/604
Colorado Mines Fall Invitational	3rd/904
RMAC Event #3	10th/605
RMAC Event #3	10th/911

Women's Basketball



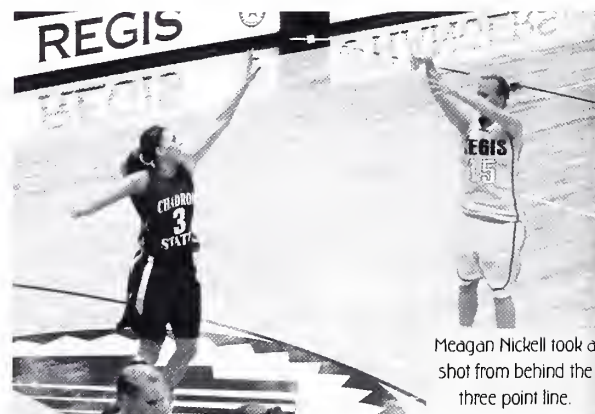
Brandi Collins dribbled around while looking for an open teammate.



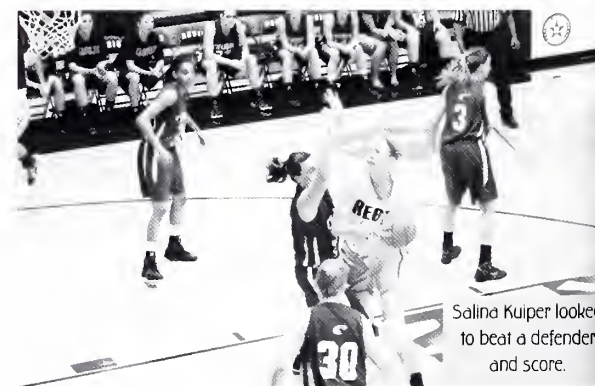
Seeing an open lane, Katie Vader drove to the hoop.



Kari Ameling stayed low in order to play good defense.



Meagan Nickell took a shot from behind the three point line.



Salina Kuiper looked to beat a defender and score.

Scoreboard

Northern Colorado	L, 65-53
Denver	L, 77-21
Colorado	L, 76-38
Rockhurst	L, 49-47
St. Mary	L, 60-58
Pitt.-Johnstown	W, 69-65
Tampa	L, 84-61
Western New Mexico	W, 69-57
New Mexico Highlands	W, 77-68
Chadron St.	W, 74-61
Nebraska Kearney	W, 82-79
Metro St.	L, 67-57
Western St.	W, 76-73
Mesa St.	L, 68-62
Colorado Christian	L, 75-61
Colorado Mines	L, 58-57
UC-Colorado Springs	W, 84-71
Colorado St.-Pueblo	L, 84-71
Adams St.	L, 78-59
Fort Lewis	L, 77-50
Mesa St.	L, 81-75
Western St.	L, 71-59

* Scores as of January 29th

etting off to a rough start, the Ranger women's basketball team lost its first five games to tough competitors such as University of Northern Colorado and University of Colorado-Boulder. But the team battled back, and at one point built a four-game winning streak.

In a thirteen point win over Chadron State, the Rangers earned fifty-one rebounds throughout the thirty-six minute battle. Another exciting win came with the defeat of University of Nebraska Kearney. It had been three seasons since the Rangers defeated the Lopers. After some great wins, a tough loss came at the hand of Colorado Mines. A shot made at the buzzer left the team with a 58-57 loss after a well fought game.

Some of the Rangers earned All-Academic honors such as first team selection Lauren Luebbe. Seven others were selected including sophomores Kellie Deremo, Meghan Hollenga, Kara Larson, Erin O'Toole, Katie Vader; and seniors Jacque Hatchesney and Chelsea Porter.



Salina Kuiper looked to score despite the defender in her way.



Kari Ameling rushed past a defender and drove toward the basket.



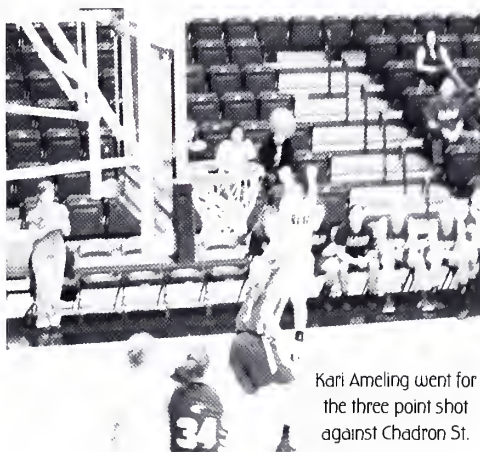
Meagan Nickell flew past defender to score.



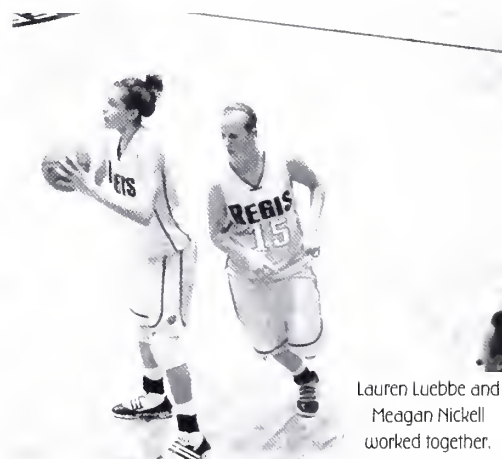
Katie Vader made a long pass across the court to a teammate.



Lauren Luebbe patiently waited to pass the ball.



Kari Ameling went for the three point shot against Chadron St.



Lauren Luebbe and Meagan Nickell worked together.

Men's Basketball



Slobodan Jovanovic passed the ball to an open Ranger on the court.



Jon Conley held the ball far from his opponent.

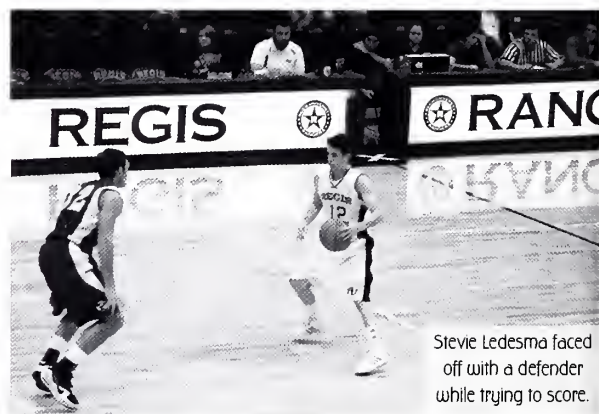


Brandon MacLellan posted up in the lane to receive the ball.

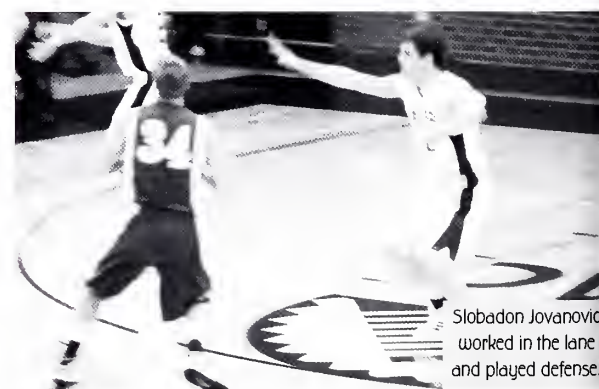
Scoreboard

Colorado St.	L, 88-48
Maryville	W, 71-46
St. Martin's	L, 77-64
Colorado College	W, 71-57
Western New Mexico	L, 70-55
New Mexico Highlands	L, 70-52
Chadron St.	W, 86-76
Nebraska Kearney	L, 63-59
Metro St.	L, 58-43
Western St.	L, 64-56
Mesa St.	L, 63-53
Colorado Christian	L, 73-64
Colorado Mines	L, 62-53
Johnson & Wales	W, 81-80
UC-Colorado Springs	W, 67-66
Colorado St.-Pueblo	L, 70-54
Adams St.	L, 86-53
Fort Lewis	L, 76-56
Mesa St.	L, 69-61
Western St.	W, 68-51

* Scores as of January 29th



Stevie Ledesma faced off with a defender while trying to score.

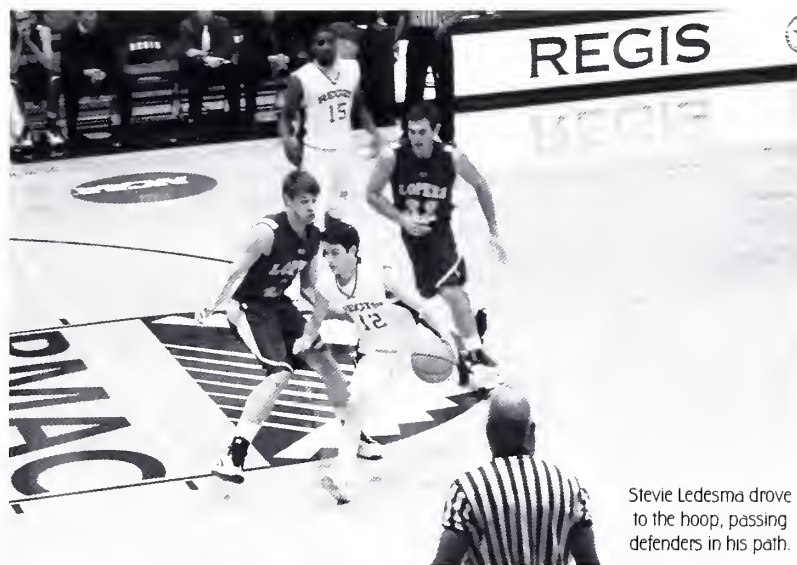


Slobodan Jovanovic worked in the lane and played defense.

The Ranger men's basketball team started off the regular season with a win over Maryville. The team nabbed the win with 71 points, shooting seventy-five percent in the second half. Another important win for the Rangers was against Chadron State. The team made a 16-0 run in the second half to pull out a win with 86 points.

Along with great wins came some tough losses. At one point the team suffered a six game losing streak. The Rangers were defeated by Nebraska Kearney as well as cross-town rival Metro State. Two tough wins for Regis came back-to-back when the team faced and defeated Johnson & Wales and UC-Colorado Springs, both by one point.

One Ranger earned All Academic Honors; Chris Johansen was named to the All-Academic 1st team.



Stevie Ledesma drove to the hoop, passing defenders in his path.



Greg Lee leaped into the air and scored.



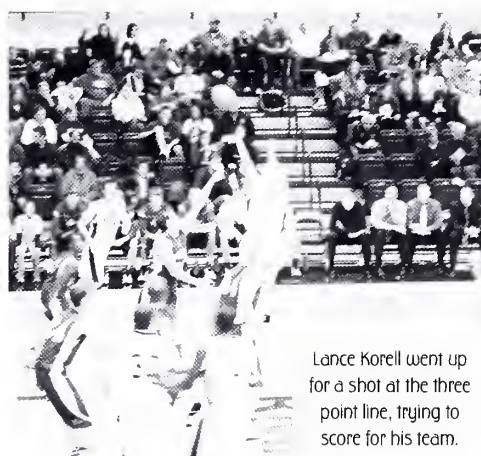
Curtis Mitchell ran into trouble on the outer rim.



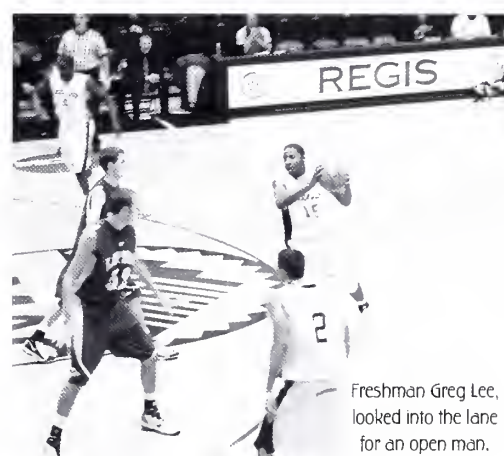
Chris Johansen worked his way around an opponent.



Lance Korell passed the ball to his teammate.



Lance Korell went up for a shot at the three point line, trying to score for his team.



Freshman Greg Lee, looked into the lane for an open man.

Softball



Senior pitcher Bianca Holley unleashed a pitch against a batter from the other team.



Senior Emily Anderson scooped up a low throw from a teammate.



Keala Bertulfo and Maegan Cooley chatted between innings.



Sophomore Shannon Massine prepared to throw a ball in from the outfield.



Sara Baumberger and Maegan Cooley warmed up at practice.

Scoreboard

Mary	L, 4-0
Northwest Nazarene	W, 5-4
Minot St.	W, 4-3
St. Edward's	L, 3-1
Upper Iowa	W, 9-0
Wayne St.	W, 6-5
Wayne St.	L, 8-0
Southwest Minnesota St.	W, 8-0
Southwest Minnesota St.	L, 4-1
Minn. Duluth	W, 13-11
Minn. Duluth	L, 10-0

* Results as of February 20, 2011



The Rangers cheered in the dugout while the team was at bat.

The team began the season with a new coach and new expectations. Working throughout the fall, the team got to know their new coach and practiced for their first tournament. The lady Rangers began with a tournament at Fort Collins where the team played four games, winning three and losing one to University of Northern Colorado.

Going into the spring season the team was ranked third in the RMAC by other head coaches from the conference and had two players, seniors Bianca Holley and Alisa Heronema, named to the RMAC Preseason All-Conference Team. Holley was also named Preseason Pitcher of the Year. The Rangers opened their spring season in Las Vegas with three wins and two losses throughout the tournament. The following weekend the team hosted three teams: Wayne St., Southwest Minnesota St., and Minnesota Duluth.



The infielders gathered in the pitcher's circle before beginning the inning.



Senior Emily Anderson ran from second to third base after a big hit.



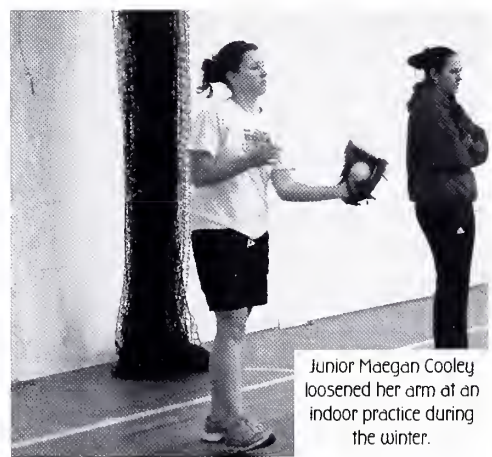
Coach Trimboli and Shannon Massine talked about throwing technique.



Junior Natalie Adams threw the ball in after a catch in center field.



Senior Sara Baumberger made her way home after an in-the-park homerun.

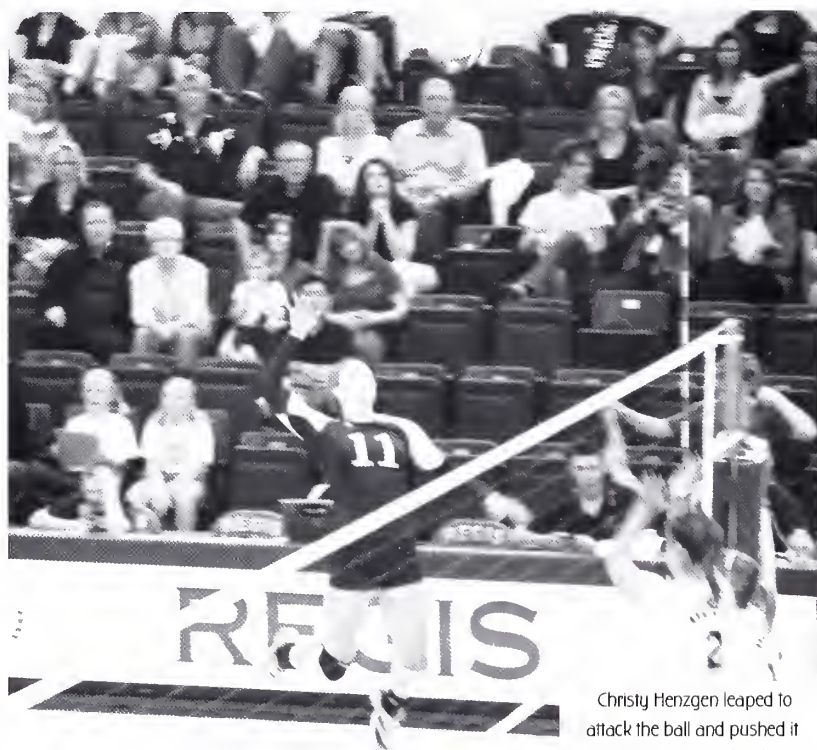


Junior Maegan Cooley loosened her arm at an indoor practice during the winter.



Senior Amber Aragon-Autobee made the play at shortstop.

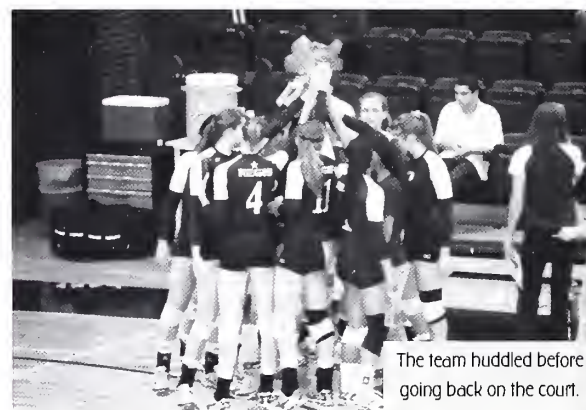
Volleyball



Christy Henzgen leaped to attack the ball and pushed it past the defending blockers.



With perfect form, Lyz Kann slammed the ball for a point.



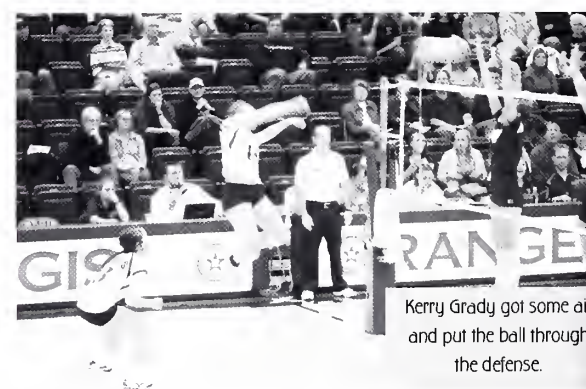
The team huddled before going back on the court.

Volleyball Scoreboard

Minnesota St. Moorhead	L, 3-2	Notre Dame de Namur	W, 3-0
Southwest Minnesota St.	L, 3-2	UC-Colorado Springs	W, 3-0
Abilene Christian	W, 3-0	Colorado Mines	L, 3-0
Chaminade	W, 3-0	Western New Mexico	W, 3-0
Wayne St.	L, 3-1	New Mexico Highlands	W, 3-0
St. Leo	W, 3-1	Colorado St.-Pueblo	W, 3-0
West Florida	W, 3-2	Colorado Mines	L, 3-2
Lewis	L, 3-0	UC Colorado Springs	L, 3-2
Western St.	W, 3-0	Chadron St.	W, 3-0
Mesa St.	W, 3-0	Nebraska Kearney	L, 3-0
Fort Lewis	W, 3-2	Metro St.	L, 3-1
Metro St.	W, 3-2	Colorado Christian	W, 3-1
Colorado Christian	L, 3-2	Colorado Mines	W, 3-1
Nebraska Kearney	L, 3-0	Nebraska Kearney	L, 3-2
Chadron St.	W, 3-0		



Christy Henzgen made good contact with the ball and scored.

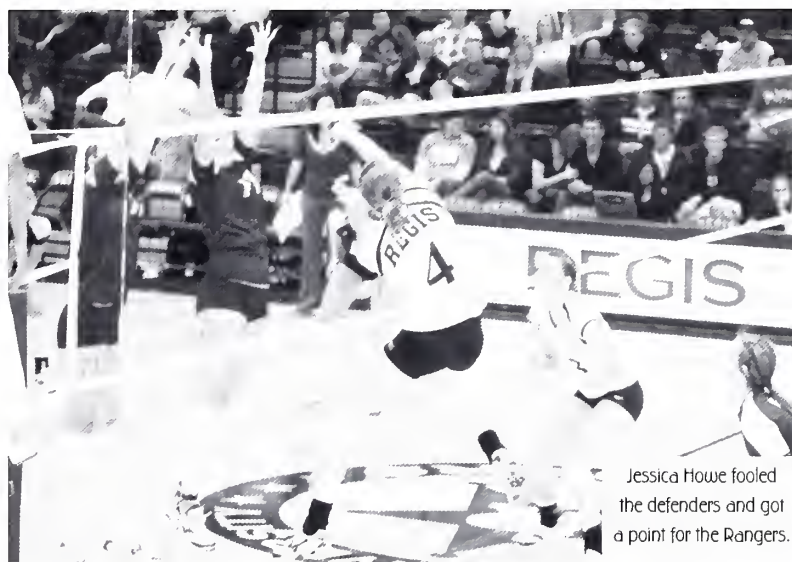


Kerry Grady got some air and put the ball through the defense.

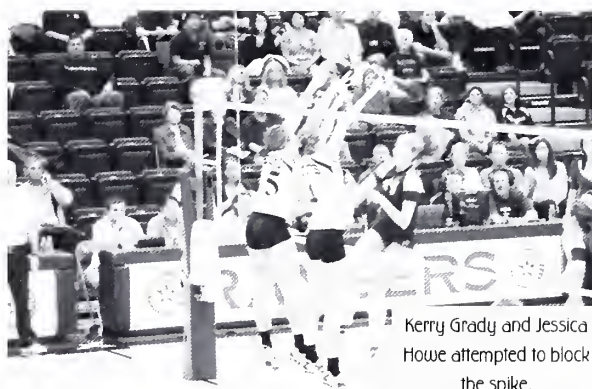
The Ranger volleyball team had a fine season earning 17 wins in their twenty-nine game run. The season began at the Oredigger Volleyball Classic where the team came out even with two wins and two losses. At one point in the season the team had a four game winning streak. During this winning streak Regis defeated cross-town rival and 14th ranked Metro St. The highly anticipated rival game drew more than 1000 spectators to the match. Finishing off the regular season, the Rangers defeated Colorado Christian in three straight. The Rangers had a hitting percentage of .322 and had no defensive errors against the Cougars.

In the first round of the RMAC tournament, Regis defeated Colorado Mines 3-1, which advanced them to semifinals where they played Nebraska Kearney. The Rangers battled hard throughout the match but fell to the Lopers in five sets.

Three Rangers earned post-season honors for their efforts in the 2010 season. Senior Devin Eckhardt was named to the ESPN Academic All-District VII Second Team as well as the RMAC First Team All-Academic. Senior Jessica Howe was an RMAC Third Team selection. Christy Henzgen, a freshman, was named the RMAC Freshman of the Year, the second time for a Ranger to earn the honor. She was also named to the RMAC Volleyball All-Tournament team and a First Team RMAC selection.



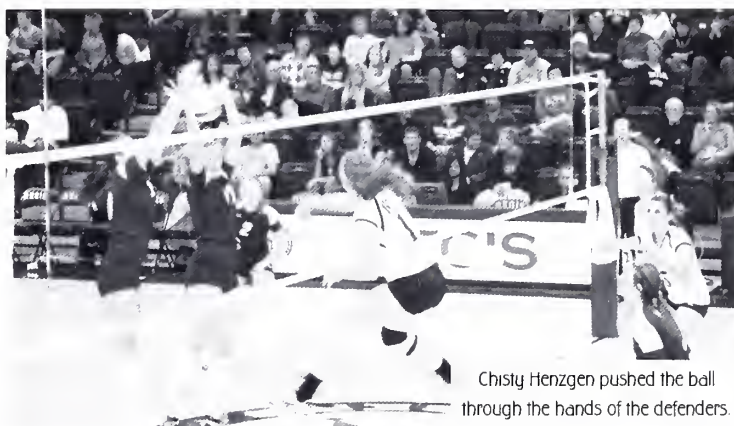
Jessica Howe fooled the defenders and got a point for the Rangers.



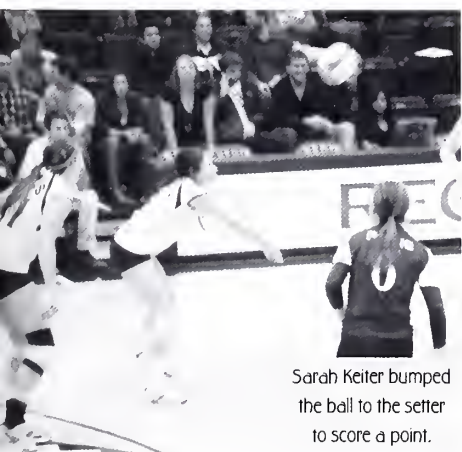
Kerry Grady and Jessica Howe attempted to block the spike.



Devin Eckhardt set the ball in the air for someone to spike.



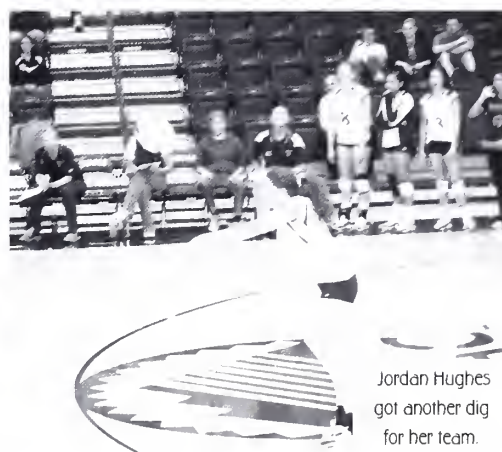
Christy Henzgen pushed the ball through the hands of the defenders.



Sarah Keiter bumped the ball to the setter to score a point.

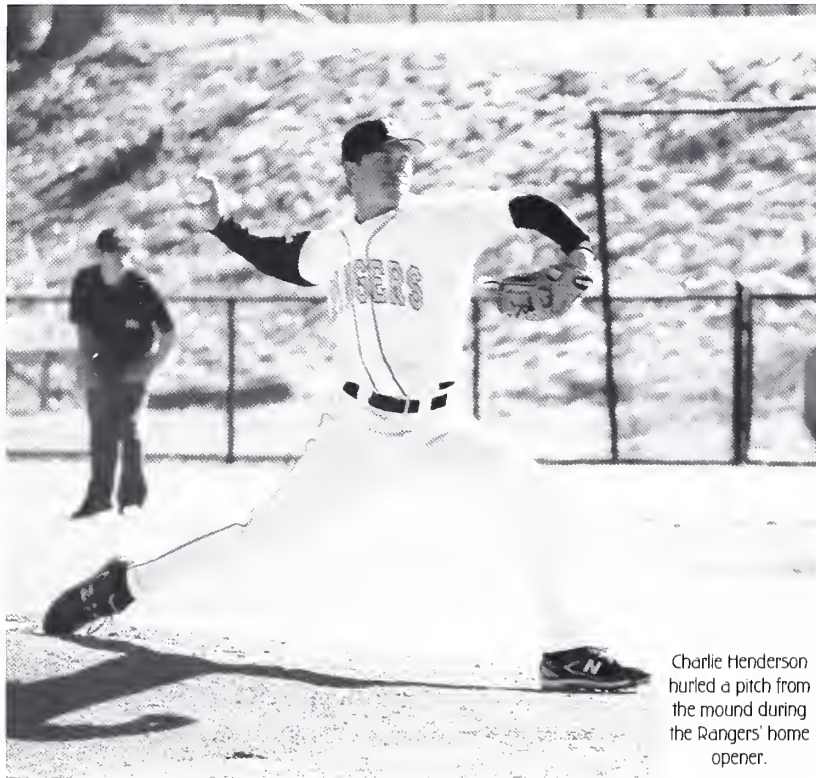


Kerry Grady and Devin Eckhardt blocked the spike.

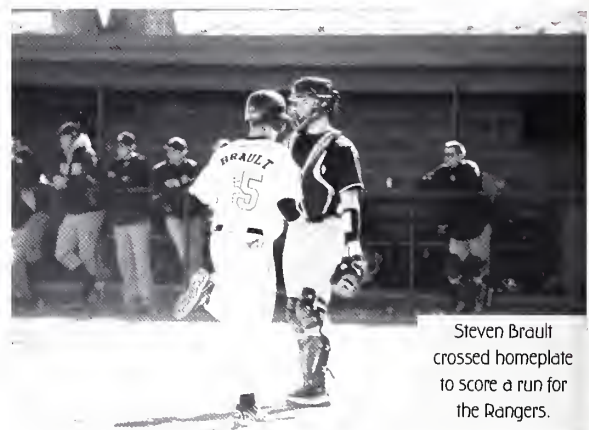


Jordan Hughes got another dig for her team.

Baseball



Charlie Henderson hurled a pitch from the mound during the Rangers' home opener.



Steven Brault crossed homeplate to score a run for the Rangers.



Tim Gastineau works on his fielding technique at indoor practice.

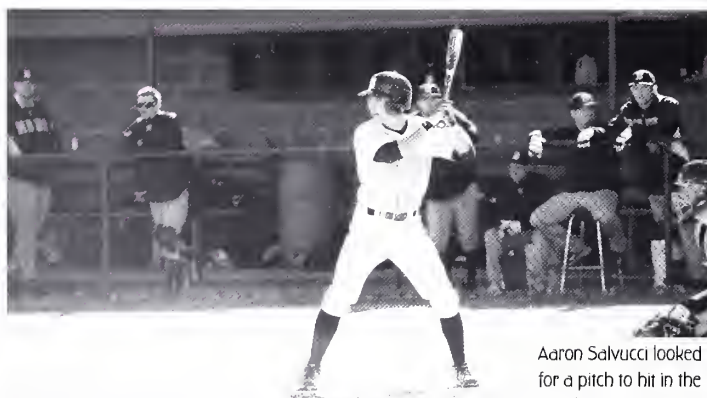
Scoreboard

Montana St. University	L, 6-5
Montana St. University	W, 9-2
Montana St. University	L, 18-4
Montana St. University	L, 8-7

* Results as of February 20, 2011



Dave Holland readied himself in anticipation for the next pitch.



Aaron Salvucci looked for a pitch to hit in the batter's box.



Jon Shoutia brought home on a solid hit.

The Ranger baseball team began the year practicing for the spring season; but before that, the team played out a World Series of sorts amongst themselves. The team was divided into the gold and blue teams, but in the end the blue team prevailed to win the eleventh Annual World Series.

Before the spring season, the team was ranked sixth in the Rocky Mountain Athletic Conference. The team also had two players named to the All-RMAC Pre-season selection, senior Bryant Asnicar and junior Alex Haag.

The Rangers were originally supposed to begin their season February 12th, but due to snow & poor field conditions their games against Hastings College were canceled. The home opener was instead played against Montana State University on the following weekend, which turned out to be a sunny beautiful weekend.

The Rangers later competed against New Mexico Highlands, Colorado Christian, Nebraska-Kearney, Mesa State, Metro State, Colorado Mines, and Colorado State-Pueblo.



The team stood with hands on their hearts for the national anthem.



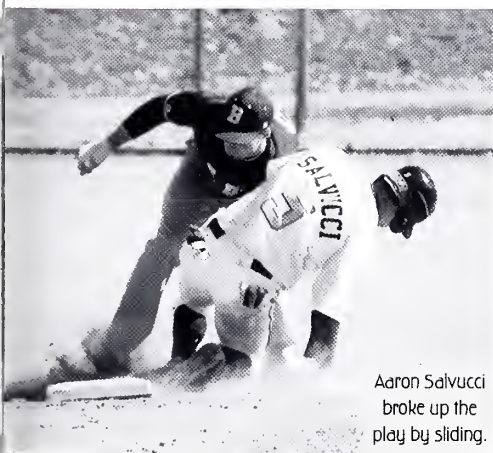
Ryan Eustice tagged the runner in time to earn an out.



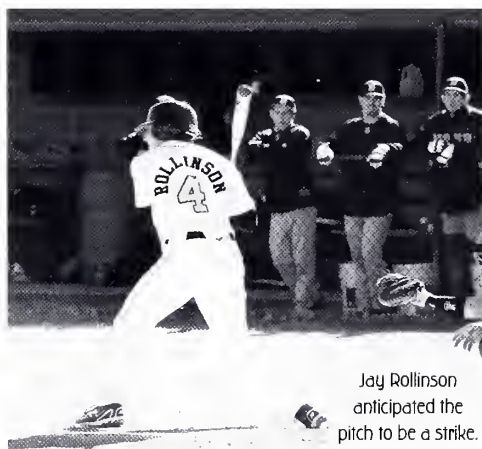
Steve Falconi worked on his throws during practice.



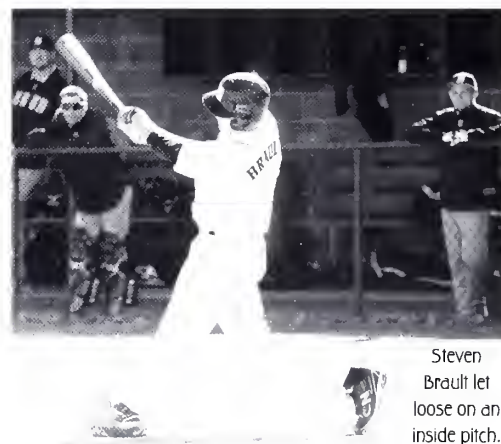
Mike McElreath worked on a hitting drill while practicing indoors.



Aaron Salvucci broke up the play by sliding.

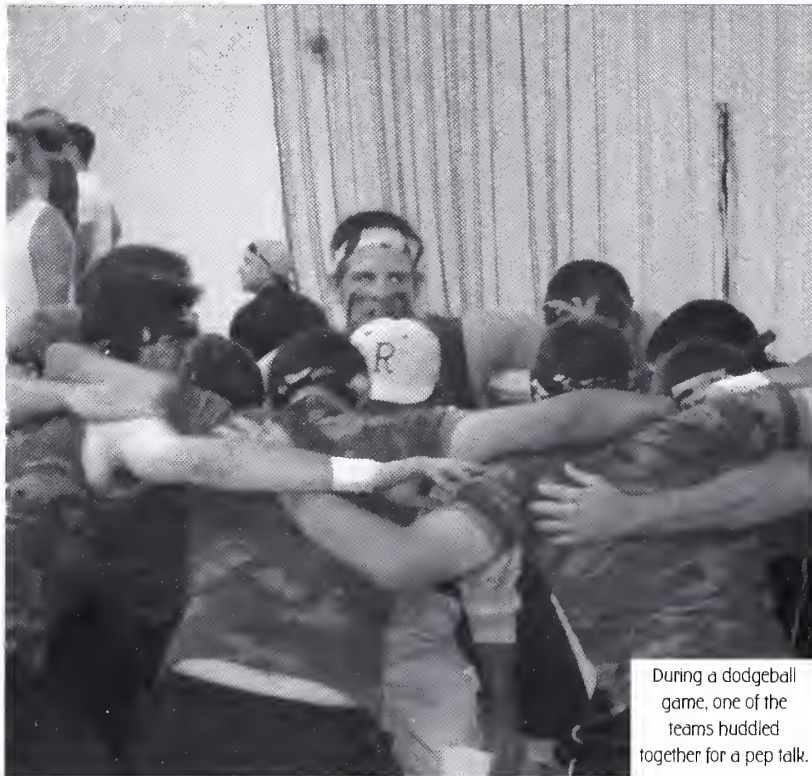


Jay Rollinson anticipated the pitch to be a strike.



Steven Brault let loose on an inside pitch.

Intramural Sports



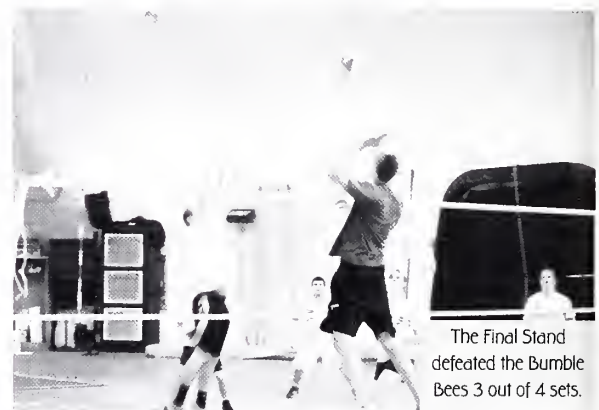
During a dodgeball game, one of the teams huddled together for a pep talk.



Teams gathered at center court in the Dome before the big match.



Players raced to get balls for their teammates.



The Final Stand defeated the Bumble Bees 3 out of 4 sets.



Two teammates, ball in hand, looked for someone to aim at.



Members of a team readied themselves to throw the ball.



During a dodgeball tournament, the officials get the court ready for play.

Always a fantastic way to exercise and meet new people, intramural sports allow students to release stress and maybe even learn a new skill. There are many different sports in intramurals: football, basketball, indoor soccer, volleyball, dodgeball and outdoor soccer. Intramurals are also responsible for other one-day sports such as powder-puff football, wiffle ball, paintball, laser tag, tennis, water polo, and even sports related video games. Many students would agree that playing sports is beneficial in many ways. Sarah Stohlquist, an intramural volleyball player said, "Intramurals is a great way to bond with your peers."



During a volleyball match, two players got air while trying to hit the ball.



The team ran to steal the balls from the other team.



Freshman Sarah Wroebel served the ball over the net.



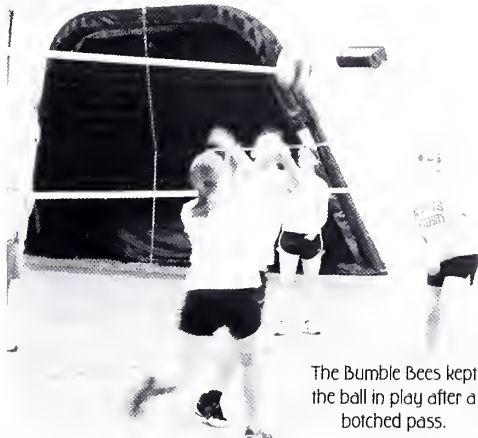
At a volleyball game, one of the players went up for a spike.



A dodgeball team got ready to run and take all the balls.



The team discussed strategy on the court.



The Bumble Bees kept the ball in play after a botched pass.



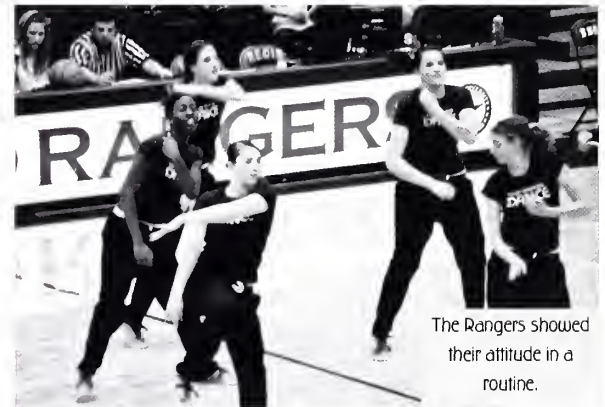
Dodgeball teammates advanced on the other team.

Dance Team



The team worked the moves to one of their many dance routines.

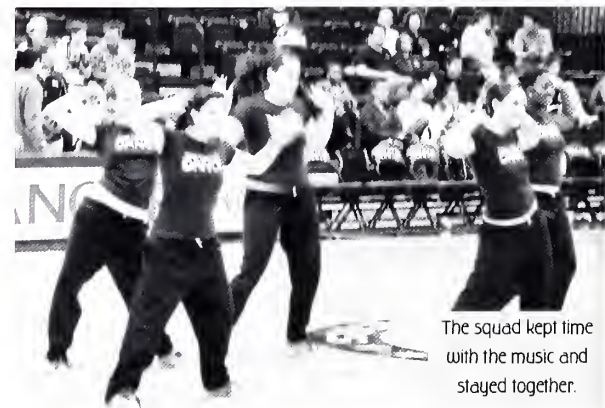
The two members danced and spun during the routine.



The Rangers showed their attitude in a routine.



The team stayed in sync during a performance.



The squad kept time with the music and stayed together.



The team posed for a group shot at a game.



The whole team moved to the beat of the music.

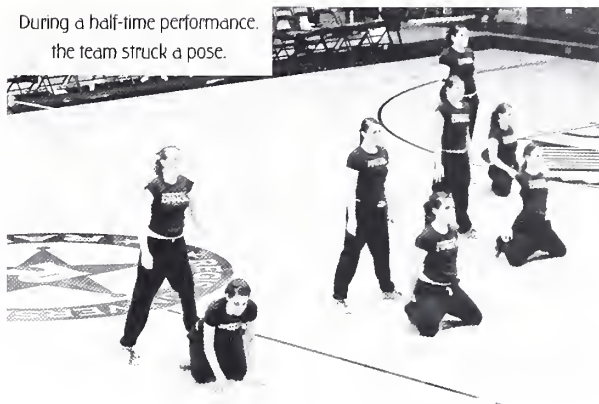
This year the Regis Lady Rangers Dance Team showed growth through their performances on and off campus. According to Coach Lauren Ponder, "The Lady Rangers enjoyed performing for their peers at the men's and women's basketball games. The highlight of the season was our first performance at Regis University. All the hard work was left on the floor in an amazing first performance." Coach Ponder also mentioned the team's ability to perform to a variety of styles. The Lady Rangers performed to numbers such as "Fancy Footwork", "Dust It Off", and "Move." Not only did the team perform during the half-time of basketball games, but they were also there to boost the morale at Regis athletics pep rallies.

The team bonded during activities such as a Christmas party and gift exchange. In February, the team sold Valentines to the students at Regis in hopes of raising money.



The team was all show before a big basketball game.

During a half-time performance, the team struck a pose.

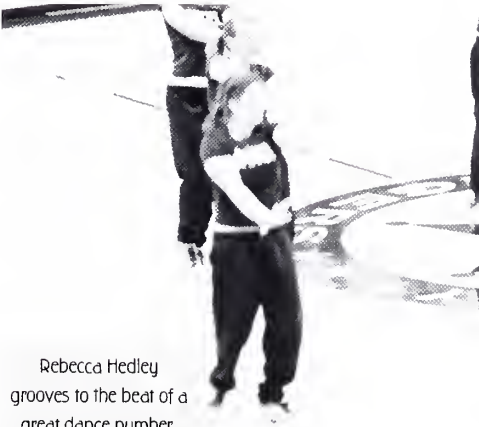
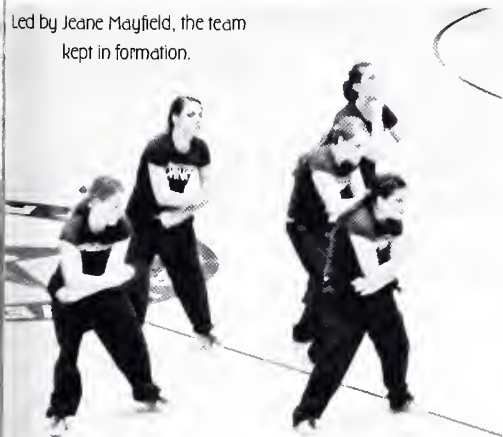


Before going out onto the floor, the team took a group shot.



Two members let loose during a routine.

Led by Jeane Mayfield, the team kept in formation.



Rebecca Hedley grooves to the beat of a great dance number.



With hands in the air, the team strutted on the floor.

Rugby



The Regis team hoisted up a teammate during a line out so he could get the ball.



Marco DeGuire prepared to kick the ball and score.



Chris Ghincea took the ball and ran down the field.

Rugby Season Record
1 win, 1 tie, 4 losses



Ryan Parkhouse tried to move down the field but was stopped by a defender.



Ryan Parkhouse received the ball and worked to get yards.



Chris Ghincea took down an opposing player who had the ball.

The Regis Rugby team worked hard in the 2010 season. The team stayed strong in the face of inexperience and strove for success. They began the season with only one returning forward and five returning backs, and brought twelve new rookies onto the team. Their season consisted of three away games and three home games; all were against Mesa St., Western St., and Colorado College.

The team came out strong, defeating Mesa St. in their first game. The next week the Rangers fought hard against Western St. but Regis fell behind when Western St. scored late in the game. "Regis Rugby maintained momentum throughout, dominating possession and territory. Western State struck late in the game to square things up at 13 each, and although camped on their tryline, Regis Rugby could not cross the line. Unfortunately, this was the theme for the remainder of the season," said Rugby coach Micah Carter. In each game of the season, the Regis Rangers led at halftime but allowed their opponents to come from behind and win. The Rangers were able to bounce back despite an injury-filled squad by adding eight new players to their roster in the last four weeks of the fall season. Regis ended the season tied for second in ERRFU Division II along with Western St. Colorado College earned the first place spot.



Matt Whither player ran past the other team and scored for the Rangers.



Ryan Parkhouse scored points for his team.



An offensive player gave his opponent a forearm shiver.



A group of Rangers kick the ball down to teammates.



A running player got by defenders and ran down the field.



A Ranger avoided a defender and moved to gain yards.

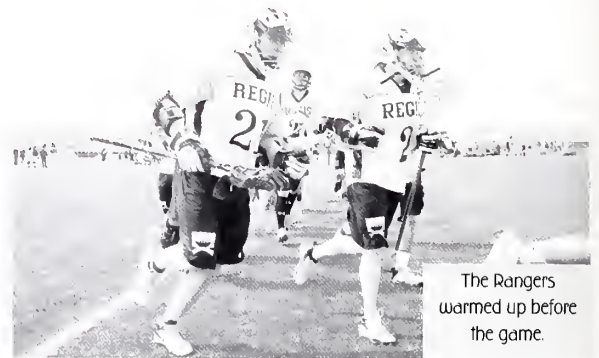


A Regis defender tried to stop a player from the other team.

Men's Lacrosse



Tyler Hardy ran down the field with the ball, looking for an open teammate.



The Rangers warmed up before the game.



The Rangers took the ball down the field, trying to score.



The team battled on the field and worked to score the ball.



Two Regis players made their way down the field.



A Regis player defended his net against offenders from the opposing team.

The Ranger men's lacrosse team spent the fall building their skills and working to become stronger. The team scheduled a tough Spring schedule with six home games and seven away games. The team is apart of the Rocky Mountain Lacrosse Conference (RMLC). Throughout the season the team will face teams such as Colorado State-Pueblo, University of Wyoming, Colorado Mines, Metro State University of Northern Colorado, and Creighton University.

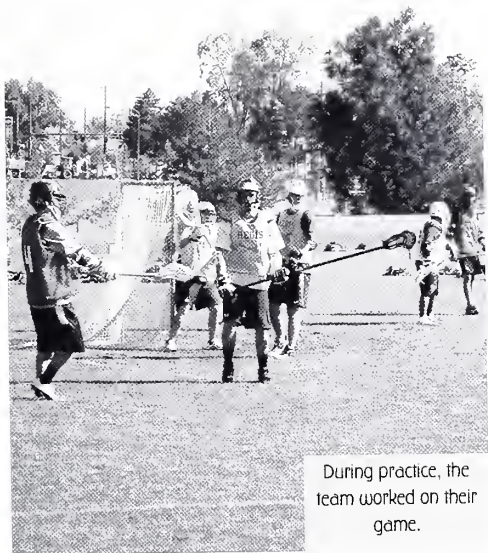
The Rangers played each other and built skill on the field.



A teammate tossed the ball to Jeron Fleming during a game.



The Rangers defended their net, not allowing the other team to score.



During practice, the team worked on their game.



Edward Emery stood near the opposing team's net.

The team went to the fitness center to get game ready.

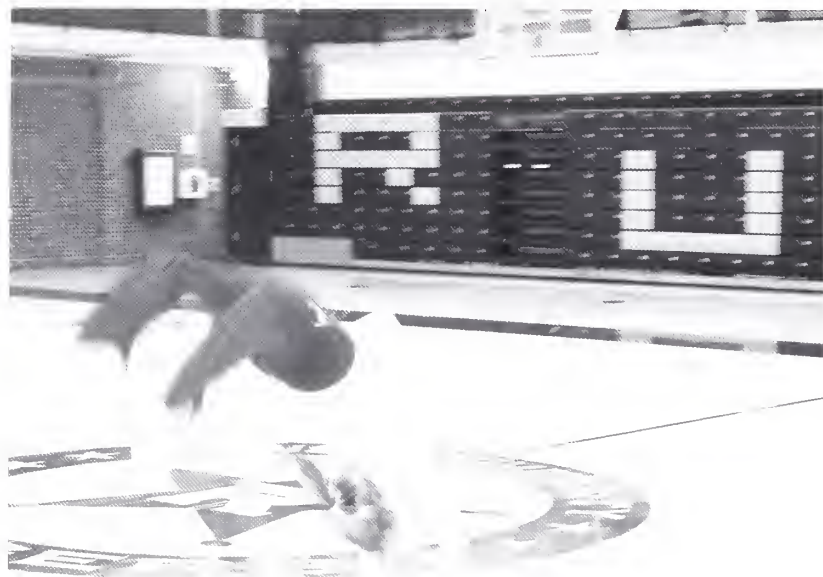


While practicing in the dome, the Rangers got their skills ready for the season.

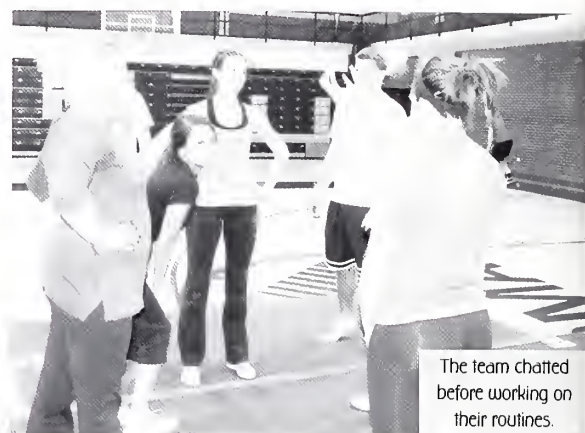


The team gathered during one of their fall games.

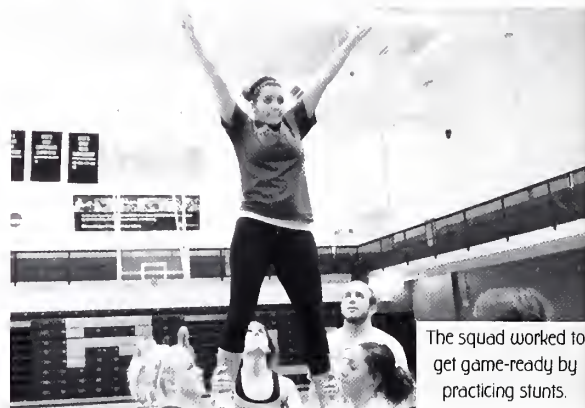
Cheerleading



Christina Doerer gracefully flipped through the air and successfully landed on her feet.



The team chatted before working on their routines.



The squad worked to get game-ready by practicing stunts.



Dominique Williams steadied herself after being hoisted into the air.



Christina Doerer did a trick in front of her team at practice.

The squad worked on flips with each other to prepare for competition.



Always there to lead cheers at various Regis athletic competitions, the Cheer squad has stayed true to their philosophy of supporting athletics, the Regis student body, and representing the best of Regis University. Not only does the squad lead cheers at games, but they also participate in several local and statewide competitions like the UCA Regional competitions, the State Recruiting Fair, and High School State Championships.

The team trusted each other when they worked on stunts in the air.



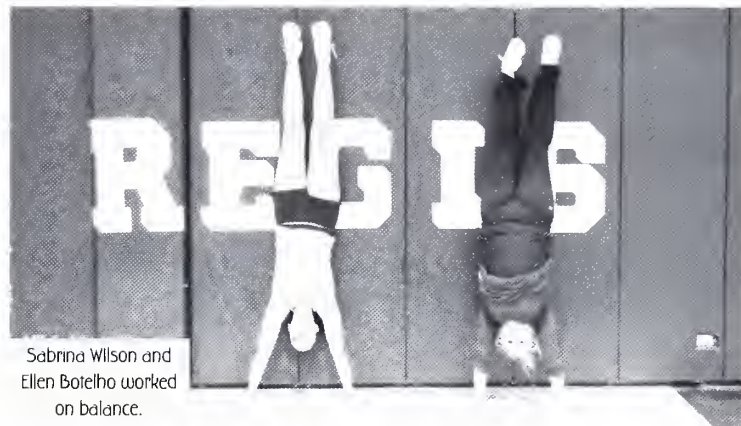
Christina Doerer held a handstand.



The squad goofed off a bit before practice began.



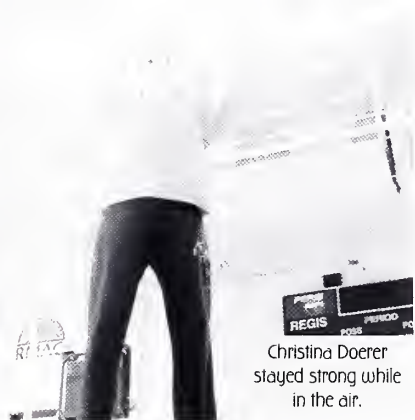
Christina Doerer held her pose while being held by a teammate.



Sabrina Wilson and Ellen Botelho worked on balance.

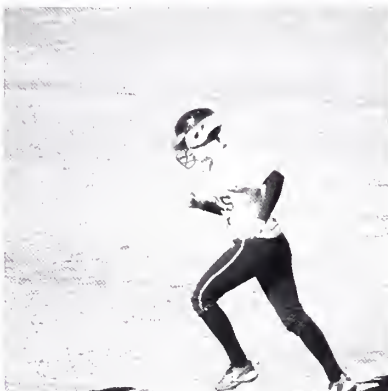


Ellen Botelho and Sabrina Wilson give the camera a fun look.



Christina Doerer stayed strong while in the air.

Go Rangers





Clubs & Organizations

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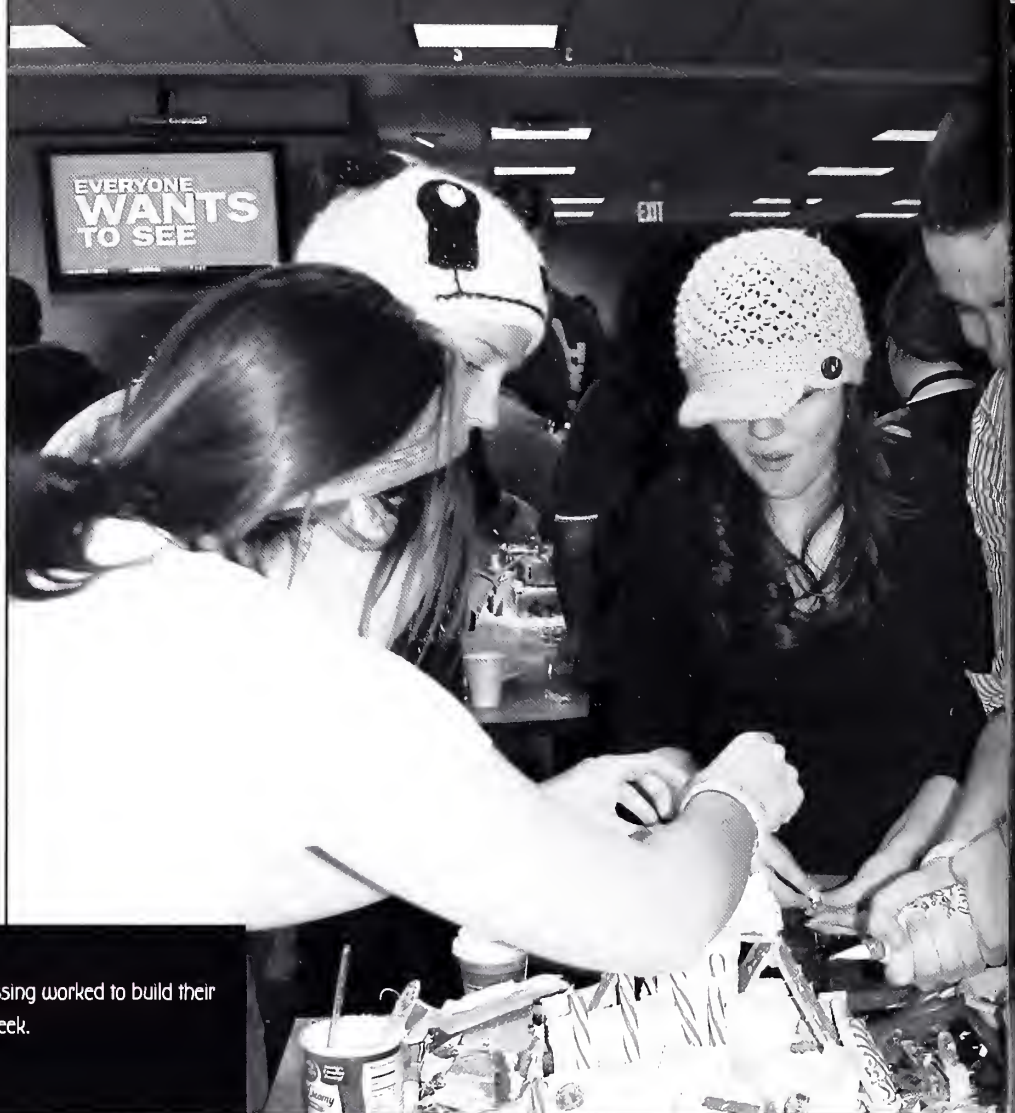




Vice President Jenni Shearston led the bi-weekly RUSGA Senate meeting.



Jenni Shearston, Crystina Anderson, and Brandon Blessing worked to build their gingerbread mansion during Snow Week.



RUSGA

Regis University Student Government Association (RUSGA) worked to provide programming and activities as well as leadership for student life. RUSGA worked, with input from students, to make campus life at Regis a great place to live, a great place to study, and a great place to have fun.

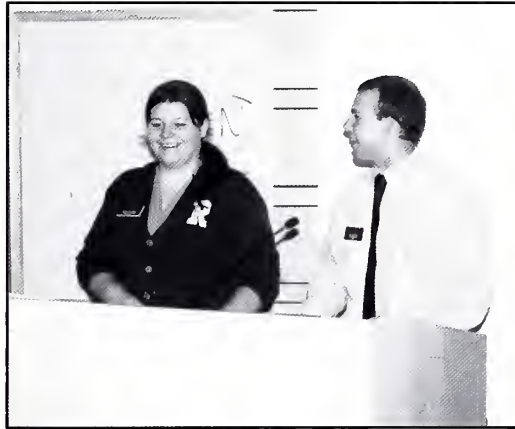
Student Body President- Gus Maxwell
 Student Body Vice President- Jenni Shearston
 Student Body Chief Justice- Brandon Blessing
 Director of Communications- Emily Sloan
 Director of Programming- Chelsea Coalwell
 Director of Community Involvement- Jade Moore
 Director of Social Justice & Spirituality- Kelsey Schmidt
 Director of Sustainability- Elizabeth Sepe
 Director of Health Awareness- Crystina Anderson
 Director of Multicultural Awareness- Adam Barajas



RUSGA candidates for Senior Class Senator participated in the RUSGA open forum.



Chelsea Coalwell and Gus Maxwell led the RUSGA Open Forum.



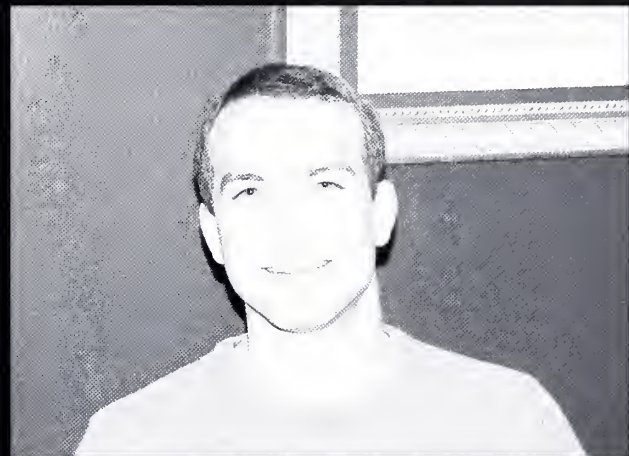
Jenni Shearston talked to Sophomore Class Representative Jelena Subotic during the senate meeting.



Friends enjoyed their time during the RUSGA senate meeting



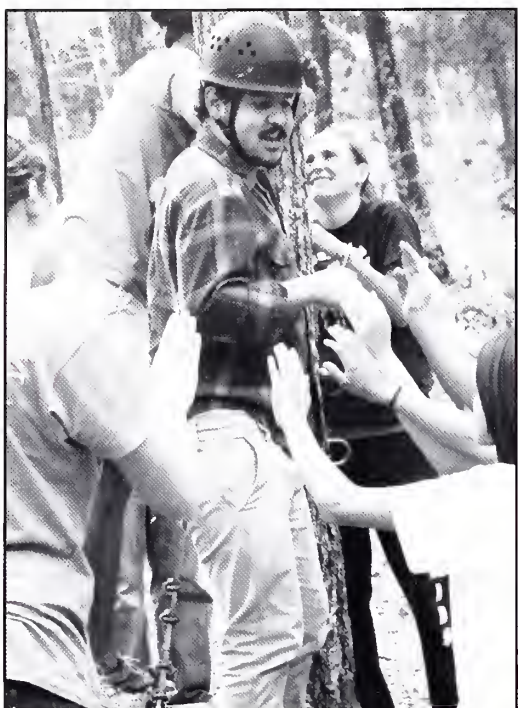
RUSGA officials took a group picture while at Invesco Field at Mile High. The group was there for part of the freshmen orientation.



Club President

RUSGA Student Body President Gus Maxwell first joined RUSGA in his sophomore year to get more out of the college experience. "I like feeling like I can contribute to the community in a bigger way. It's also important to be involved because college is more than just what happens in the classroom," said Maxwell.

Bobby Guerrero received help from his teammates at the ropes course. Leadership members were constantly helping each other.



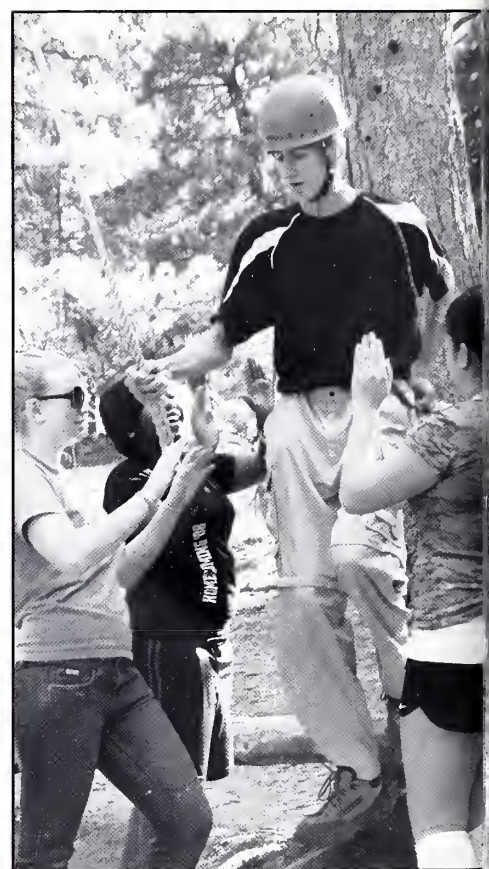
Chelsea Mitchell trusted Dave Law and other leadership members during their trip to the ropes course. The ropes course was meant to help members work together as a team.



Leadership

The Leadership Program at Regis University worked to "ignite the fire within" students so they could reach their full leadership potential both during their time at Regis and after leaving Regis. When students reached their full potential, they were able to open new doors to different perspectives and opportunities, which lead to the expansion of each student's ability to serve.

The Leadership Program had two paths; one was receiving a minor in Leadership Studies and the second, the certification path, was a club based on social activities. Each path provided students with the experiences they needed to develop their leadership skills. Leadership also helped students build skills not only in their future careers, but also throughout the course of their lives.



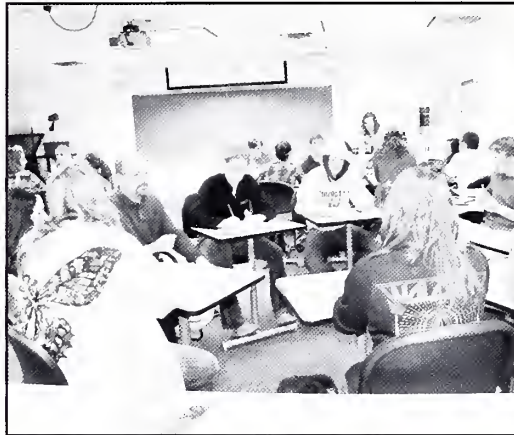
Daniel Magill made his way across a tight rope at the ropes course.



Nikiya Price and Jessica Baca worked together on a leadership project.



Leadership adviser Andra Bickel helped Adam Hinkelman and Lauren Patrick.

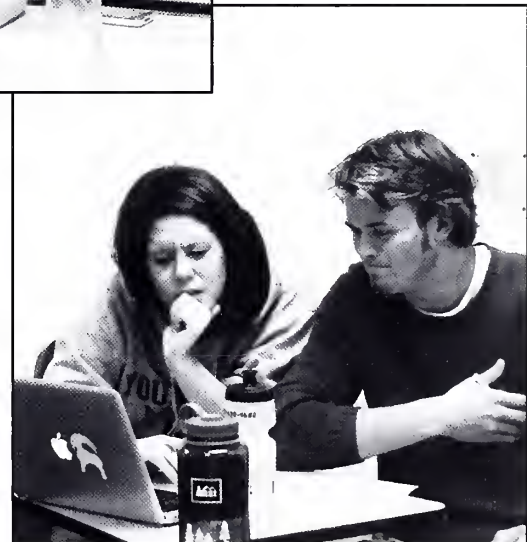


Leadership members worked with adviser Dave Law to learn about how to be a good leader. They also went over different kinds of leadership styles.



Aniana Miller and Lauren Jelinek listened to their group members during small group work in class.

Morgan Niita and Jack Walsh worked together to learn about their individual leadership styles.



Leadership group members took time to pose for a silly picture during their time at the ropes course. The ropes course was a way for the members to challenge themselves and learn to depend on their team to make it across

Laura Voorheis and Emily Allen served drinks to Regis students at Thursday Thrills.



Megan Nicholls grilled up some burgers and hot dogs for all the hungry participants at the Choices Gatorade Pong. The tournament was in its second year running.

Choices

The main mission of Choices was to encourage fellow students to make wise decisions. Choices worked to correct the misconceptions about what fun was in college. The club informed students about the consequences of drinking and smoking. In addition to informing students, they offered alternative ways of having fun. Choices also dealt with other issues such as substance abuse, sexual assault, STD's, relationships, eating disorders, mental health issues, and suicide prevention. Students who were aware of these issues could develop better habits and lifestyles.

Through programs like the UnBar at Thursday Thrills and the Second Annual Gatorade Pong Tournament, Choices entertained, informed, and interacted with students at Regis. This peer education program helped students enjoy college while staying healthy at the same time.



Kyle Farrell and Lucas Mazier ham it up while playing pong at the Choices sponsored 'Gatorade Pong'.



Maegan Cooley, Emily Anderson, and Devin Eckhart worked the Un-Bar at a Thursday Thrills event. The Un-Bar was a Choices sponsored event to promote healthy fun.



Lyz Kann listened to the agenda during a Choices weekly meeting.



Choices club members paused to take a picture during one of their meetings. The club met weekly in order to plan events around campus.



Choices members went over their agenda during one of their weekly meetings. Choices sponsored events like Gatorade Pong and the Un-Bar at Thursday Thrills.



Club President

Choices Club President Lyz Kann got involved with Choices during her freshman year. "I really enjoy the work that Choices does on campus to both promote activities that don't involve drinking and to raise awareness about alcohol. I love having a good group of people in Choices and getting to meet new people."

Susan Arbo explained that the SOA worked to train soldiers that were later linked to crimes against humanity.



Angelia Shugarts and Nicky Schifano listened to Byron Plumley speak at the School of the Americas protest.



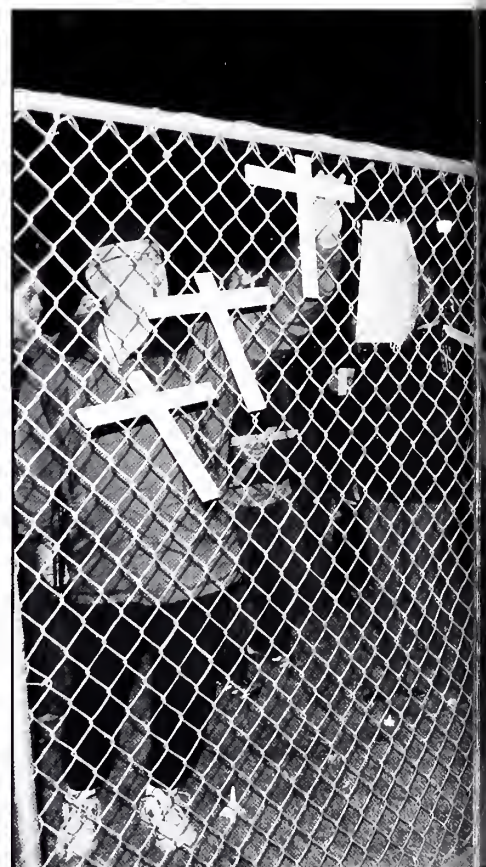
Peace and Justice

Regis University not only offered classes on peace and justice, but also had a club dedicated to the subject of peace and justice. The Peace and Justice club was for students who wanted to get more involved with such issues beyond what is done in class.

Peace and Justice club was open to undergraduate and graduate students with a major, minor, or interest in peace and justice studies.

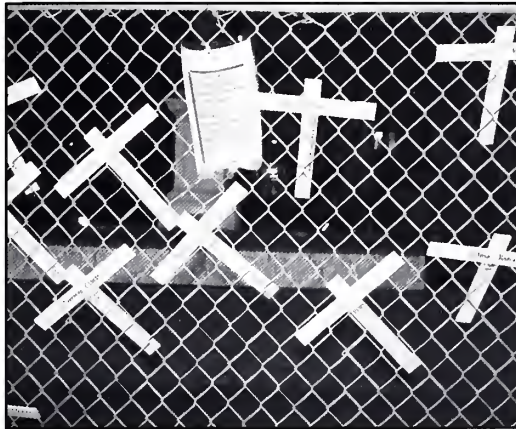
One of Peace and Justice club's biggest events on campus was peace week. Peace week was a week on campus dedicated to promoting peace and justice on campus and around the world.

Peace and Justice members also held a SOA protest to raise awareness about the School of the Americas on the Regis campus.

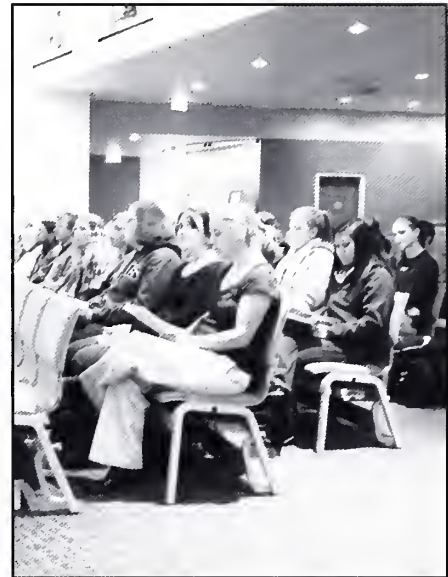


Participants put crosses on a fence to show solidarity with those at the actual gates of the SOA.

Crosses with names of victims adorned the 'mock gates' set up for the SOA protest



Participants listened to a Memorial Mass presided by Father Gary Menard before going out to hang their crosses.



Peace and Justice members led the protest, which brought out about 60 people.



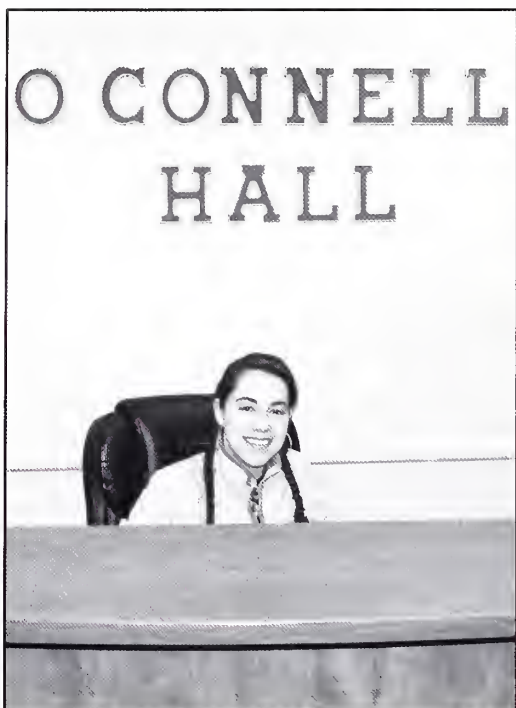
Kelsey Schmidt led the protesters in singing the response "Presente" after the names of the six Jesuit Priests, their housekeeper, and her daughter who were murdered in El Salvador were said.



Club President

Peace and Justice Club President Kaylie Erickson decided to get involved with Peace and Justice after attending the Justice Week campout her freshman year. "Being involved is a great way to get to know people with similar interests. I love being able to raise awareness about global issues to students at Regis," said Erickson.

Nicky Schifano worked the desk in O'Connell Hall. Desk Assistants worked as part of the Resident Life staff to make sure living on campus was a great experience.



RHA officers and Santa took a picture together at the annual RHA sponsored Tree Lighting that was held on the Quad.

RHA & RA's

With five housing options at Regis (Residence Village, DeSmet Hall, O'Connell Hall, West Hall, and Pomponio Village) there were multiple opportunities to get involved in the residential community. There were also seven living learning housing communities offered to students. Students could live in an arts/popular culture community, healthcare professionals community, international/language community, healthy lifestyles community, Magis, pre-science/pre-business community, and a C.O.R.E. (Colorado Outdoor Recreation Experience) community.

Each residence hall had a staff that included senior staff members, Resident Assistants (RA's), and Peer Ministers (PMs). RAs provided a support system for residents and also coordinated activities.

The Residence Hall Association (RHA) had a student representation and put on events like the annual tree lighting and provided a forum for the residents' voices to be heard



Nick Reichard gave his job a double thumbs up to show what fun being a desk assistant really was.



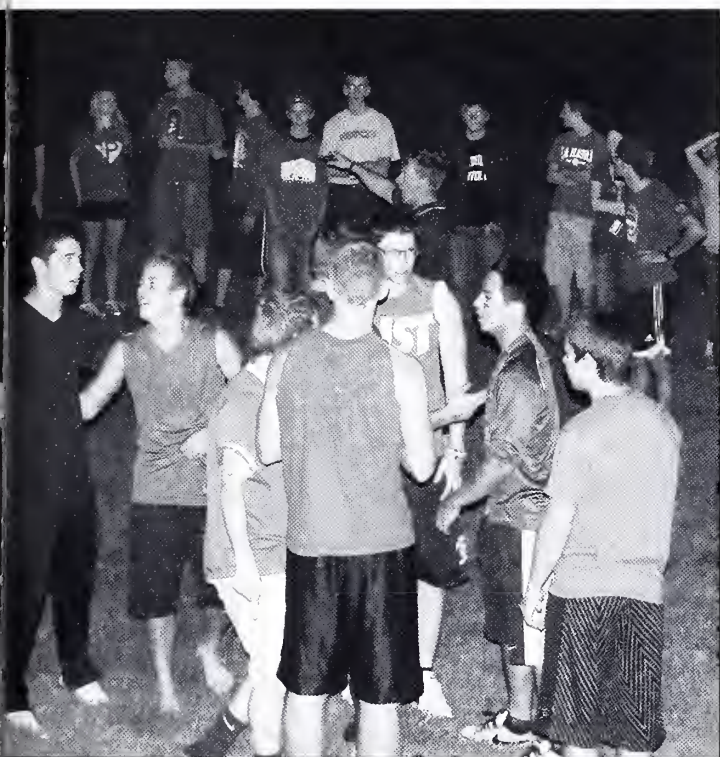
RHA officers Megan Linders, Derek Mason, and Keshia Cullins led the bi-weekly RHA meeting held in Loyola.



Residence Life summer staff members smiled to show what fun they were having while playing a game of softball.



Residence Life staff members from DeSmet Hall took a break from their busy training for a picture.



The O'Connell team discussed their strategy for the annual Hall Brawl. The Hall Brawl was a game of capture the flag between O'Connell and Desmet Halls in order to see who would become the reigning champions.



Club President

Residence Hall Association President Keshia Cullins got involved with RHA last year as a member of the O'Connell Hall Council. "We're really trying to make RHA bigger and better so it's like the programs at the big state schools. But because we're a small school we can make a huge impact on campus because it's a better community," said Cullins.

Romero House

Romero House was a community of students living with intentionality and did service work in the local community. They were committed to understanding and promoting social justice. They worked towards a society of dignity, peace, and basic resources for all people. Romero House was started in 1922 by Father Vince O'Flaherty, S.J.



Bobby Guererro put on a cheesy smile while grabbing dinner at the Romero House Hospitality Night held in Main Hall at Regis.



Keshia Cullins, Hope McGehee, and Ashley Marranzino grabbed a bite to eat during the hospitality and information night sponsored by Romero House.

Anne Flower, Liz Kitchen, and Molly Moss took a picture with the JVC recruiter during one of the Romero House Hospitality Nights. The hospitality nights were a way for students to learn more about social justice topics and grab a free bite to eat.

Jared Wright and Steven D'Angelo talked and enjoyed the free dinner provided by Romero House.



A group of students talked together while having dinner at the hospitality night.



Volunteers worked to clear out a space so planting could take place and the garden could flourish.



Students and community members worked together in order to make the community garden bountiful.



Two friends worked on planting fruits and vegetables at the garden.



Joe Kottenstette, an active community member, worked to weed the community garden. He, along with other key community members, was vital to the garden's success during the summer months.

Community Garden

Regis University Berkeley Community Garden (RUBCG) was a community initiated and maintained project between Regis University, Denver Urban Gardens, and the Berkeley neighborhood. The garden was located on Lowell Boulevard between 52nd and 53rd Avenues.

The garden was in its second year. The community garden and its supporters worked to produce fresh and healthy food in addition to providing a way to grow a sense of community pride.

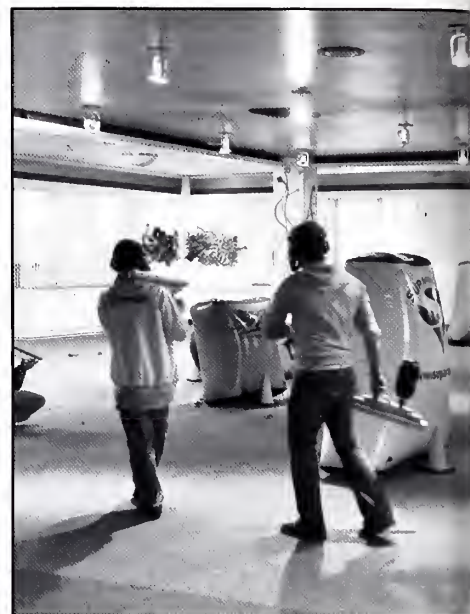


The large garden and its fresh produce at the peak of the growing season.

Weekend Programming

Weekend Programming at Regis worked to provide students with fun and new things to do. The committee organized weekend events (usually on campus) so that students could have a good time.

Programs this year included an ice skating trip to Evergreen, Bongo Ball, and a 'Jersey Shore' themed party.



Some Regis students prepared to hide out while playing Bongo Ball.



PAC Director

PAC Director Chelsea Coalwell wanted to get involved with PAC because she wanted to be more involved in organizing events students would like. "At a small university like Regis, it's hard to get involved but if you make an effort to get involved, the college experience will be that much more enjoyable," said Coalwell.



Students in their best 'Jersey Shore' gear worked the dance floor in the Grille.

Left: Tito Texidor, Ariel Wooldridge, and Chelsea Coalwell danced together at the 'Jersey Shore' Party.

Right: A group of guys got their gear together to play Bongo Ball.



Ski Van

The Ski Van was a program run for students who wanted to spend their days skiing or snowboarding. The van made trips to some of Colorado's best resorts including Keystone and Copper.

The ski van was available on a first come, first serve basis to any student who wanted to spend some time in the mountains.



Some skier friends hung out at the top of the mountain on a Ski Van trip.



Eddie Herrera and Bee Rangseys smiled together on the way back from a Ski Van trip.



The Ski Van group took a break before making their way to the bottom of the slopes.



Right: Two friends raised their boards before making their way down the mountain.

Left: Megan Welz and Sean Typher smiled while taking a ride to the top on the chairlift.



Tito Texidor and Seph Schied enjoyed a high mountain lake on a OAP backpacking trip.



Megan Welz, Becca Hedley, and Morgan Nitta took a break after hiking in the Crestone Needle area of Southern Colorado.

Outdoor Adventure Program

The Outdoor Adventure Program, or OAP, used the Ignatian tradition of "Finding God in all things" through the environment. The program helped students pursue a deeper understanding of the wild with experience, adventures, and environmental education. They designed their activities, such as hiking and rafting trips, for spiritual reflection and leadership development.

OAP helps students enjoy the natural beauty of Colorado while also growing spiritually and developing as a leader. Trips and events with OAP this year included white water rafting, hiking, and a rock climbing contest.



Participants in the Outdoor Adventure Program too advantage of a trail through the mountains in Southern Colorado.



An exhausted OAP'er took a break for a quick nap while on a OAP hiking trip.



Some OAP members stopped on their hike to take a goofy picture while in Moab, Utah.



Ryan Kieffer and Drew Macbeth participated in an OAP trip to Moab, Utah.



Some OAP friends paused for a picture and a snack while hiking in the Crestone Needle area.

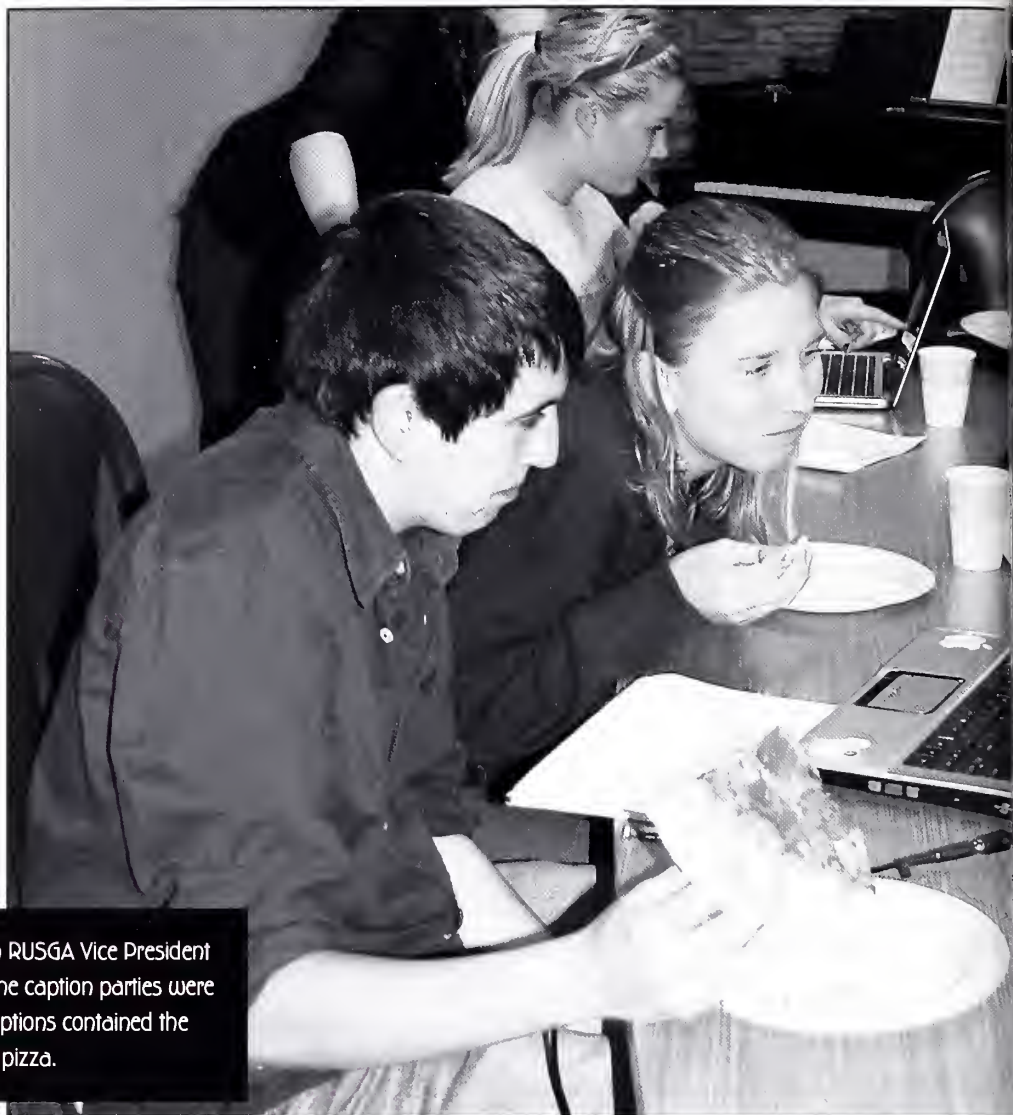


A group of OAP members stopped for a quick break and pictures at the top of the mountain biking trail in Moab, Utah.

Editor-in-chief Kelly Rawlins worked to help Shelby Wieman with one of her layouts during the caption party.



Student Life Section Editor Andrew Ross got help from RUSGA Vice President Jenni Shearston during the yearbook caption party. The caption parties were held for yearbook staffers to help ensure that all captions contained the correct names of students--plus, free pizza.

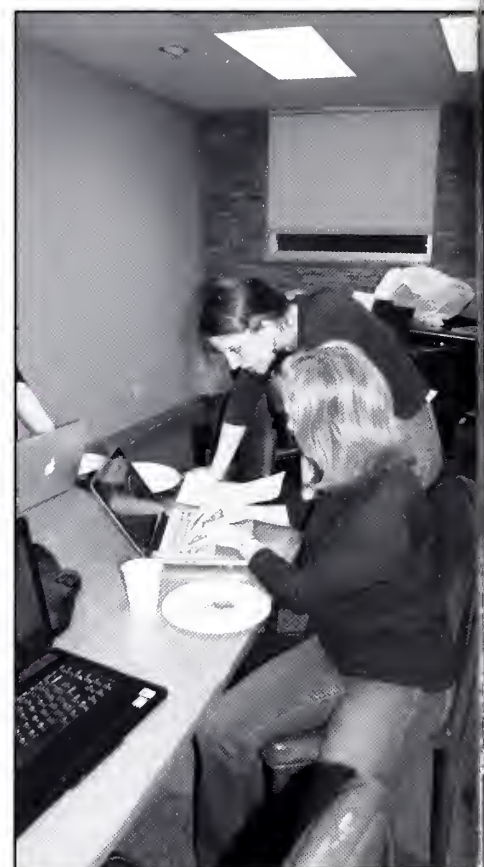


Yearbook

From the first weekend retreat in Georgetown, to working hard at caption parties, and to finishing layouts for the final deadline, the six yearbook staff members along with Adviser, Quinn Waller, took the time to get to know each other.

The bonding of the staff took place while they worked to create the yearbook which was given to students at the end of the year. The staff could be seen around campus taking pictures, doing interviews in order to complete layouts for deadlines, and hosting a yearbook happy hour to invite people to get their picture taken in crazy costumes.

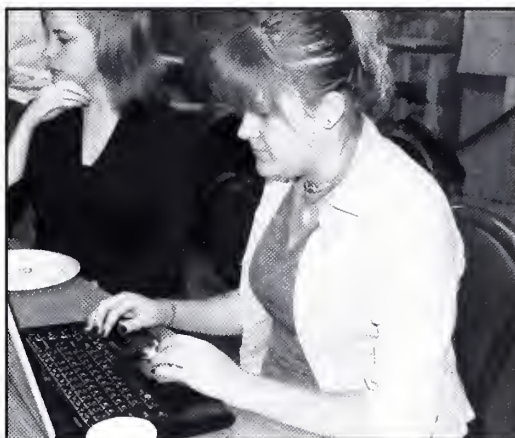
By showing how we were connected to Regis University through our roots, the staff hoped to effectively capture the year here at Regis.



Adviser Quinn Waller helped staffer Hannah Breece with layout for the academics section.



Academic Section Editor Hannah Breece and Sports Section Editor Shelby Wieman took a break during the annual yearbook retreat to enjoy the outdoors.



Yearbook Staff Photographer Sabrina Wilson was caught on the other side of the camera. This was Wilson's first year on the staff.



Clubs and Organizations Section Editor Justine Bufmack worked to complete her layouts at the caption party. Bufmack was a second year yearbook staff member.



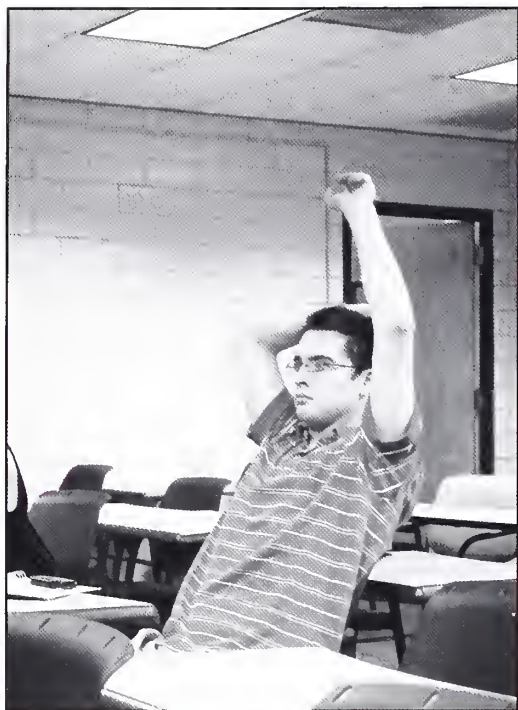
The fabulous freshmen, Sabrina Wilson, Shelby Wieman, Hannah Breece, and Andrew Ross took a picture break at the yearbook retreat in Georgetown, CO.



Editor-in-Chief

Editor-in-chief Kelly Rawlins loved being involved with yearbook because, "if I weren't a part of yearbook, I wouldn't know half the things I know about Regis. Being on staff the past three years has allowed me to get to know a lot of great people and feel a part of the Regis community. Being involved on campus makes me feel like Regis truly is my home away from home."

Ross Lehuta is sure he has a question during the Highlander meeting.



Anna Supinski and Candace Powell read over their copies of the Highlander. The staff spent the first part of their meetings going over the previous edition of the paper.

The Highlander

The Highlander was a student run newspaper that provided Regis University students with news on a bi-weekly basis. The student staff, advised by Dr. Leonardo Palacios, worked to keep Regis students informed about what was going on both on the Regis campus and in the surrounding community.

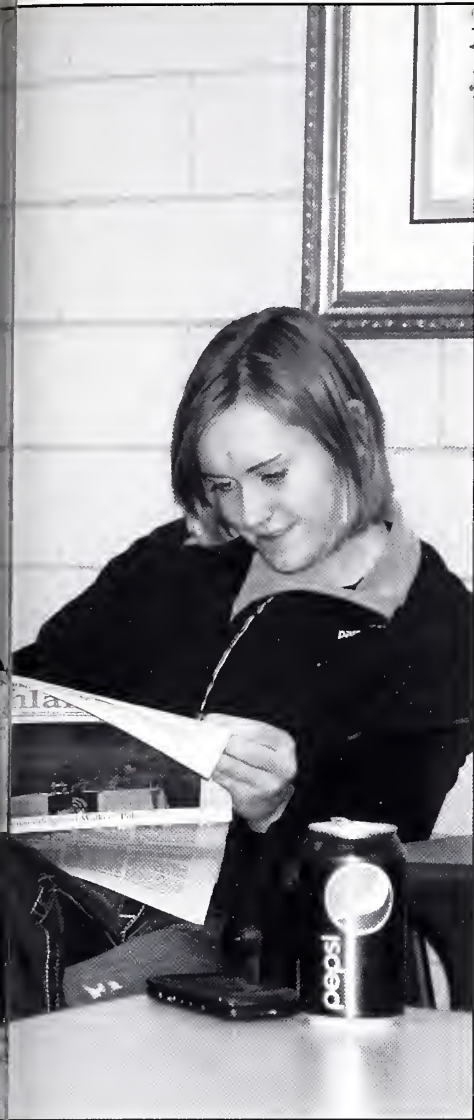
Putting the newspaper together wasn't always easy, however. Editor-in-chief Amber Alarid explained, "something always seems to go wrong at the last minute that we have to fix. But we always make it work."

The staff worked out of their office, which was located in the basement of the Student Center. They also held weekly meetings to assign stories and plan the next issue of the Highlander.

Each issue of the Highlander was available, free of charge, at several locations around campus. The Highlander was also available to read online at www.regishighlander.com.



Corey Holton, a fourth year staff member, read through news and was proud to his is work in print.



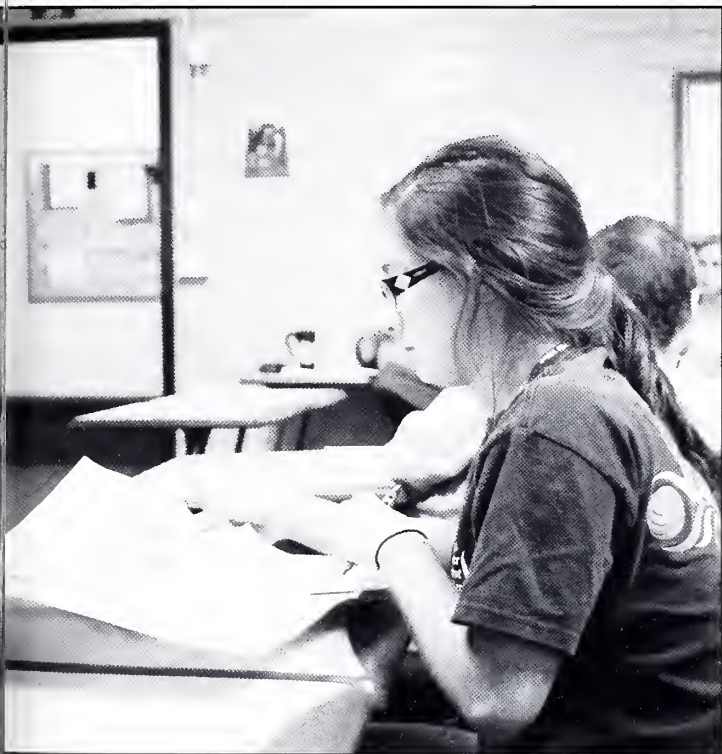
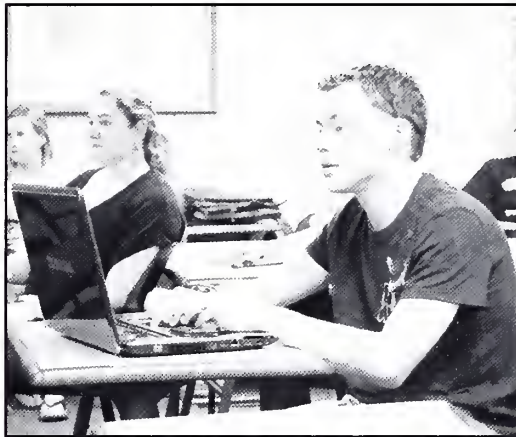
Madelon Morin focused during the Highlander meeting in order to find out her next assignment.



Candace Powell checked out her copy of the Highlander and reviewed the first issue of the year.



James Sengenberger took notes at the Highlander meeting for his work on the next issue. Sengenberger had worked for the Highlander for three years.



Editor-in-Chief

Editor-in-chief Amber Alarid got involved with The Highlander through her freshman seminar class. "My teacher asked me to turn a paper I wrote into a piece for the newspaper, so I did, and I ended up loving being a part of newspaper. I think it's so important to be involved on campus so you can meet new people and make new connections and learn about everything that goes on."

Kaitlyn Ponce read through the first issue of the Regis Highlander. During meetings, the staff talked about the things they did well and pointed out the items that needed improvement.

Staffer Bobby Guerrero kept his listeners updated on the latest news during his afternoon show.



Michael Bovee and Steven Gonzalez worked together during a show on KRCX. Bovee and Gonzalez were both first year staff members at the radio station.



KRCX 93.9 FM

The on-campus radio station, KRCX, added an interesting soundtrack to life at Regis University. Songs from artists ranging from Hanson to Bob Dylan could be heard while walking with friends to the student center or playing in the snow on the quad.

KRCX wasn't just music though, the station also featured talk shows with guests like Tom Tancredo, the 2008 presidential candidate. With all the variety, there really was a little bit of something for everyone.

Not only could this top rated college station be heard on the quad, but listeners were also able to get their KRCX fix anywhere in the North Denver community. Those wanting to listen to music and get news from KRCX could also stream the station online at <http://academic.regis.edu/krcx>.



Steven Gonzalez worked the turn table during one of his shifts at KRCX.



Staffer Steven D'Angelo worked some controls in the DJ booth to ensure the music was loud and clear.



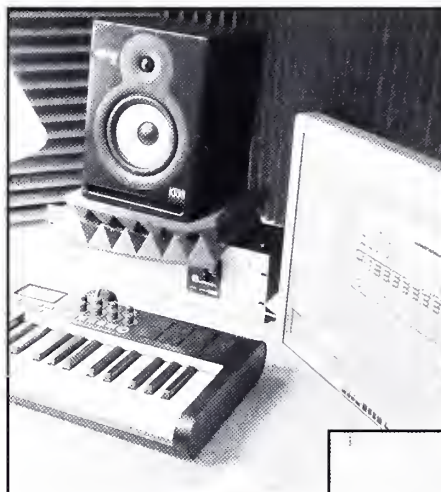
KRCX staff members discussed important items during the meeting. Meetings were held so staffers would know what the latest updates with the station were.



Elizabeth Kitchen talked with other KRCX staffers during the weekly meeting.

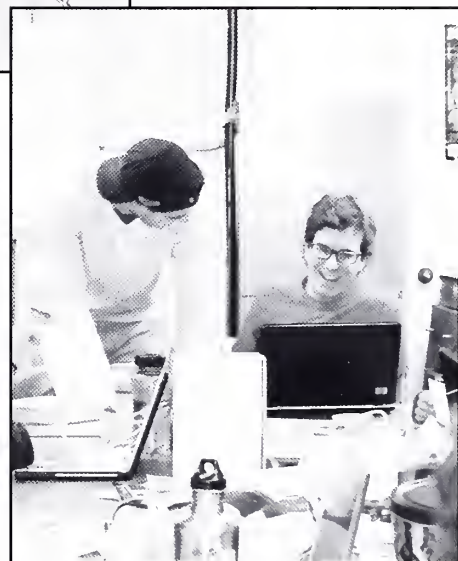


The staff of the KRCX radio station joined together for a group picture during one of their meetings. A variety of personalities equaled a variety of musical tastes.



A keyboard, speakers, and a computer were some of the key items in the KRCX studio. Radio hosts at KRCX used different kinds of technology in order to make the a great radio show.

KRCX staffers looked at the new music blog on the KRCX website. The website not only featured blogs written by staffers, but also allowed anyone to listen to the radio online.



Students for Life

Students for Life was in its third year as a club at Regis. The club was dedicated to upholding the dignity of life, from conception to natural death.

There are close to 15 active members of Students for Life. Their focus is abortion because, "there is such a great need to change our culture of death and the best place to start is the unborn," said club president Kristin Crocker.

Their main events this year included a pro-life rally at the capitol building and a talk with Bishop Conley.



Club President

Kristin Crocker has always been passionate about the pro-life movement and wanted to start a group at Regis. "Peer education is a much better way to learn and to get your voice heard. Plus I love meeting people with similar interests," said Crocker.



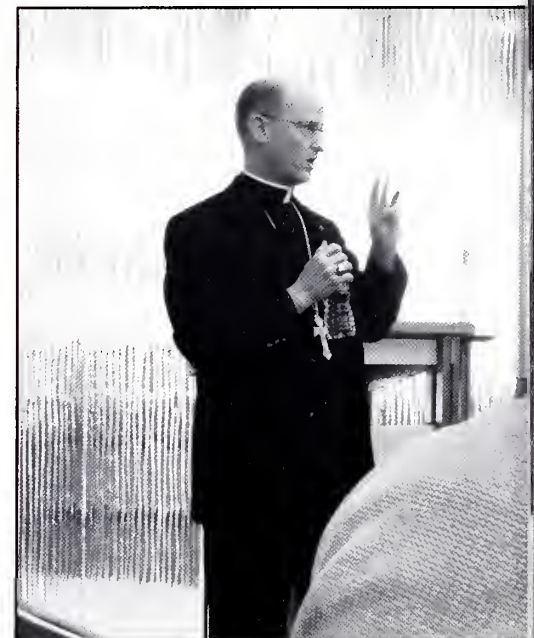
Left: Students for Life group members attended a pro-life rally at the capitol building in Denver.



Upper Right: Students for Life club members spent an afternoon learning with Bishop Conley.



Above: The pro-life rally outside of the capitol in downtown Denver.



Right: Bishop Conley led the pro-life discussion.

Poetry Club

Poetry Club was a new club at Regis. The club was founded and started by Reniece Carr. Carr felt that a good number of students at Regis appreciated poetry and would grow from having an outlet for their poetry with others who shared similar interests. Club members helped each other with their poems, attended poetry readings, and held their own Poetry Slam.



Reniece Carr participated in the discussion at the poetry club meeting.

Nikiya Price and Ashleigh Burton drew random words to write a poem about.



Club President

Peter Aquino was the president of Poetry Club. "Regis needs a big community of people that can get together and appreciate poetry. This is a good way to share what you love while building a community. I love the diversity of poetry club," said Aquino.



Luke O'Connor talked about ideas for upcoming poetry club events.



Rene Suleiman chose her word that would inspire her poem.



Poetry Club members picked up free notebooks at one of the weekly meetings.

Sandra Mitchell, a BSA guest speaker, led group members in a discussion at one of their meetings.



BSA members enjoyed time together talking and planning upcoming events that the club would sponsor.

Black Student Alliance

The mission of the Black Student Alliance (BSA) was to break down black stereotypes and prejudices while providing a safe, family-oriented group for those open to learning about the culture.

Black Student Alliance was particularly active during Black History Month. Some of their events throughout the year included "Open Mic, Open Minds," and participating in events for Martin Luther King Junior Day.

The members of BSA worked to promote diversity on the Regis Campus. All students were welcome to attend Black Student Alliance meetings and were invited to join BSA in working to continue their objectives of promoting diversity and breaking down stereotypes.



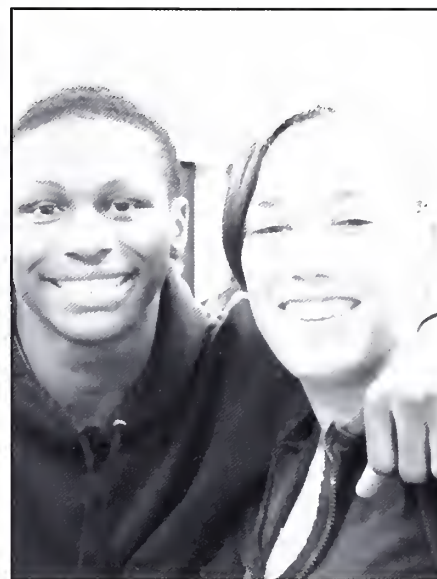
Members of BSA chatted together after the weekly BSA meeting.



Vice President Shaudae Collins took notes during one of the annual BSA meetings.



Myron Sanders and Sabrina Wilson shared a laugh together during the BSA soul food night.



Stevie Ledesma, Brandon MacLellan, and John Conley enjoyed their time together during one of the BSA sponsored events.



The Black Student Alliance members got together for a group picture during one of their weekly meetings.



Club President

BSA club president Ashleigh Burton got involved with BSA to be a part of a group that worked to bring people together and to give others a cultural perspective. "I think being involved on campus is important because it enhances the college experience, beside the academic aspect. I love being able to host and sponsor an event and know that you did it," said Burton.

Mikala Weingarten worked on a poster for the GSA sponsored Coming Out Panel which took place in October.



Elizandra Martinez, Corie Svoboda, Sara Skogsetch, and Ashley Simmons got ready to play (and hopefully win) a game of bingo. The bingo night, held in Walker's Pub, was just one of many events sponsored and ran by GSA.

Gay Straight Alliance

The Gay Straight Alliance was a club for everyone at Regis University. The club and its members hoped to spread acceptance for all students, faculty, and staff regardless of sexual orientation or gender expression.

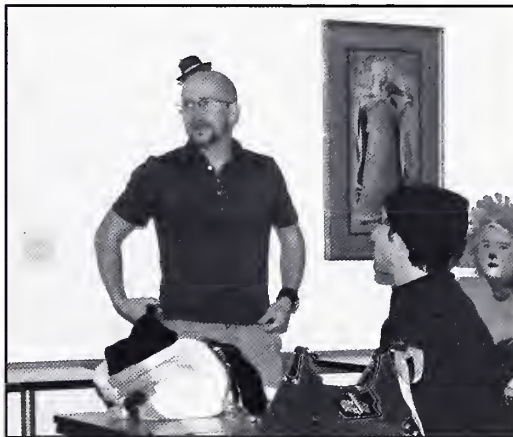
Members were involved in the organization of a bingo night, held in the Ranger Grill, and a Coming Out Panel where students were invited to share a meal and tell their stories. All students were invited to go and participate in the weekly meetings. Students were encouraged to go to the meetings and voice any questions, concerns, or just their general interest in diverse sexual orientation. The club had a warm and welcoming atmosphere that made GSA enjoyable for everyone involved.



GSA club member, Kelly Roark, discussed ideas for upcoming GSA events at the weekly meeting.



Tiffany Mead and Alaina Borg posed for a picture before enjoying GSA's bingo night.



Kathryn Sullivan gave her ideas for upcoming GSA events at the weekly meeting. Sullivan was a two-year GSA member.



GSA faculty adviser, Martin Garner, and club president, Brian Nakayama, put on their thinking caps and discussed items at the meeting.



Aimee Schmechtig watched "The A-List: New York" at one of GSA's meetings.



Club President

GSA Club President, Brian Nakayama, was involved with GSA because, "Regis University needs a safe and inclusive environment for not only LGBT people, but for all people. GSA creates more of a sense of community at Regis. It's important to join clubs and be involved to support causes you believe in. Plus, I love getting to meet new people and getting to build a social network."

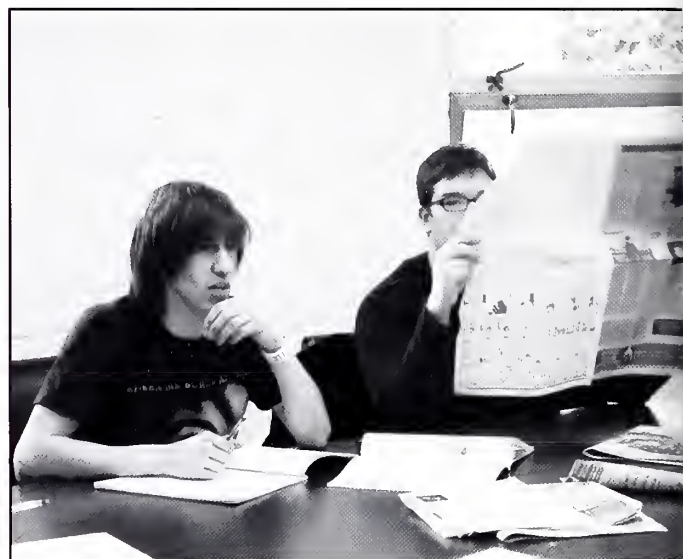


The Commuters at Regis club members talked about their upcoming fundraiser at one of their weekly meetings.

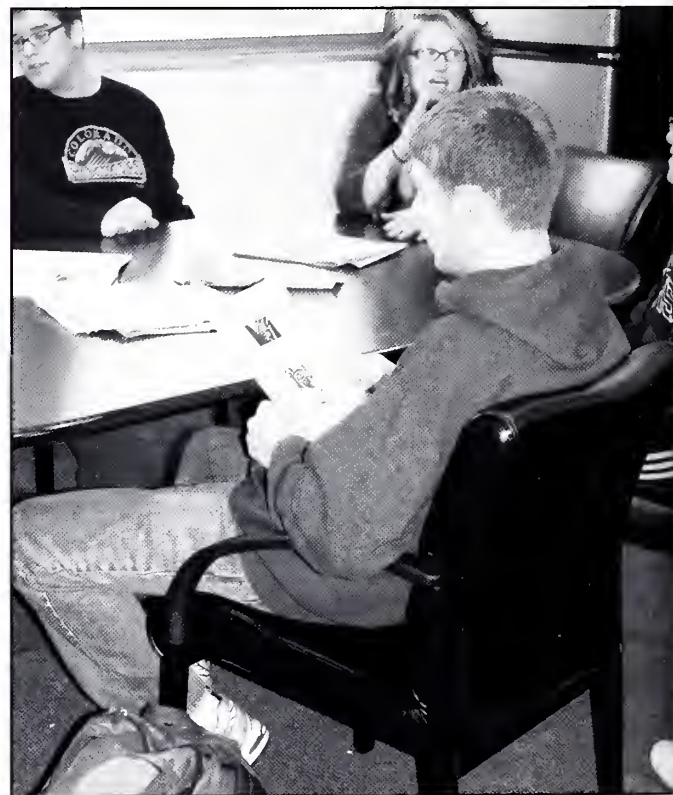


Left: Bre Brown voiced her opinion for the Commuters at Regis fundraiser.

Upper right: TJustin Carreras and Jordan Valdez worked on homework and read the newspaper in the commuter lounge that was provided for the Commuters at Regis.



Bottom right: The Commuters at Regis club members looked over the flier for the next fundraiser.



Club President

Lindsey Bonadonna, Commuters at Regis Club President, liked being able to connect with people. "It's important to be involved because it establishes new connections with people and without it you'd miss out. Regis has a lot of commuter students so this club gives a new way for commuter students to be a part of campus," said Bonadonna.

Commuters at Regis

The Commuters at Regis club was a new club for students who commuted to campus. Although the club was made up mainly of commuter students, they were open to any students who wanted to get involved and had residential students participate in their events. The club met once a week to go over upcoming events that they were putting on and to check in with one another.

The goal of Commuters at Regis was to help students really embrace campus life and to make new friends on campus by doing campus activities together like going to games and Thursday Thrills.

During the spring semester, the Commuters at Regis did service projects to benefit families in Uganda.

Art Club

The Regis University Art Club was formed as an outlet for students who wanted to express their artistic creativity.

The club participated in events like Safe Trick-or-Treat Street by helping kids paint pumpkins and doing face paintings. They also had booths during the RUSGA sponsored club fair that encourage students to join Art Club.

The club was open to any student who wanted to join. The Art Club not only worked with students on their art, but also helped its members make new and lasting friendships as well as lasting memories.



Melissa Piazza, dressed in costume, painted faces at the Art Club booth during Safe Trick-or-Treat Street.



Left: Sarah Koebel painted faces as an Art Club service project.

Right: The hand painted Regis Art Club sign invited students to go check out their booth during one of the club fairs.



Bottom left: Bri Burkett sketched some pictures at the art club booth during the club fair.



Club President

Art Club President Melissa Piazza enjoyed being in a club to be a part of something. "I love that art club helps to spread creativity across campus. It's important to make your voice heard and being involved is a great way to do that. Plus, it helps you make lasting friendships," said Piazza.

SHAC

The Student Honors Advisory Council, or SHAC was a group for students in the Regis University Honors Program. Together, these honors students planned community-based events and service projects. They also sponsored campus events like dodgeball tournaments for all students to participate in and attend.



Students listened to the Rocket Ship Debate that was sponsored by SHAC.



Honors students took in nature during the annual SHAC sponsored Honors Hike.



ASN members stopped to take a picture during the Father Woody Wrap Party. Participating in service projects was just one aspect of ASN.

ASN

Alpha Sigma Nu was the national honor society of the Jesuit Colleges and Universities in the United States. ASN members were students who had committed to the ideals of the Jesuit tradition. ASN at Regis specialized in carrying out the Jesuit vision of St. Ignatius Loyola. They participated in tutoring services and community service.

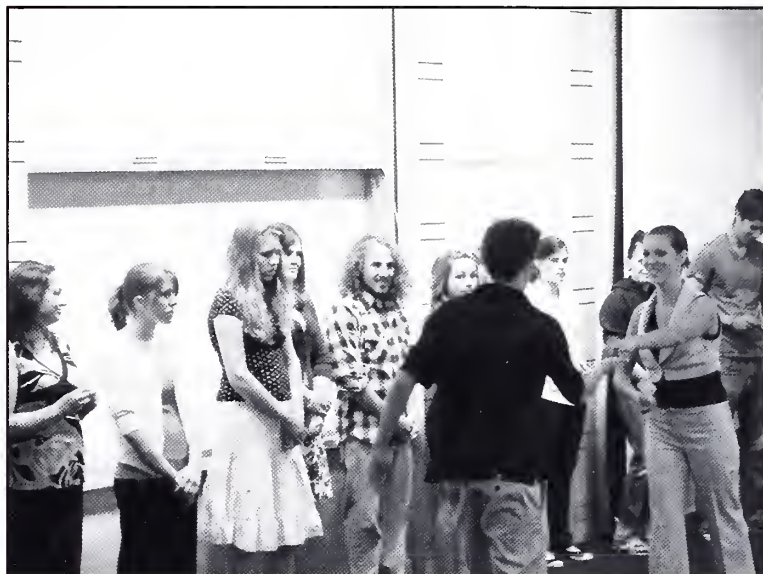


ASN alumni Carrie wrapped presents during the annual Father Woody Wrap Party.

NSCS

The National Society of Collegiate Scholars (NSCS) encouraged students to further their education by reaching out to community. NSCS was established at Regis in 2005 and has sponsored activities such as Integrity Day, Poker for Charity, and March to College day which encouraged youth to attend college.

NSCS members received their membership pins at the annual NSCS induction ceremony held in the science amphitheater.



Kelly Rawlins and Amanda Isenbart took the induction ceremony pledge.

Alpha Epsilon Delta members took a group picture during their weekly meeting.

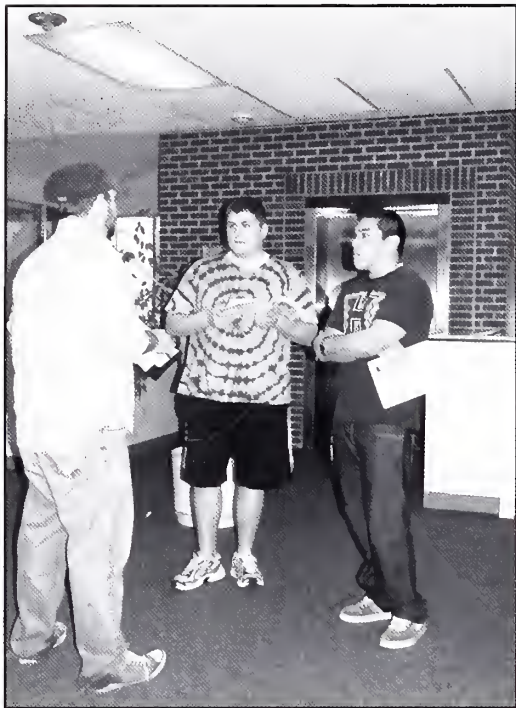
Emme Altepeter and Hunter Fischbeck listened during the AED meeting.



AED

Alpha Epsilon Delta (AED) was the honor society for pre-professional health students. AED gave students information about health professions such as M.D., D.O., pharmacy, dental, and physical therapy. The club also held a fundraiser for health issues, and community clean-ups.

John Mackey and Vicente Santiago worked together to rehearse their lines.



The girls of Ramblers practiced their dance moves during one of the Saturday rehearsals.



Ramblers

The Regis Ramblers were a musical theater club that performed a play in the Dining Hall in the spring. Through music, scene, and drama this group of dedicated people had a passion for acting, singing, and just having a good time.

The 2011 Spring production was Little Shop of Horrors. 'Little Shop of Horrors' was a musical about a florist shop worker who raised a plant that fed on human blood. In the past, the Ramblers performed plays such as 'Fame', 'Annie Get Your Gun', 'Footloose', and 'Grease.'

All students who enjoyed acting, singing, and dancing were welcome to join Ramblers. Everyone who wanted to be involved always could play some part in the production.



Some of the Rambler members did a run through of songs for the show during a rehearsal.



Vice President Carlee Taga and President Olivia Tracy took a break before show time for a quick picture together.



Reniece Carr reached out during the opening dance number.



Vicente Santiago sang his lines as Seymour during the 'Little Shop of Horrors' rehearsal.



Amanda Gustafson and Craig Hale talked about and rehearsed scenes from the upcoming performance of "Little Shop of Horrors."



Club President

For Ramblers president Olivia Tracy getting involved in Ramblers was a no brainer. "Ramblers is the only structured theatrical troupe on campus and it's important for students to be able to have this as a creative outlet. I love being able to meet people and to get to know people from different grade levels," said Tracy.

Spencer Jordan used his improv skills at the OutRegis! debut performance.



Jack Lincoln and Angela Mercier worked together to showcase their acting skills.



OutRegis!

OutRegis! was a club that was in its second year at Regis. OutRegis! was a theatre, improv, and speech club. Students used performance to draw attention to social justice issues in a comedic or dramatic fashion.

At weekly meetings and at performances, members learned improv and used comedy to create dialogue around social justice issues.

OutRegis! club members also put on their first improv show this year, held in the grill at Regis.



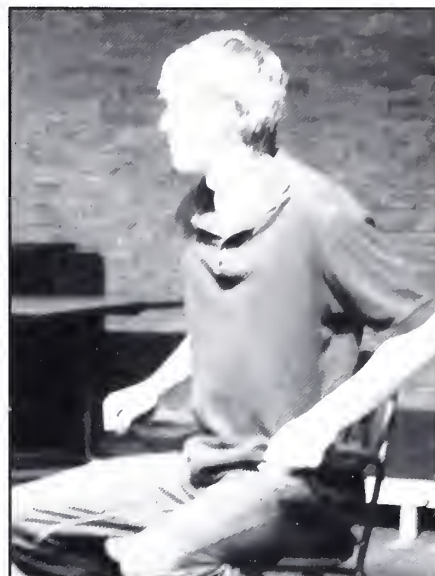
Shannon Hayes, Angela Mercier, and Jake Garcia were great and glorious sphinx from Egypt



Jake Garcia hit on Dianna Almanza, but Almanza could only respond using an audience member's text messages at the improv show.



Jack Lincoln pretended to be an ambassador of Belarus during an interview.



Spencer Jordan made his fellow OutRegis! members laugh and cry during the improv show.



OutRegis! club members and their adviser Janna Goodwin paused for a picture after their first improv show.



Club President

OutRegis! club president Angela Mercier stepped into the president position this year. Mercier said that she wanted to get involved with OutRegis! because Regis needed a theater program that wasn't just musical theater. "We have 'play dates' where we basically play improv games and it helps us have fun with each other. It's important to build relationships and communities on campus," said Mercier happily chewing on a Chipotle burrito.

Edward Encinias fended off an attack from a rogue machine in the fitness center.

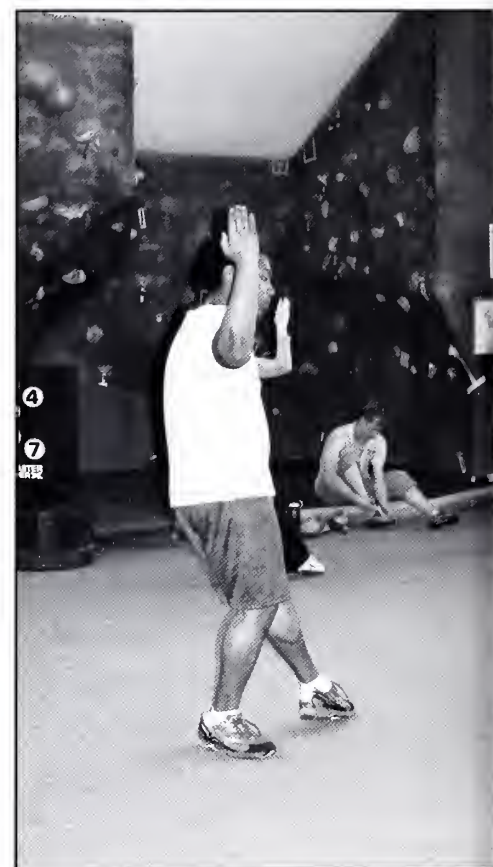


Students worked out during one of the weekly Tai Chi classes held at the gym. Tai Chi was a low impact workout that worked both the body and the mind of everyone who participated.

Fitness Center

The Fitness Center on campus was a workout environment filled with treadmills, weights, and other various work-out machines and equipment. This year, the gym was filled with new, top of the line equipment including virtual reality bicycles.

The Fitness Center also offered free classes for students, faculty, and staff. The classes included everything from yoga and pilates to an ab workout class and boxing. Many classes were taught by Regis students and provided a different type of workout for those students who wanted to add variety to their normal workout routine. Classes were offered Monday through Saturday at various times throughout the day and into the evening. Those who participated in the fitness classes had the opportunity to not only make new friends and meet new people, but also to burn off some steam and get a good workout.



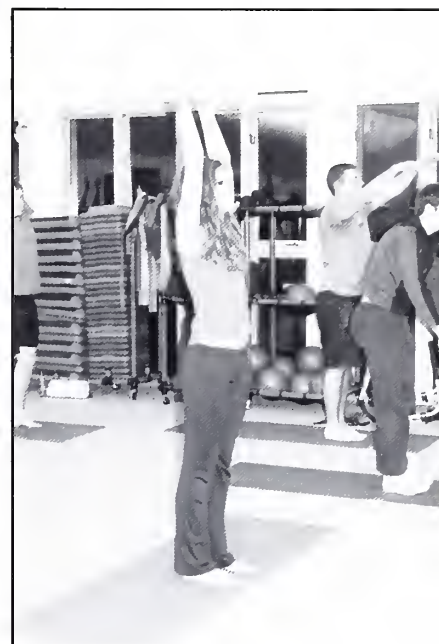
Craig Hale combined this Tai Chi move with a new move learned from Dancing with the Stars--the result was this picture.



Students enjoy a healthy snack in the newly improved Fitness Center during the open house.



Caroline Locke led a yoga class at the gym. Locke had been teaching yoga classes for both beginners and more advanced participants for two years.



A student got her workout on and took advantage of the new machines in the Fitness Center.



Students showed their cobra move in the "Yoga by Caroline" class. Yoga classes were offered multiple times during the week so more students would be able to attend and practice.



Three friends waited for their fitness class to start. The girls were attending one of the ab workout classes offered during fall semester at the gym.

Fitness coach Vincent Bustos helped a student work out in the gym. Fitness coaching was just one of the free services offered at the gym to Regis students.



Regis College Republicans

The Regis College Republicans were led by President Jimmy Sengenberger. They participated in events like Liberty Day (which taught local elementary school students about the constitution) and sponsored guest speakers to inform members about what was going on in the Republican party.

The club was open to any student who was interested in finding out more about politics.

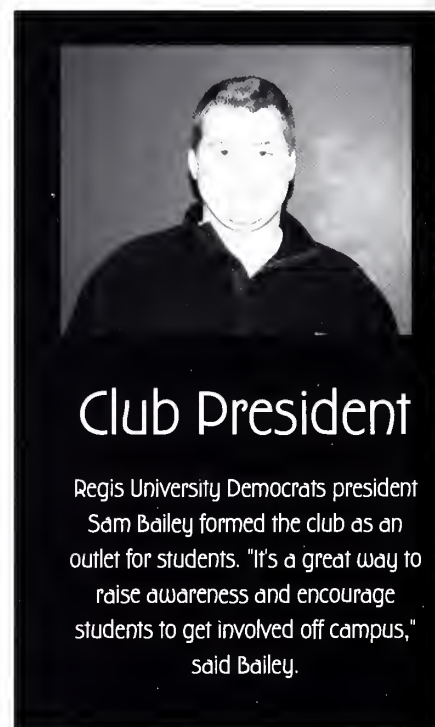


Students learned about the United States Constitution during the presentation.

Jimmy Sengenberger helped to lead the discussion with Lucia Guzman at the event held in the grill.



Senator Lucia Guzman answered student questions in an event sponsored by both clubs.



Club President

Regis University Democrats president Sam Bailey formed the club as an outlet for students. "It's a great way to raise awareness and encourage students to get involved off campus," said Bailey.



Christianna Landreth and Amanda Isenbart listened to the Constitution Day presentation.

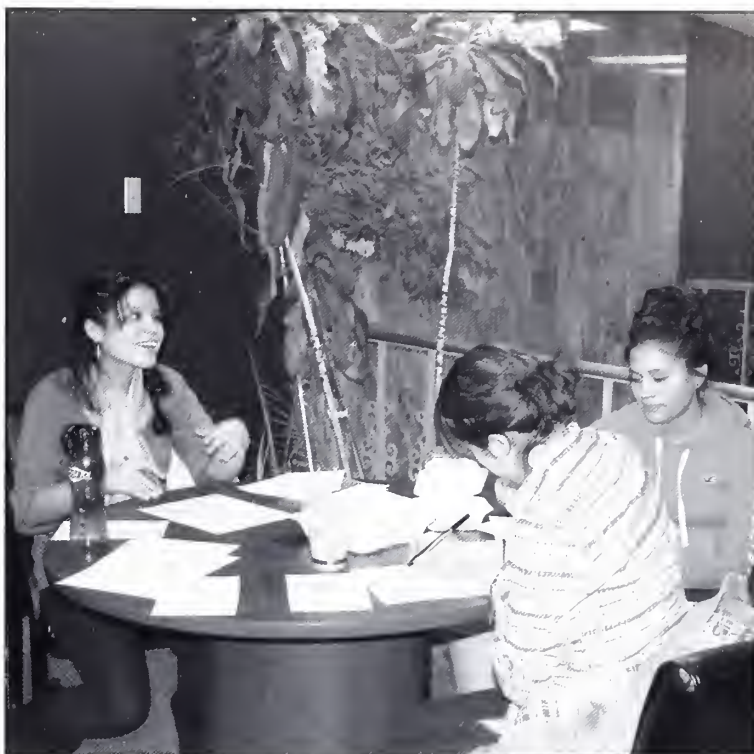
Regis University Democrats

The Regis University Democrats, led by President Sam Bailey, aimed to enlighten students on important issues. Although the club was associated with the Democratic party, they encouraged students from all backgrounds and political parties to join and engage in debate, conversation, and club events. The club, in conjunction with the Regis Republicans participate in the Liberty Day program.

Mi Gente

The mission of Mi Gente, meaning "My People," was to promote awareness about the Hispanic Culture around the Regis Campus. Mi Gente had been active for the past six years.

Mi Gente planned various activities for Hispanic Heritage Month every year. The activities included live performances from mariachis and barbecues. In addition to putting on events, Mi Gente worked to provide education about issues that related to Hispanic students.



Cristina Chacon, Alma Flores, and Shanti Montoya went over upcoming plans for the club.



Left: Nancy Vallejo took notes during the weekly Mi Gente meeting.



Right: Alma Flores and Shanti Montoya participated in the Mi Gente meeting.



Left: Mi Gente members worked together to get their club paperwork together during one of the meetings.



Club President

Cristina Chacon took on the role of Mi Gente president second semester because she really believed in the club's purpose. "I know I wouldn't have been able to just let ALAS stop existing.

We know each other's culture and that makes it easier to connect with someone socially. It's a great support system," said Chacon.

Active Minds advisor Cindy Wander, Nicole Cochran, Julia Cho, and Morgan Slaughter posed for a picture together during one of their activities on the Active Minds retreat.



Heather Sedbrook, Julia Cho, Amber Koneval, and Nicole Cochran wore their "To Write Love on Her Arms" shirts proudly to show that Active Minds supported the movement.

Active Minds

Active Minds was a club run by Regis students whose goal was to destigmatize mental illness by promoting open and enlightened discussions of mental health issues and to create a better life for all who suffered from mental illnesses. Active Minds also worked to prevent suicide and to promote mental health awareness.

The club worked to help students keep destressed. They sponsored Oasis during the finals breakfast and invited students to a Jackson Pollock style splatter painting event. Active Minds also had a lot of events that pertained to the non-profit organization "To Write Love On Her Arms."

Active Minds members were dedicated to informing and educating the Regis campus about the issue of mental health and getting the word out to students to let them know that they are not alone and that it is okay to talk to someone about tough topics.



The Active Minds members made "To Write Love on Her Arms" shirts to wear around campus in order to raise awareness.



Morgan Slaughter, Julia Cho, and Nicole Cochran spent time together during the Active Minds retreat.



Active Minds members showed off their "Love is Louder" statement in order to bring awareness to students on campus.



Active Minds members took a picture together during their time on the Active Minds retreat.



Two Active Minds friends showed off their "To Write Love on Her Arms" t-shirts to show their support of the suicide prevention and awareness movement.

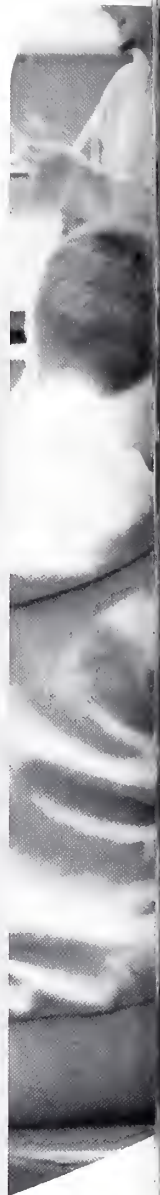


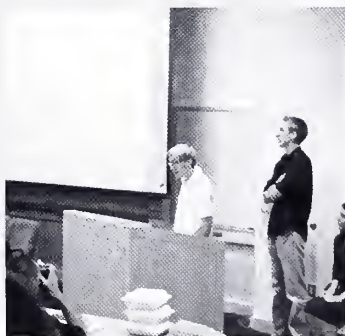
Club President

Nicole Cochran, president of Active Minds, liked being in a club to see all that Regis had to offer. "I love being able to plan events and see them through. It's great to be a part of something that's bigger than you and that you know will be a help to other Regis students," said Cochran.

Academics

Academica





Business



Edward Hiemenz, Carly Kraft, Demetria Velasquez & Tahra Porterfield enjoyed the funny start to class.



Professor Koch started his Services Marketing class with a brief conversation with the students.



Spencer Jordan, Christine Victor, and Bianca Holley worked on a group project.

Whether it was working on an online simulation, studying corporations and partnerships, or learning the principles of marketing, the business classes kept active in a variety of ways. Professor Tham's Introduction to Business classes, for example, participated in a program called BizCafe in which they formed groups and ran a virtual coffee shop.



Anthony Cordova, Diana Rodriguez, Sterling Seiber, and Amanda Skold collaborated on a simulation in business class.



Briggs Lebeau, Meagan Nickell, Elizabethiz Baty, and Zachary Blakeley participated in a class discussion.



Anna Supinski and Kelly Rogers watched a presentation in a marketing course.

Professor Edmonds prepared to hand back papers to his class.



Michael McElreath participated in the lively and apparently funny class discussion



Eric Lamar watched Kelsey Taylor as she diligently took notes.



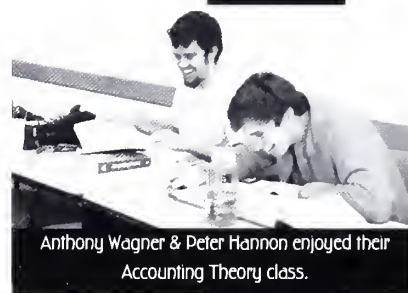
Accounting is a crucial part of running any business, sometimes referred to as "the language of business." Students in the accounting classes learned how to read income statements and balance sheets, to calculate a variety of significant figures for a company and to interpret them. What is expected of accountants entering the business world has changed over the centuries, so the professors worked particularly hard to prepare their students.



Philip Eidsness & Carly Wagner gave their professor full attention.



Professor Daly went around helping his Accounting students.



Anthony Wagner & Peter Hannon enjoyed their Accounting Theory class.

Accounting

Economics



Magdalena De La Torre and Norma Uribe chuckled as they rifled through papers and listened to discussion.

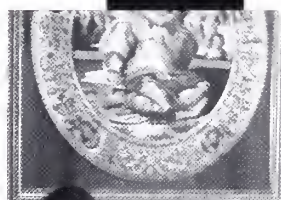


Clarence Fontenot and Justin Nguyen took notes in Dr. Richard's class.



Dr. Richard

Not many Regis professors could say they were going to school in Texas back when Willie Nelson was just getting started at the Armadillo World Head Quarters. But, Dr. Jim Richard could! Dr. Richard was a Jesuit priest for 40 years spending time working for a fellow Jesuit's low-cost housing program from 1976 to 1977. He was immensely shocked and aggrieved when the brothers he knew so well were killed just ten years after he left, and knowing them and losing them greatly impacted his life. Beyond his time in Central America, Dr. Richard had spent thirty years at Regis and several more between his first teaching job with high school sophomores and time at Gonzaga University. He has seen a lot, but he still found himself challenged, delighted, and surprised by his students on a regular basis. "Education is a two-way street," he said. Not only do students learn from the professors, but the professors learn from the students, as well. When students leave his class, Dr. Richard wanted them to walk across the stage at graduation and have confidence in their brains and what they can do. No matter what, in life "one has to be true to one's spirit. That's absolute," he said.



Ellyn Andrews, Shalyn Philip, Sarah Martin, and Elizabeth Sloan did some last-minute reviewing before their test.

Maria Molina and Kaleb Kircher studied their screens.



Students in Dr. Steele's class were hard at work.



Scott Bannick, Matthew Murieta, and Russell Drew were intently focused on their assignment.

Proving that "all possible knowledge" is contained in "a random sequence of 0's and 1's" was just one of the many things the Computer Science department did. The students were always kept busy, whether converting decimals to binary, octal, or hexadecimal numbers, working with Dijkstra's Algorithm to find the shortest path, or writing equations in a number of forms. The students found the teachers all very helpful, happy to go over common mistakes and mentor whenever necessary.



The students bent over their notes and worked on their computers.



Dr. Steele explained the principles of programming.



Michelle Bernhardt and Brad Hobson had to smile when they discovered they missed the memo about class being canceled.

Computer Science

Communication



Dr. Margesson's class held a discussion.



Luke Johnson, Demetria Velazquez, Melissa Piazza and Dylan Docker listened to Dr. Hill's lecture.



Students in the Advertising Theory and Practice class learned about modern advertising techniques.

How do advertisements and television events affect our lives? More than most of us know, certainly. The Superbowl is the one event that brings the largest-size gatherings in a home... even beyond Christmas and Thanksgiving! Information like this reveals so much about a culture and its values, and reading such statistics gives communications majors ideas of how best to communicate. Students in the communication courses learned how to target their audience and express themselves creatively and imaginatively.



Dr. Margesson addressed his students.



Oscar Lomeli, Simone Olive, and Dyana Gutierrez took careful notes.



Lizzy Sepe shared points from her organizational communication paper.

Michael Benson and Chris Trujillo listened to the lecture.

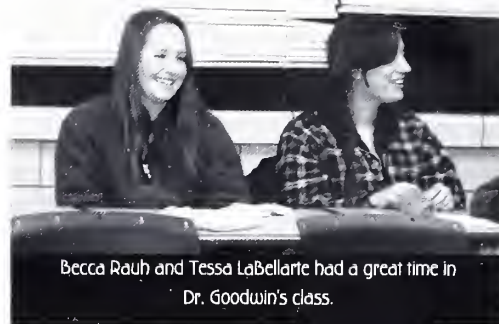


Ryndi Zastrow listened to Dr. Goodwin review the reading.



The students took diligent notes in Dr. Dimovitz's Literary Feminism class.

Women and Gender Studies students examined the modern and historical roles and achievements of women in fields historically dominated by men. They looked at the intersections of race, gender, and social class and its implications in different cultures. In the courses, students often analyzed dialog in performances and written works, sometimes even performing them, and they analyzed the works for their world view and culture concerning gender roles. Majors in this field enter a wide variety of careers from law to government, teaching, and counseling.



Becca Rauh and Tessa LaBellarte had a great time in Dr. Goodwin's class.



Erin Lewis and Kelsie Carpenter laughed at Dr. Dimovitz's joke.



Ty Lain, Cade Cyphers, Tracy Goettsch, and Alexis Ortega paid close attention in their Literary Feminism class.

Women's Studies

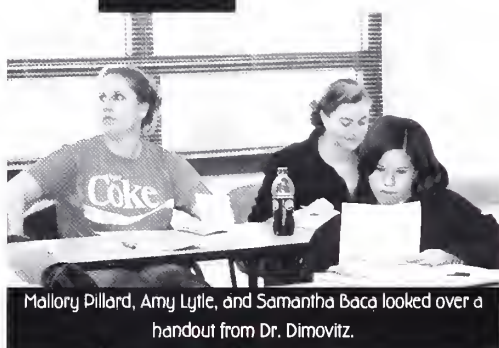
English



Zach Blakeley and Charlie Henderson debated in their class.



Dr. Swanson's Short Stories class contemplated her point.



Mallory Pillard, Amy Lylie, and Samantha Baca looked over a handout from Dr. Dimovitz.

Fixing misplaced modifiers and comma splices may not have been uncommon occurrences in English classes, but that was certainly not all the students did. The department was like a candy store to enthusiastic English majors who could choose among a wide variety of classes, including studying pieces of British literature, short stories, myths, and cultures. Because of the diversity of the field, students found that their other classes from art to women's studies and everywhere in between intersected with their English classes in astounding ways.



Mary Davis, Audrey Keenan, Taylor Clemens, Vanessa Wos, and Brad Hobson enjoyed Dr. Swanson's lecture.



Shayna Nixon, Alexis Ortega, and Sarah Franzino worked hard in British Literature.



Dr. Swanson opened her class with a few jokes.

Dr. Taylor returned papers to Jessica Howe and Amalie Menzer.



Jennie Brozena and Mikala Weingarten studied the results of their lab.

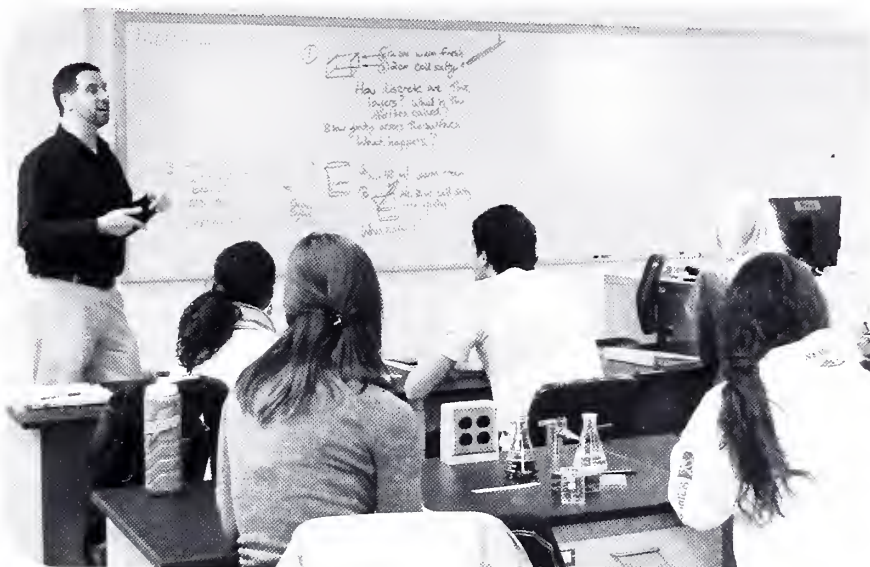


Anthony Barrack and Dominique Williams simulated waves in Dr. Ghedotti's class.

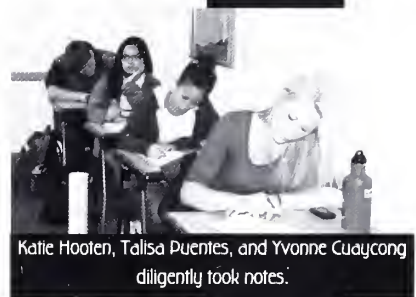
Environmental studies courses were designed to teach students about the world around them. They allowed students to explore topics including natural resource depletion, urbanization, and plant and animal life, often looking into the implications of the global political and economic climate. Although Environmental Science majors hope to work for non-profits, government agencies like the Division of Wildlife, and other organizations, students of every major found the courses enjoyable.



Dr. Taylor's class listened to his lecture on parental caring methods in nature.



Dr. Ghedotti wrapped up the lab with a class discussion.



Katie Hooten, Talisa Puentes, and Yvonne Cuaycong diligently took notes.

Environmental Studies

Biology



Jay Rollinson & Jeff May work together in lab.



Jenny Tim & Chelsea Naegele worked at the microscope.



Kelsey Poos-Benson & Wendy Serrano practiced using a giant graduated cylinder.

As the study of life, biology encompasses a lot. From the tiniest known particles to the largest plants and animals, Regis' biology students were exposed to a world of knowledge through engaging lectures and hands-on labs. The professors worked closely with every student, and biology majors were supported along their path and given the opportunity to intern at institutions in the Denver area.



Tyler Thorson & Elizabeth Bisio examine a specimen under the microscope.



Trissana Burke set up the microscope for her experiment.



Elizabeth Jaster had a great time in her biology lab.



Dr. Basham

After growing up in Aurora, Colorado, attending undergraduate school in Minnesota, and graduating school in Rochester, New York, Dr. Basham is now back in Colorado and has been teaching at Regis for about six years, currently as the Director of Neuroscience. In his junior year of college, a "screen was lifted," and he knew that he wanted to understand human behavior by learning how the brain worked. It was both "great and it was scary," he said. Upon getting his undergraduate degree in psychology, he spent a few years in a research lab before going to graduate school for neuroscience. Although he initially thought he wanted to do research, he fell in love with teaching when he was asked to teach a class at DU. Being a university professor is a perfect balance for Dr. Basham; it involves both teaching and research. He is excited and truly passionate for the neuroscience program here. There are only 44 programs for neuroscience in the US, and Regis' is one of the best, he said.



Dr. Lafosse explained a packet on the parts of the brain to the students in his neuropsychology class.



Jen Shanley and Abby Whalen worked together on a lab naming the parts of the brain.



Jeff Petrenchik and Steven D'Angelo studied a model of the brain.

Neuroscience

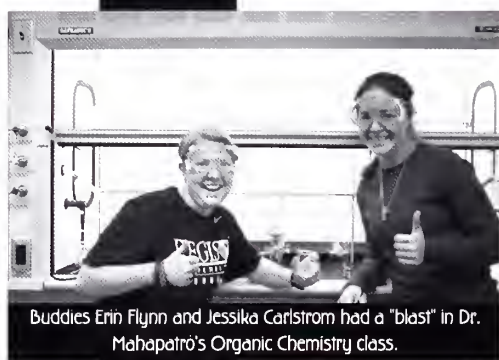
Chemistry



Jeff Hassebrock and Caitlin McDonnell worked under the hood.



Students meticulously measured chemicals and supervised the process.



Buddies Erin Flynn and Jessica Carlstrom had a "blast" in Dr. Mahapatro's Organic Chemistry class.

Chemistry may not make the world go 'round, but it certainly explains a lot of it. Students in the chemistry classes absolutely loved them; the professors were "funny" and "personable," and the experiments were exciting. "My favorite project so far has been making the bottle rockets," said one student. Most agreed learning about reactions and actually making them work was great. The professors did an amazing job of explaining the processes and helping students to better understand what they were seeing.



Nikki Inthavong and Remmy Nguyen synthesized Tylenol.



Kelsey Leinweber and Amanda Brungardt read their thermometer.

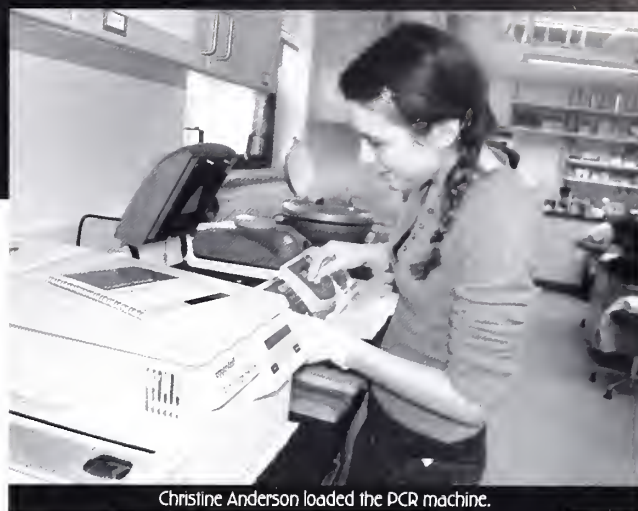


Samantha Rozo checked the measurement on the side of her beaker.

Dr. Betz showed off some of the lab equipment she was using.



Chris Ghincea enjoyed his work in Dr. Betz's Molecular Biology Lab.



Christine Anderson loaded the PCR machine.

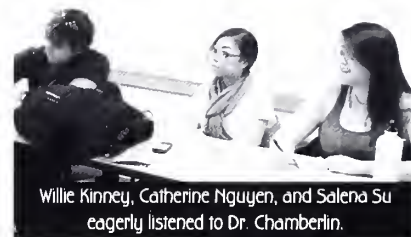
Science major or not, one could hardly help being fascinated by the experiments the biochemistry students performed, nor could one help feeling anything but comfortable around the light-hearted and helpful professors. Students were not only gaining valuable information from classes to prepare for the infamous MCATs, a topic of conversation in more than one chemistry class, but they were also creating a firm base for any science-based career, nursing, education, research, or anything else.



Salena Su and Cassi Konopasek worked on analyzing their lab results.



Karina Tlaxcala and Christine Anderson injected DNA into gel.



Willie Kinney, Catherine Nguyen, and Salena Su eagerly listened to Dr. Chamberlin.

Biochemistry

Physics



Ashley Marranzino listened to her lab partners.



Grant Robbins, Megan Moroze, and Alex Lynch worked together on a lab.



Amanda Brungardt and Kelsey Leinweber studied light reflection using Snell's Law.

Physics students spent their time studying the various laws of physics including Newton's and Snell's Laws. The classes focused on applying the laws and theories to real-life situations in a very hands-on format. Although it sometimes required students to devote a lot of time, they really enjoyed it, especially working in groups. The professors were great and always walked around the room to make sure their students were doing everything the right way and understanding the material, all while allowing the students to think critically for themselves.



Students in Dr. Koliko's class worked on their lab.

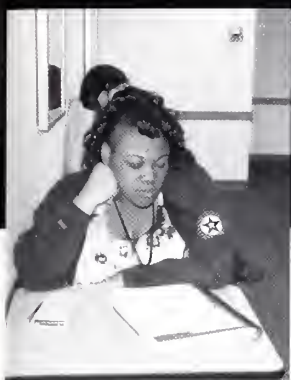


Physics was great, but sometimes a bit mind-boggling...

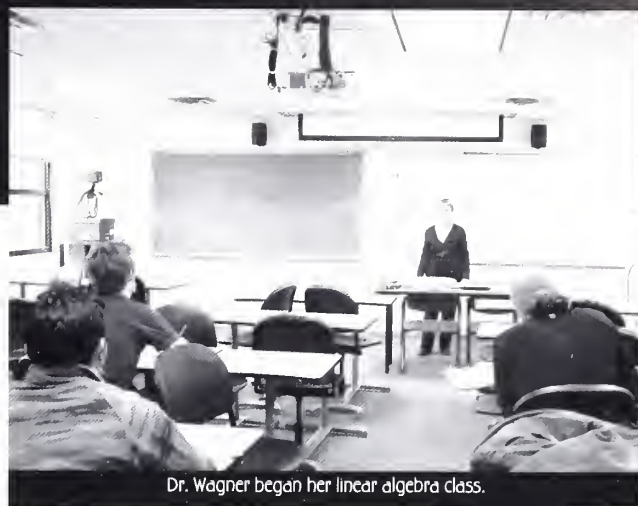


Dr. Hart gave a PowerPoint presentation to her class.

Adar Johnson studied her notes before class.



Erina McGuire and Mike Minges looked over a paper for calculus.



Dr. Wagner began her linear algebra class.

Students swore by their math professors for turning a sometimes-difficult subject into something that everyone could understand. They "simplified the concepts and formulas to a level that was easy to understand," one student said. Studying and staying on top of homework was essential, many agreed, but the same was true of any class. The math department encompassed statistics, calculus, and a variety of courses for education majors among others.



Sitting in the front row, Keanu Harris and Mike Dettig were avid math students in Dr. Wagner's class.



Dr. Trenary's calculus class received instructions for a national online survey.



Breanna Backlund carefully calculated a problem set.

Math

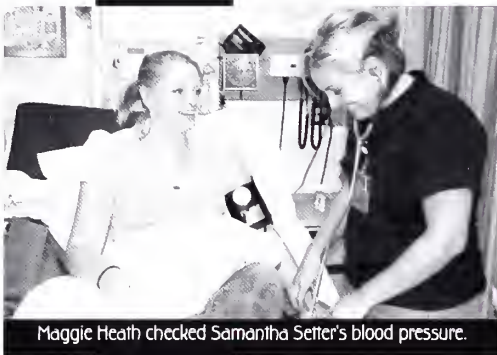
Nursing



Nursing students practiced transferring a patient using a slide board.



Samantha Setter with her patient in lab.



Maggie Heath checked Samantha Setter's blood pressure.

Graduates of the Loretto Heights School of Nursing had a reputation for being well-rounded and knowledgeable nurses. They learned in state-of-the-art simulation labs where they could practice on interactive mannequins. They also had the opportunity to practice inserting IV's. Students all agreed that the instructors are among the best out there. Nursing students also spent a large portion of their time in the clinical setting gaining hands-on, real-world experience.



Eileen Tran & Hannah Kretzel listened to a mannequin's breath sounds in nursing skills lab.



Students learned how to insert a feeding tube into a patient.



Colleen Kissinger demonstrated how to draw medication from a vial.

Students learned the proper techniques for assessing newborns.



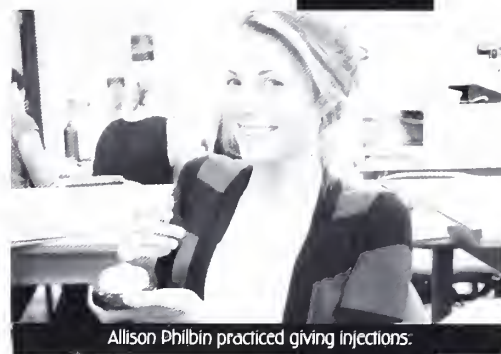
Chris Durby listened to his patient's breath sounds.



Sara Baumberger, Jaqueline Lopez & Katrina Mierkey assessed each other's vital signs. Good news, everyone was still alive.



Students took a tour of Little Sisters of the Poor, where they volunteered throughout the semester.



Allison Philbin practiced giving injections.



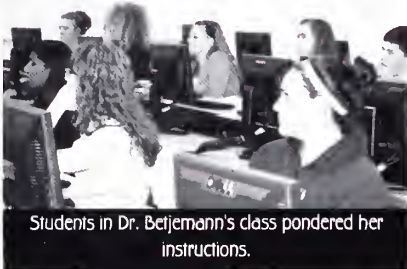
Jamie Mann checked Sara Baumberger's hearing using a tuning fork.



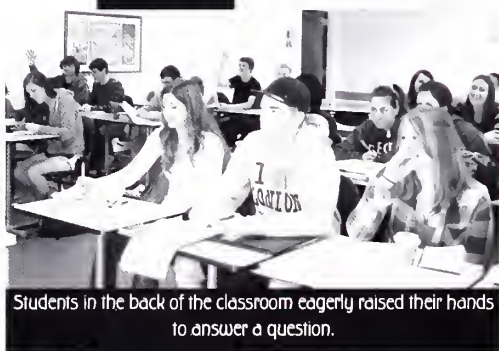
Lorena Brennan served as a perfect patient as Jacqueline Lopez & Brigitte Clench took vitals.

Nursing

Psychology



Students in Dr. Betjemann's class pondered her instructions.

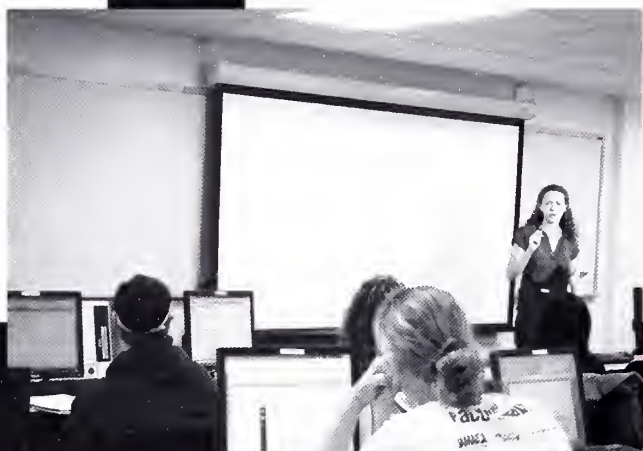


Students in the back of the classroom eagerly raised their hands to answer a question.



Fr. Shelton began class by discussing moral thinking and development.

Psychology students are offered a myriad of opportunities to better understand and gain experience in the subject. The department annually holds Rat Olympics, and students work with their rats for weeks in preparation for the event. Upperclassmen students are also required to do a research study of their own creation. Others, psychology and non-psychology students alike, are encouraged to volunteer for these studies to help the researchers with their projects.



Dr. Betjemann instructed her class on the proper layout for a PowerPoint poster for a project.



John Conley looked up at Dr. Shelton while Austin Fite checked the text.



Ashley Gonzalez listened to a classmate's contribution.

Bethany Hyatt studied for her midterm.



Claire Brown & Amanda Isenbart discussed ways to include every student in the classroom.



When it comes to preparing the future generations to lead the world, one can never be too careful. Children and young adults require very special people to help them grow, and the education students were ready to start. Introduction to Education students analyzed different parts of the educational system and applicable laws such as the "No Child Left Behind Act." They also discussed the reform that needed to be done to balance out inequalities. Students were required to spend a minimum of 15 hours observing and working in local classrooms.



Nick Capra, Kyle Mack & Devin Echardt waited for their Teaching the Exceptional Student class to begin.



Building good team work skills, the students worked together on an assignment.



Claire Brown, Liz Daly, Shelby Shriver, and Karin Taylor had a good laugh while going over an assignment.



Everyone participated in the discussion.

Education

Sociology

Students listened as a group of peers gave a presentation on social imagination.



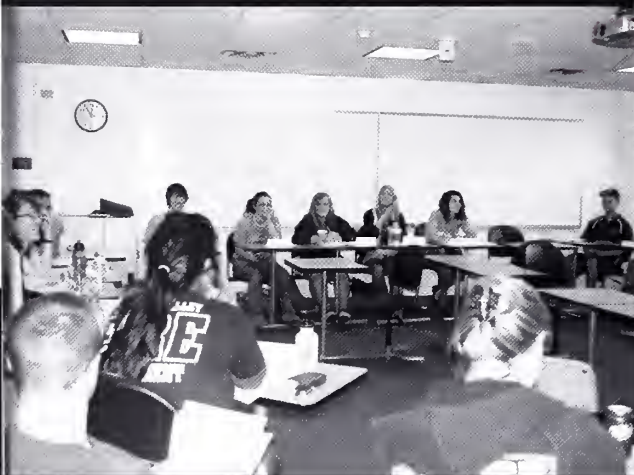
Students in the Introduction to Social Anthropology class took notes.



Delaney Roach, Emily Mullen, Morgan Gengenbach, Molly Moss, and Luke O'Connor tried to make sense of this crazy world.

Students in sociology classes covered a variety of topics dealing with how society affects individuals and groups. "My favorite part of the class," said one freshman student, "is learning about why we act the way we do in groups... why we feel hurt or embarrassed or angry." The professors worked hard to provide an environment that was both fun and conducive to learning.

Students in Professor Passerini's class gave group presentations.



Professor Thompson opened with discussion about their book, "Ishmael."



Joshua Swallow gave a presentation during Professor Sanli's class.

Katarina Mendoza and Rene Suleiman led class discussion on John Stuart Mill.



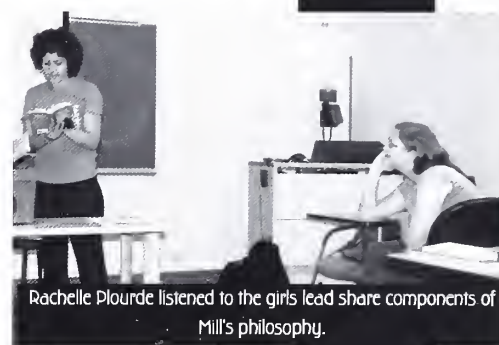
Professor Howe greeted his class.



Students in Professor Howe's class began discussion.



Philosophy is no light subject. After all, pondering the meaning of life and the approach to proper morality through the eyes of philosophers such as Plato, Kant, and Nietzsche requires a great amount of reading and analysis! Students greatly enjoyed their philosophy classes, however. They provided rich discussion and sometimes even heated debates, particularly in Dr. Adkins's Honors Philosophical Explorations class.



Rachelle Plourde listened to the girls lead share components of Mill's philosophy.

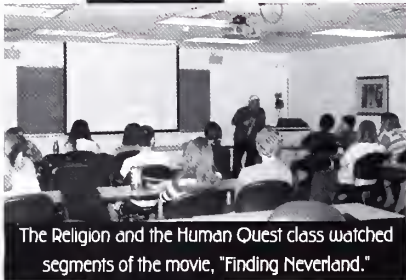
Students pondered the meaning of life.



Aaron Harms, Max Callaghan, Taylor Thorn, and Hilary Dalton shared their thoughts on the reading.

Philosophy

Religious Studies



The Religion and the Human Quest class watched segments of the movie, "Finding Neverland."



Professor Balani taught his Buddhism class from the floor. Contrary to popular belief, sitting at a desk with your eyes closed is not the most best way to meditate.



Kyle Emge, and Catalina Hooser listened during a discussion of belief in angels.

Religious studies courses were well-rounded and numerous here at Regis. Each course had a slightly different perspective, whether it looked at mystics, saints and radicals, world religions, the Bible, or any other theme on spirituality. Discussions were rich, and the students played an active role in presenting information to the class.



Omar Alshahrani, Christine Leider, Elizabeth Liberateore, and Garrett Paffenroth listened as Dr. Brumbaugh began class.



Sarah Magill and Sarah Marietta took a second to smile for the camera.

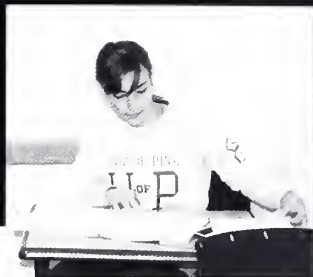


Linhdan Nguyen and Peyton Lunzer listened as Professor Balani described the traditions of Buddhism.

Cristiana Landreth practiced her skills as a book sales person.



Caitlin O'Brien looked over her notes.



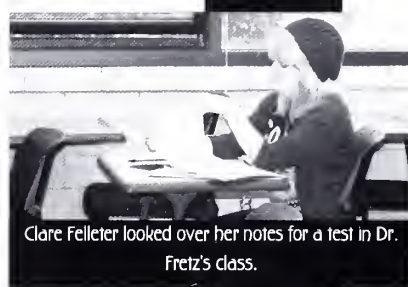
Matthew Drake, David Ledoux, and Bianca Holley enjoyed class.

Peace and Justice classes examined social issues and promoted analysis, discussion, and action in the Jesuit tradition of men and women in the service of others. The students were challenged to question themselves and encouraged to incorporate the concepts of peace and justice in everyday life. The skills they learned will be useful for a lifetime in working with and for others.

Students in Professor Raath's class stopped to smile for the camera.



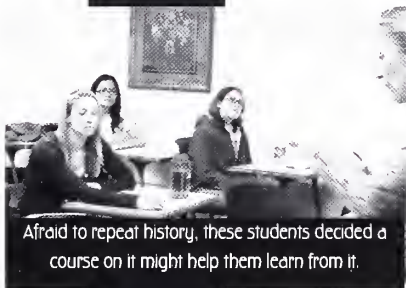
Professor Raath discussed the reading with his Money and Power in Biblical Tradition class and tried to explain to his students that they need not sit so far away because he, in fact, does not bite.



Clare Felletier looked over her notes for a test in Dr. Fretz's class.

Peace and Justice

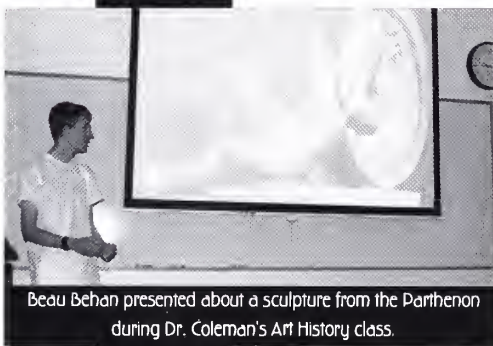
History



Afraid to repeat history, these students decided a course on it might help them learn from it.



Everyone gathered around the table for a class discussion. From left: Erin Trumble, Gus Maxwell, Fr. Guyer, Grant Mather, Danny Chan, John Troller, and Tim Pullno.



Beau Behan presented about a sculpture from the Parthenon during Dr. Coleman's Art History class.

Regis offered an abundance of history classes that targeted students from a variety of majors from art to science. The department encouraged student discussions and presentations, as well as critical thinking and analysis. History majors and non-majors alike were enthusiastic about their classes and enjoyed the opportunity to see the world from a different perspective and place in time.



Maggie McNamara, Emily Basta, and Edward Encinas listened in World History: Ecological Perspective.



Ted Emery, Cullen Arnold took notes in Western Civilization.



Professor Frantz-Murphy began class.

Sarah Zagel watched a presentation in class.



Kaleb Brooks posed for his future campaign photo.



Ryan Tollefson, Charles Henderson, and Timothy Lewis listened as Dr. Schmidt lectured.

Students in the Political Science classes learned about the forms of government around the world, the public policies instituted, and their subsequent effects. The classes helped students to better understand and analyze policies and the world around them--skills helpful to any career path. Students enjoyed their classroom experiences and always spoke highly of their professors.



The International Politics class worked diligently.



Aleksander Pshichenko & Stephen Dennis took notes during class lecture.



Bryan Riley listened to class discussion.

Politics

Foreign Language



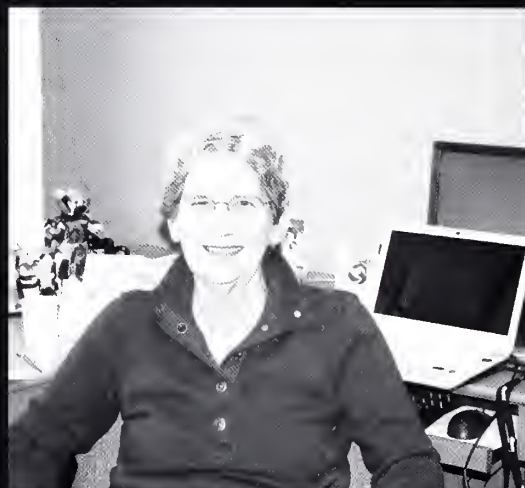
Tim Terry & Michael Benson enthusiastically spoke to one another in French.



Her class giggled when Dr. Medina made a joke in Spanish.



Julie Le and Ryndi Zastrow looked over a passage in their French book.



Dr. Medina

At the age of five, Dr. Elizabeth Medina began her study of music and was accepted into a music conservatory by the age of thirteen. An accomplished musician, Dr. Medina was also one smart cookie. She began her studies at Havana University at sixteen, however, the turmoil of the Castro regime, for which she was adamantly against, forced her to flee to the United States at nineteen. Dr. Medina earned her bachelors from Wayland Baptist College in Plainview, Texas, and went on to obtain a Master's Degree a year later from Texas Tech. Traveling the country with her best friend she ended up in Boulder, where she completed her Doctorate in Spanish at the University of Colorado. While completing her dissertation, Dr. Medina began teaching at Loretto Heights. Upon the closure of Loretto Heights, she interviewed and obtained a position at Regis in 1988. Along with teaching at Regis, she has taught at CU Boulder, Metro State, and Denver Health. Dr. Medina has three children, all of whom are graduates of Regis, and two grandchildren.

Professor Brand provided snacks to his students.



Kelly Rogers and Spencer Jordan seriously pondered the reading in Latin.



Alyssum Phillips and Lauren Williams laughed at Dr. Medina's joke.

Foreign language classes at Regis were great, students all asserted. The classes might not have been easy, but the professors taught in a way that was conducive to learning the language. After having had previous language classes, students found the unique method of learning vocabulary and translating in the German classes particularly helpful. Whether in Spanish, French, German, or Latin, students invariably gave oral presentations and carried on conversations in class.



Morgan Potter and Ashton Nuvolini aimez le français.



Audrey Huguley and Abby Whalen listened to a discussion in French.



Nate Lange and Magdalena De La Torre translated a passage in Latin.

Foreign Language

Fine Arts



Michael Bovee worked on a still-life in class.



Katie Hooten & Nichole Rezner watched Eugene Stewart's demonstration on how to color within the lines.



Aimée Janisch clearly did not 'dread' showing teaching assistant, Vanessa Bahr her print.

Visual arts allowed students to express their creativity in a way no other class did. The professors worked exceptionally hard to share their knowledge and experience with the students, whether helping them create a properly balanced composition or giving little hints and tricks for each medium.



Sarah Bernhardt used charcoal to complete a picture of a table with boxes and vases.

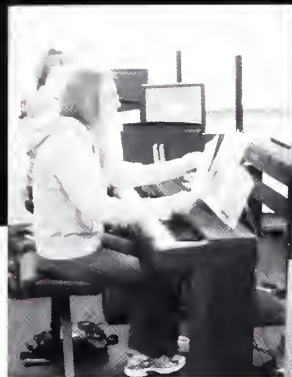


Sophomore Andrea Villamar inked her plate.



Eli Lane discussed his painting with Professor Ikeda.

Megan Knez pulled out her sheet music.



Rebecca Hedley tuned her guitar.



Visual arts were just a portion of the Fine Arts department. The performing arts, namely music, made up a large chunk of those courses. Piano, choir, and guitar were just a few of the many music classes offered to students with abilities ranging from beginner to advanced. Regis also had a film department in which senior students worked to plan, write, direct, and cast their own short film. Students in the performing arts department always spoke highly of it, not only because the classes were great, but because they had the opportunity to learn so many ways to express themselves, whether for fun or a future career.



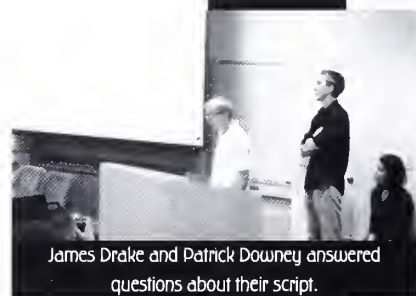
The 2010-II senior film class, their professors, and the actors they casted for the initial table read.



Zachary Ahlers and Catherine Nguye practiced their independent pieces.



Professor Shannon prepared to direct a jam session with her class.



James Drake and Patrick Downey answered questions about their script.

Fine Arts

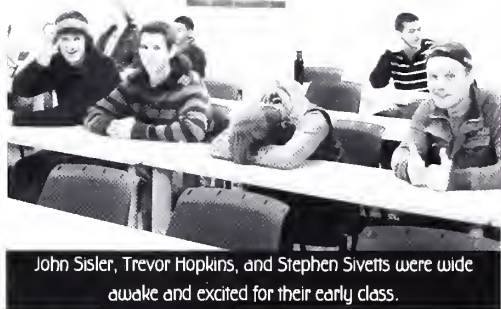
Commitment



Stephen Pipal and Michelle Ospina wrapped gifts for needy families.



Father Woody's wrap party, in the dining hall, was hopping with cheery volunteers and lots of loud Christmas music.



John Sisler, Trevor Hopkins, and Stephen Sivetts were wide awake and excited for their early class.

The Commitment Program assisted its students to transition smoothly into the college life by providing extra learning support, individual and group advising, specialized classes, and unique study groups. The program also focused on community-mindedness, requiring all students to spend time volunteering. Commitment students were highly involved with the Fr. Woody program, which included a huge winter-wear drive and subsequent wrap parties to benefit the needy, as well as frequent trips to a local homeless shelter.



Kate Ponce and Julie Cox helped at Fr. Woody's Wrap Party.



Dr. McCabe chatted with student Michelle Ramirez.



Max Tuppan was happy to be in Forum.

Stuart Jenkins and Hannah Jones reenacted a scene from Dr. Faustus.



Rachel Sellers and Michael Mudd enjoyed the Honors luncheon.



Olivia Tracy, Katharine Meyer, Kathryn Sullivan, and Ben Closson had a lively conversation while enjoying one of the monthly Honors luncheons.

Students with a deep love of learning and a notable sense of self-motivation are accepted into the Regis University Honors Program as freshmen, and they remain a part of that tight-knit community through their senior year. The program required a series of vigorous courses through the four years, cumulating in a special Honors thesis in each student's area of study. The program also offered an array of social events including regular luncheons, a hike at the beginning of the year, and a trip to the theater, among other events.



Some of the girls posed for a picture before leaving to dine at the Cheesecake Factory and see 'A Christmas Carol.'



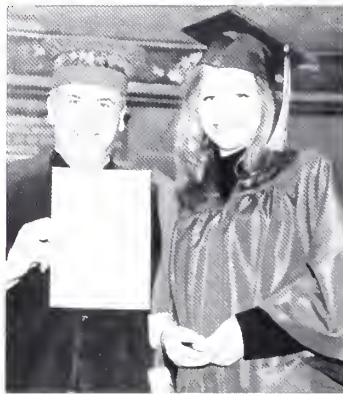
Some students in the Honors program relaxed with a picnic after a hike with Dr. Palmer at the beginning of the year.



Shannon Quirk and Jenn Evon enjoyed Connie's chili and the company of peers.

Honors

Study Abroad



Kelly Rogers-- Paris, France

Spending her entire junior year abroad meant Rogers had the opportunity to take many classes from schools including the Université de Paris-Sorbonne, the University of London Institute in Paris, a tourism school, and a cooking school. While there, she received a diploma in Advanced French from La Sorbonne. She highly recommended the study abroad experience and said, "I'll guarantee it will be one of the (if not THE) most rewarding experiences of your life!"

Amalie Mentzer-- Sevilla, Spain

Environmental Studies major Amalie Mentzer had a fantastic time studying in Spain. She stayed with a host family with whom she got along very well, and she was surprised by how quickly she settled into her life there. While there, she not only strengthened her Spanish skills, but she was able to explore the other countries and cultures in Europe. The highlight of her trip, she said, was traveling through Europe during the 2010 World Cup.



Emma Elliott-- Sydney, Australia

Junior Emma Elliott studied and went on many adventures in Sydney, Australia. She loved going to the beach frequently and was pleasantly surprised by how friendly the people were. Elliott attended the University of Sydney and took a variety of elective courses to fulfill her requirements as a nursing student. "You learn so much about yourself, the culture, and become much more independent!" she exclaimed.



Aaron Georgas-- Costa Rica

The nursing major from Mobile, AL, spent a summer in San Jose with a host family and two American roommates taking classes in medical Spanish and Costa Rican healthcare and tropical diseases. He was pleased to see that he picked up the language quickly, though he had not taken Spanish in a long time. "EVERYTHING" was great, he said. "This was by far my favorite summer ever!"



The study abroad program at Regis offered students the opportunity to spend up to an entire year studying in another country and other culture. The students all had a wonderful time. To the right are some of the students during their overseas adventures. Caitlin Oken prepared to bungee jump; Amalie Mentzer posed with a travel buddy; Kelsey Schmidt plucked a chicken after killing it and before eating it; and Jenna Smith soaked up the Grecian sun.

Katie Rosenheim-- Florence, Italy

A senior from Portland, OR, Rosenheim spent the month of June learning all about photography and the history of Florence. Her classes were hands-on, and the history teacher, she said, "would take us out... and would show us where history would take place." Spending even a summer there made her truly appreciate the culture and feel a part of it.



Mary Beth Navo-- Sydney, Australia

"Studying abroad was an amazing opportunity that taught me a lot about myself and a lot about others that I never realized. It also made me thankful for everything I had and how happy I am to be a student at Regis," the Psychology major and Women's Studies minor said of her time abroad. Mary Beth studied at a university of 30,000 students just 40 minutes away from downtown Sydney.

Kelsey Schmidt-- San Salvador, El Salvador

Although she studied with a program through Santa Clara University at the University of South America in San Salvador, El Salvador, Schmidt did far more than just study. She also worked at a library and mingled with the locals. "I had to kill a chicken, and EAT it!" she exclaimed about one of her adventures. She loved her time out of the country, saying, "I am so surprised at the gifts of faith and joy that I received in a journey of solidarity and carry with me today."



Joshua Hosch-- Salzburg, Austria

"Salzburg is full of history and has a reputation for music," the junior said of the small city in the Austrian Alps. While studying there for the 2010-11 school year, Hosch took classes that "capitalized on the unique setting" where he was studying and included Austrian history, culture, music, and literature, as well as German. It surprised him to find how open the people were there. He made the most of his experience by spending time in other parts of Europe, as well.



Caitlin Oken-- Stellenbosch, South Africa

Feeding elephants, bungee jumping, petting cheetahs, and caving were just a few of the marvelous experiences that senior Caitlin Oken enjoyed while studying abroad. She became very close to the people in her group. "We were like family!" she said. She stayed in a suite with four other girls, and as a sociology major and politics minor, she enjoyed studying the transitioning governments in Africa.



Study Abroad

Career Services



The Health Professions Career Fair, on September 28th, was a huge success.



Hendrikje Kasper and other fair attendees visited with a spokesperson from the University of Colorado Hospital.



A spokesman for Rehab Visions spoke with students about the company.

Regis University Career Services provided a number of resources and opportunities to both current and past Regis students in the form of resumé assistance, career counseling, interests and skills tests, and more. Career Services also put on several job fairs through the course of the year with representatives from the branches of the military, and companies like Kaiser Permanente, among others. The program was a fantastic resource for those seeking employment.



Michael Mudd spoke with representatives from the Latina Initiative.



David van der Vieren talked with a man from the National Renewable Energy Laboratory.



Victoria Dunlop spoke with a Craig Hospital employee.

Lacey Fischer interned at the National Ice Core Laboratory.



Clara Gallagher worked for the Karsh and Hagan advertising agency.



Jennifer Fendrich spent time working at Disney World in Orlando, FL

Many Regis College students, of all majors, have taken advantage of the opportunity to complement their academic career with an out of the classroom experience. Through the internship program, students challenged themselves to gain real work experience. The program included businesses throughout the United States, so students could go virtually anywhere to get the competitive edge the modern work world demanded. Approximately 40% of Regis graduates have participated in the program, so the students pictured are just a few of many.



Teddy Montanus completed his internship in New York with Fox Sports.



Lynne Montrose, the Director of the Internship program, met with student Heidi Chandler about good programs for her.



Josh Kniss worked at the Denver Medical Examiner's Office.

Internships

Senior Theses



Patricia Krmpotich

Who is Prince Charming... really? In her thesis, Krmpotich pursued the answer to that very question. The question occurred to her after spending time at the Renaissance Festival and taking Dr. Palmer's class, Who is Jane Austen? She set out to discover what the combination was in the essences of those Prince Charming characters and how they are portrayed in a literary sense. Krmpotich has studied the heroes of classics such as Hamlet and Jane Eyre, the musical Into the Woods, and the fairy-tales made Disney movies—Snow White, Sleeping Beauty, Rapunzel, and Cinderella. She also took a survey of some Regis students to see how other people saw him and how their perceptions either matched or did not match what she had found. Krmpotich said that her time here has "been the best, most magical" experience. Her parting words? "People need to stretch out their 'happily ever after' as long as possible." Regis is wonderful, and students need to enjoy it.

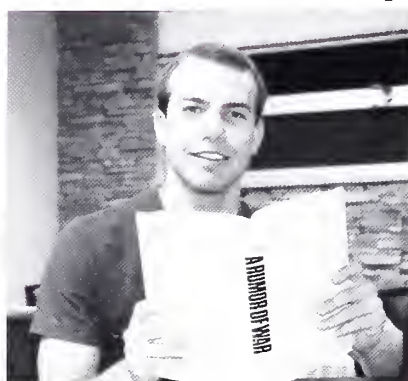
Melissa Piazza

Piazza, a Fine Arts and Communications major and President of the Regis University Art Club, is using her thesis project to celebrate her time here at Regis and commemorate her wonderful friends and experiences. Her emphasis is in painting, so Piazza is combining the art of skiing and snowboarding with the art of painting. How? you may ask. By painting abstracted portraits with each one's interests and personalities on blank snowboards, of course! Piazza has loved art for as long as she can remember. Her family has always been artistic, so "it's in the blood," she said. After graduation, she is looking to find experience with media and design, or she may go to grad school for her MFA. She has loved her time here and encourages others to "be open to everything because your experiences shape your personality." Having a good sense of humor about everyday experiences will make the college days even better.



Gus Maxwell

Gus Maxwell has been busy in his four years here. Not only was he Student Body President this year, he was also a graduate of the Honors program with a double major in History and Politics and a minor in Economics. "Simply put, history is my first love," he admitted. His father, a high school history teacher, entertained him and his sister on long car trips with stories about "Charlamagne conquering France, or Francis Scott Key writing the 'Star Spangled Banner.'" His thesis was a study of the My Lai Massacre of the Vietnam War. The massacre, which resulted in the death of 500 civilians at the hands of a company of American soldiers, was "a black day in the history" of the war. "I'm trying to argue that the massacre was not so much a factor of the soldiers just losing their minds," he said, "but that it was a consequence of the way the Army was prosecuting the war."





Amanda Gustafson

Women's ordination in the Catholic Church is a controversial issue, and one that Religious Studies and Fine Arts major Gustafson explored in her thesis. She was brought up in a Catholic family and attended a Catholic school from the time she was in 5th grade, but it was a high school teacher who got her interested in why it has all lasted thousands of years. Combined with her love for painting, it was only natural for her to choose those as her majors. Her thesis examines Biblical history and why the Church chooses only males for ordination. She supports the reemergence of the women's deaconate, and is examining the issue in the light of all of the modern changes with post-Vatican II. Her experience here has been great, she said, and "don't be afraid to speak your mind. Don't be afraid to share your opinions," she advises others.



Christina Meadows

With dreams of the silver screen, Meadows, a Writing and Directing major and general studies minor is ending her senior year with a mini-film of her own.

The film, entitled *Déchiré* (which means torn in French) is the story of a Nazi faced with the order to kill the Jewish woman whom he secretly loves and who loves him, and she plans to film it in both French and German. Like all film students, she has worked hard to research and write a script, find actors, go through a table read, and direct her own short film. "What we're doing is our babies," she said. "This is the climax of our journey." From these films, students make deals and meet serious filmmakers. Although she originally wanted to be a director, Meadows discovered through her classes that she really wanted to be a writer, and she is excited for what the future holds.



Corey Holton

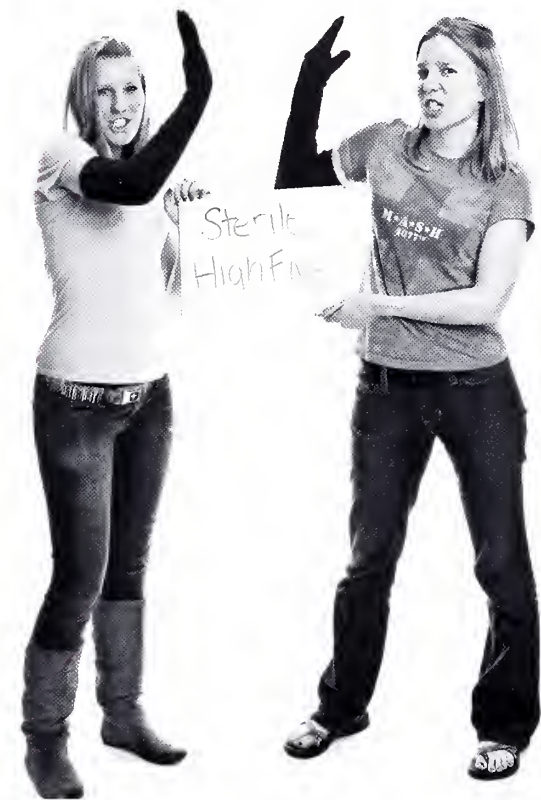
A Sociology major, Philosophy minor, and graduate of the Honors program, Holton enjoyed his time here with all of the great classes and people. He particularly loved being an intern with the Office of Admissions because it allowed him to share his love of Regis with others. He completed his time at Regis with a thesis on the Cuban embargo. "There is a serious economic problem brewing in Cuba, and when the Castro regime ends, it will reach a critical point," he stated. Holton spent many hours researching, writing, and organizing his thesis, and is focused particularly on the agricultural aspect. An introductory class drew him to sociology because it "gives concrete answers to questions about society and the world we live in." He also loved how it combined "activism with scholarship." After graduation he plans to pursue either an officer program with the U.S. Coast Guard or law school.

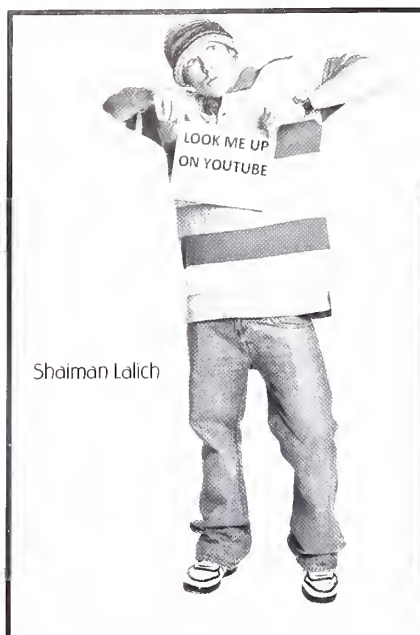
Senior Theses

Individuals

Personae



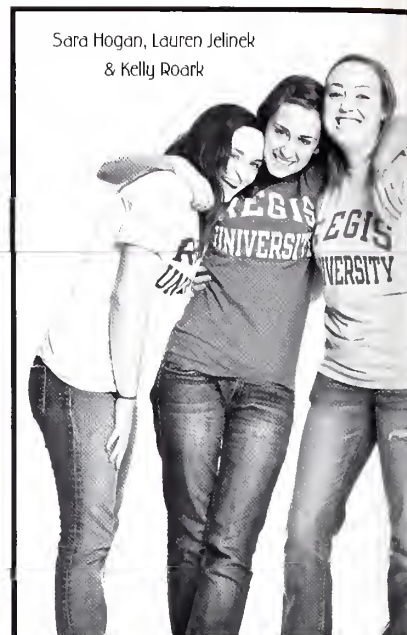




Shaiman Lalich



Leah Simon, Colleen Kissinger, Kelly Rawlins, Jennifer Keefe,
Lorna Brennan, Dani Davis, Jacqueline Lopez & Lana Jadid



Sara Hogan, Lauren Jelinek
& Kelly Roark



Crystina Anderson &
Brandon Blessing



Jenni Filipi, Mandy Filipi & Cait O'Brien



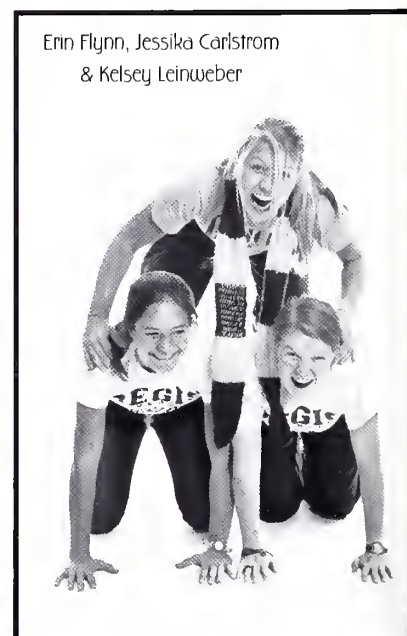
Yolanda Bodie, Erin O'Toole, Caroline Locke,
Katie King, Megan Welz & Kelly Wente



Lisa Harrell & Kelly Read



Amie Webb, Francesca Brown, Chelsea
Mitchell, Anna Hummel & Katie Smith



Erin Flynn, Jessika Carlstrom
& Kelsey Leinweber



Emily Boldt



Lucy Swayze, Tina Doerer, Cassy Gerving,
Tiffany Steffensmeier



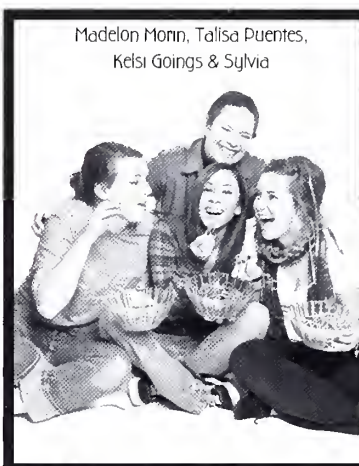
Sterling Seiber, Lauren Najmy,
Alec Houser & Jack Callaghan



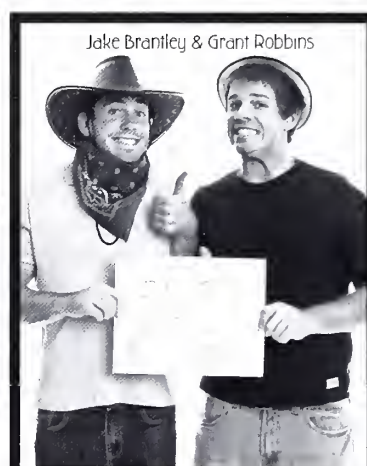
Danica Cutshall



Maggie O'Connor, Andrew Ross, Terese Cabanling,
Dawn Sietz & Peyton Lunzer



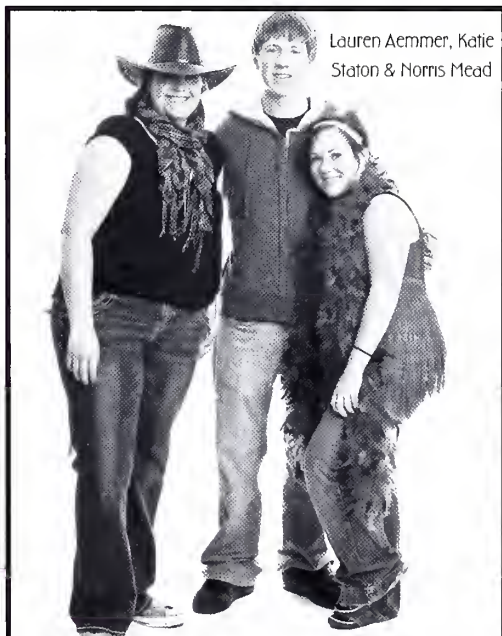
Madelon Morin, Talisa Puentes,
Kelsi Goings & Sylvia



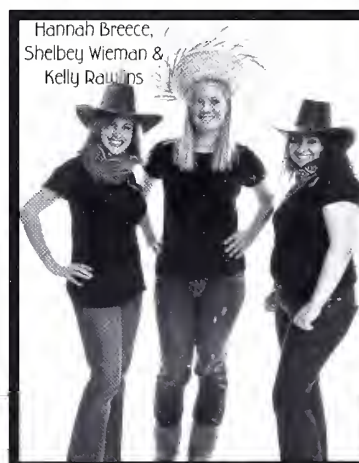
Jake Brantley & Grant Robbins



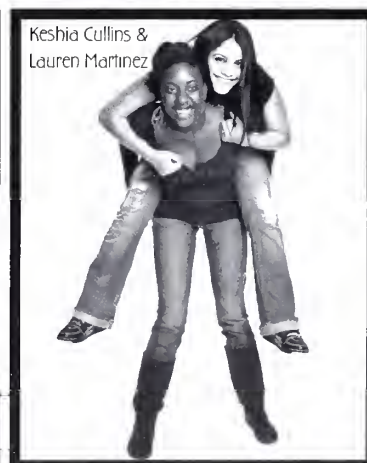
Matt Martinez &
Alec Houser



Lauren Aemmer, Katie
Staton & Norris Mead



Hannah Breece,
Shelby Wieman &
Kelly Rawlins



Keshia Cullins &
Lauren Martinez

Ted Lynch



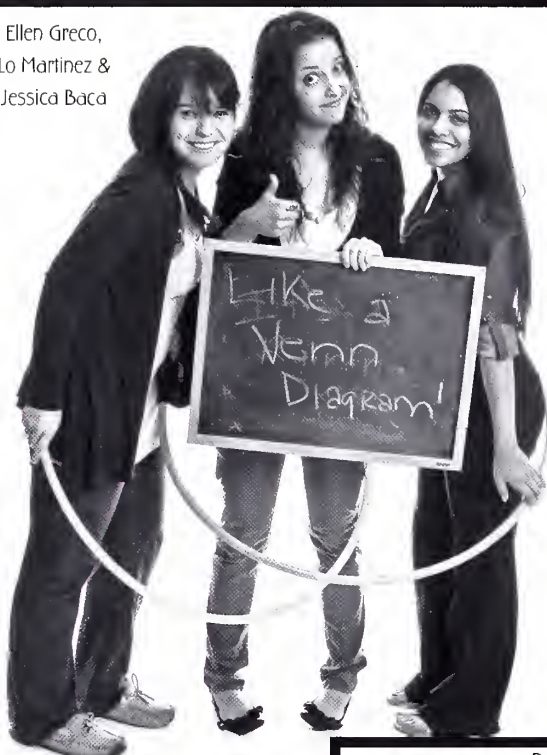
Sarah Martin & Trevor Hopkins



Sean Daru, Christian Daru, Ryan Daru,
Wendy Serrano, Angela Khong & Stan Goston



Ellen Greco,
Lo Martinez &
Jessica Baca



Erin Tiernan & Katie Rosenheim



Daniel Magill



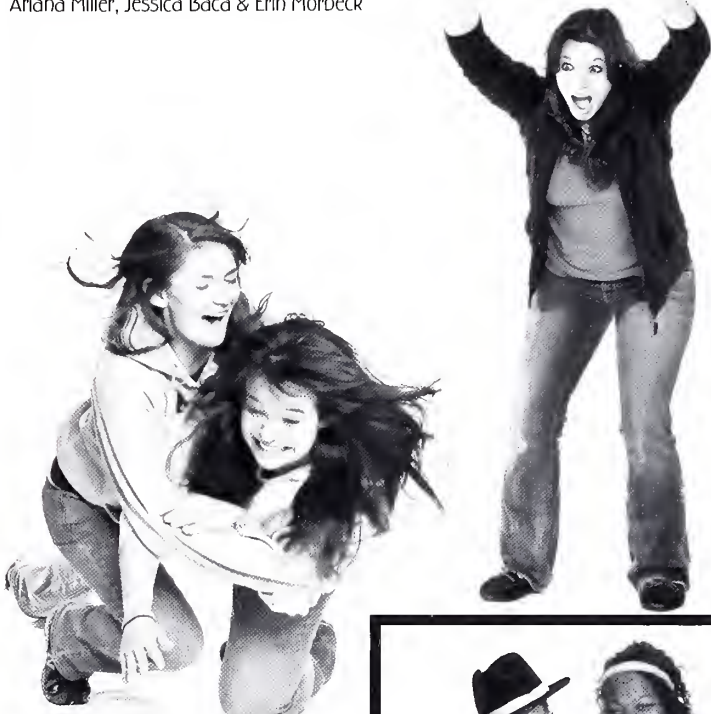
Pablo
Cabrera &
Chris
Ghincea



Erin Navaro



Ariana Miller, Jessica Baca & Erin Morbeck



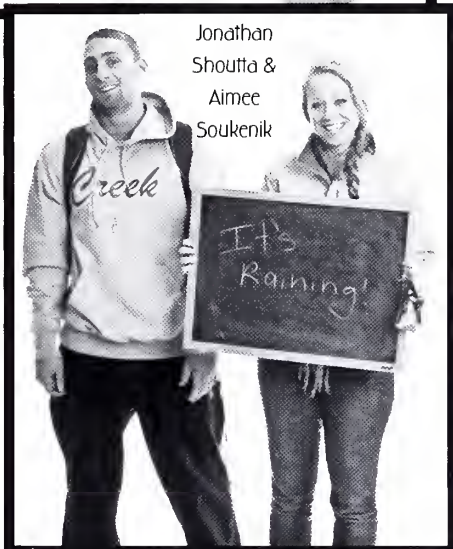
John McDermott, Melodie Shannon & Ben Kinzel



Kimber Moreland & Vanessa Nowosad



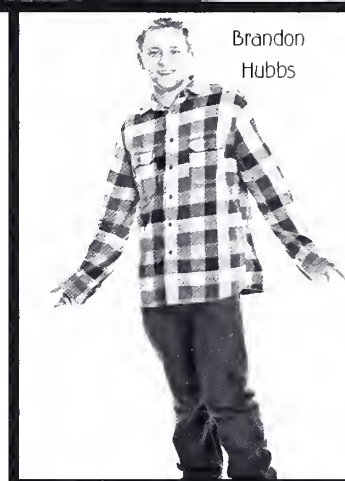
Jonathan Shoutta & Aimee Soukenik



Adar Johnson & Alexis Ortega



Brandon Hubbs



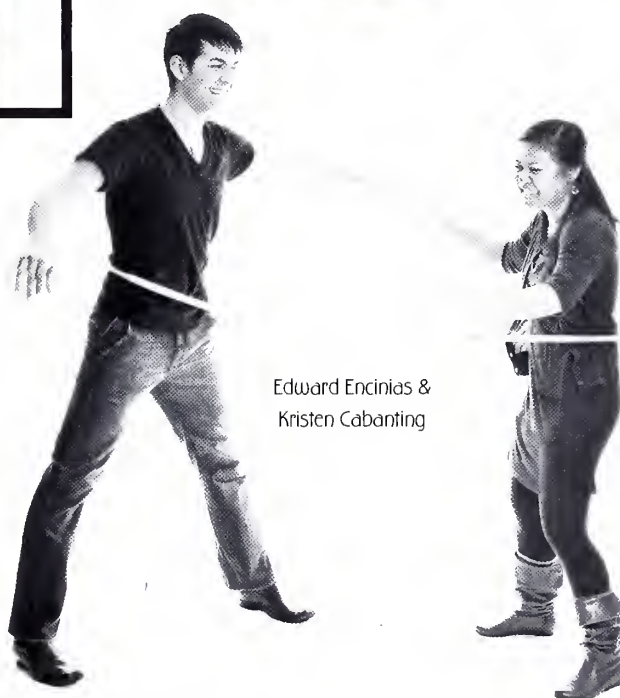
Bridget Young



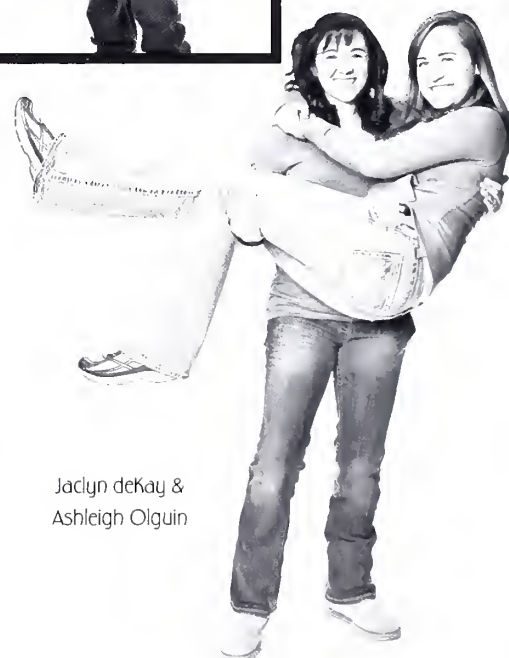
Liz Kitchen & Theresa Olavari



Edward Encinias & Kristen Cabanting



Jaclyn deKay & Ashleigh Olguin



Emily Tarvin &
Abigail van
Thullenar



Emmy Alteperter & Jenni Filipi



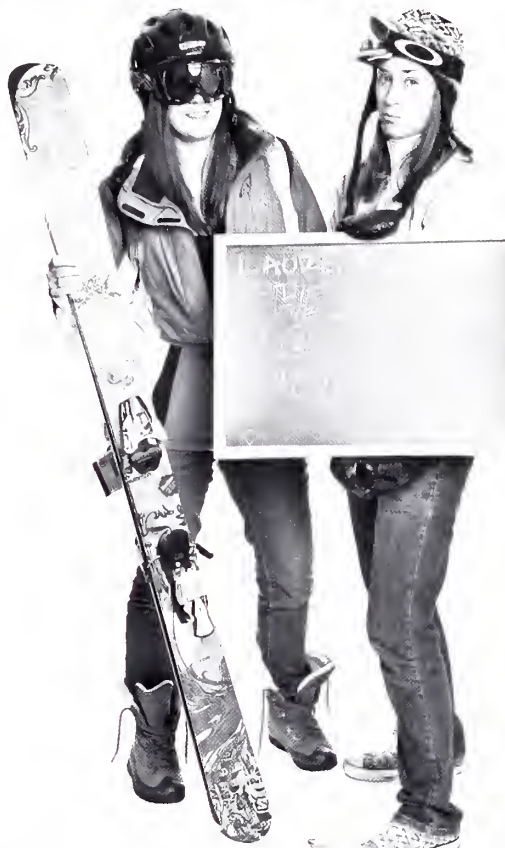
Nicholas Glueckler,
Jill McCaffrey &
Connor Irish



Nicholas Roque



Lauren Patrick & Lauren Jelinek



Morgan McDonnell



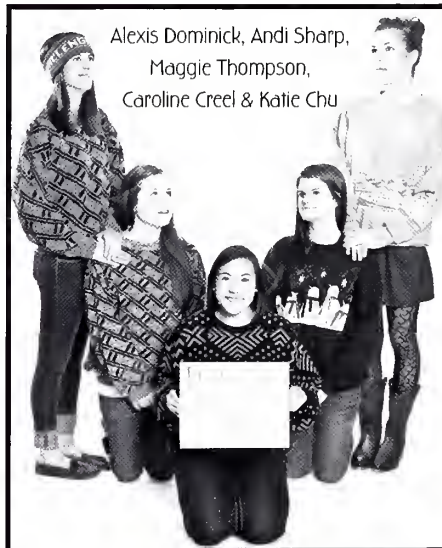
Jack Lincoln



Jessica Morgan &
Elizandra Martinez

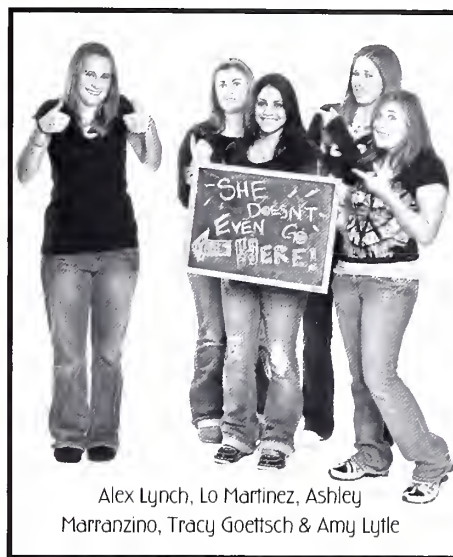


Alexis Dominick, Andi Sharp,
Maggie Thompson,
Caroline Creel & Katie Chu





Em Frevert, Lauren Williams & Jared Wright



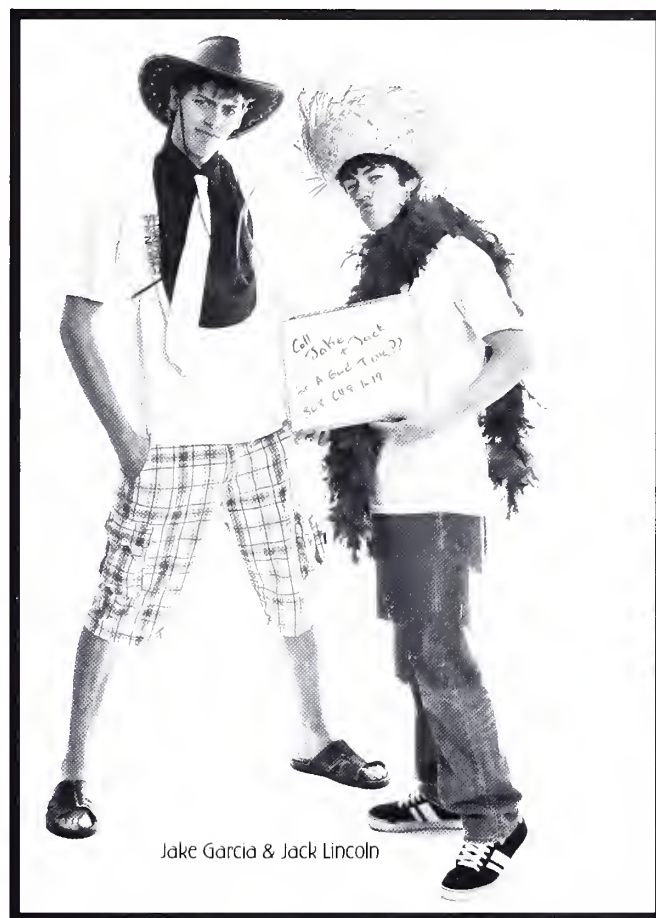
Alex Lynch, Lo Martinez, Ashley Marranzino, Tracy Goettisch & Amy Lytle



Melissa Meler, Hannah Herron & Erin Schreiber



Brandon Blessing



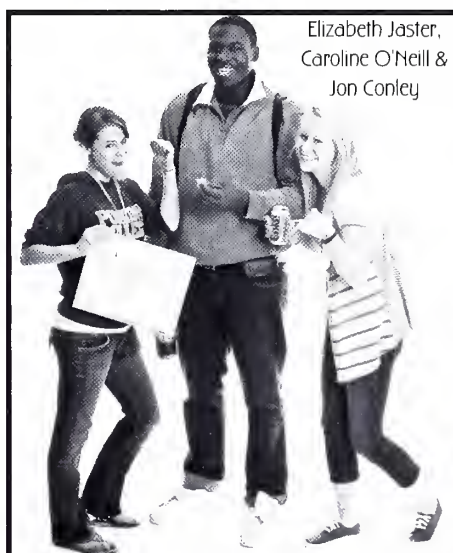
Jake Garcia & Jack Lincoln



Amy Johnston & Whitney Glandt



Christina Hawley, Nicky Schifano & Jelena Subotic



Elizabeth Jaster, Caroline O'Neill & Jon Conley



Bobby Guerrero & Liz Kitchen

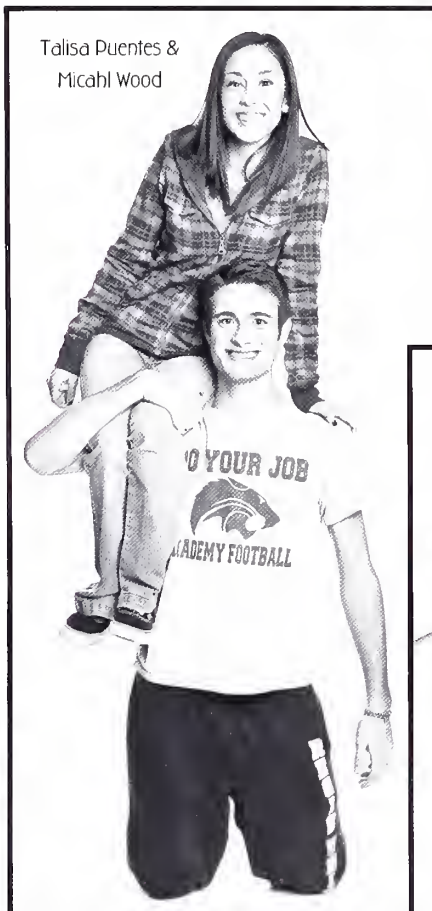
Heather Sedbrook & Brittany Brown



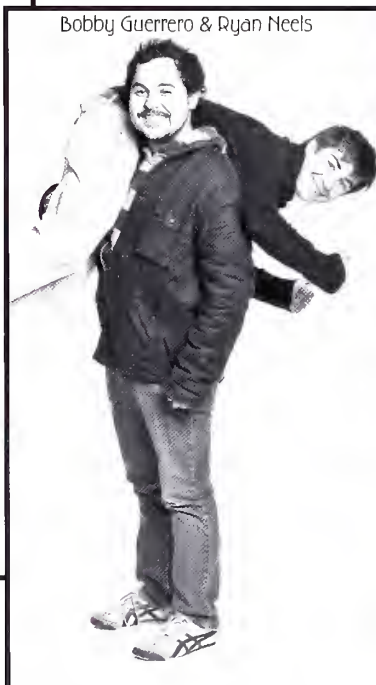
Melissa Piazza & Jade Moore



Talisa Puentes & Micahl Wood



Bobby Guerrero & Ryan Neels



Shelby Schneebeck & Maegan Cooley



Elizandra Martinez & Katie Vadar



Kelly Rawlins & Christianna Landreth



Lauren Policky



Paul Narey



Aurelia Mandani & Gabriella Aragon



Lauren Nagle



Padaric & Landon Waller



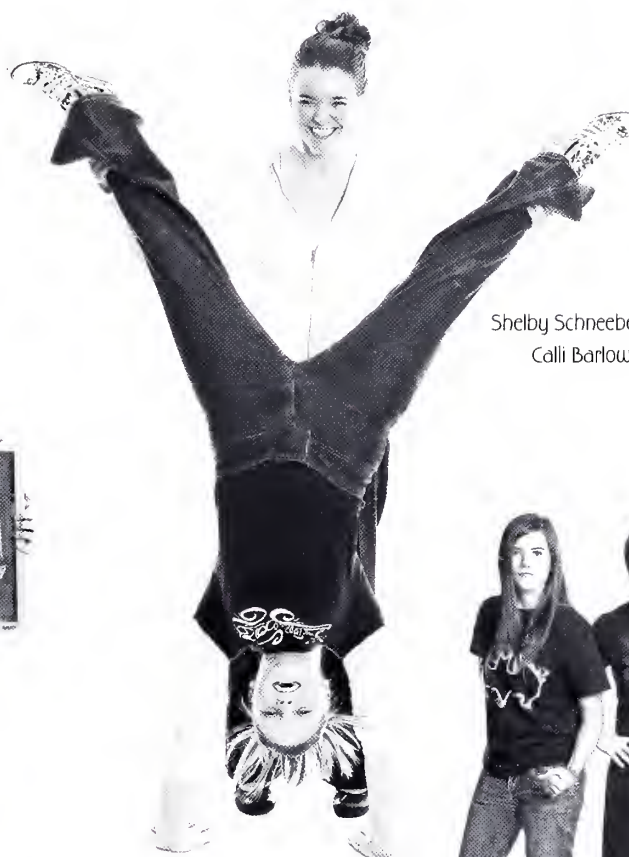
Myron Sanders



Trevor Hopkins & Beau Behan



Shelby Schneebeck & Calli Barlow



Lauren Patrick,
Elizandra Martinez &
Jessica Morgan



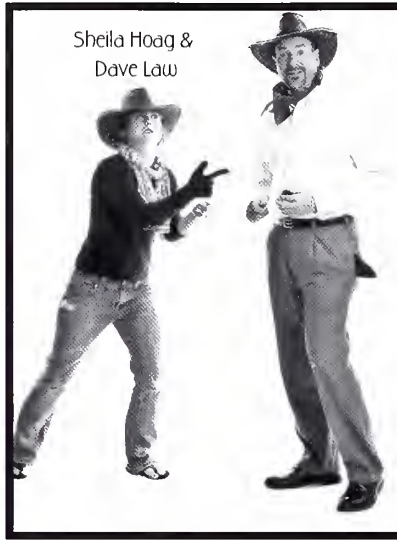
Kevin Bopp



Cynthia Miranda, Cristina Chacon, Amanda Gustafson & Kristin Crocker



Sheila Hoag & Dave Law



Maggie O'Connor, Christy Henzgen & Emily Obermiller



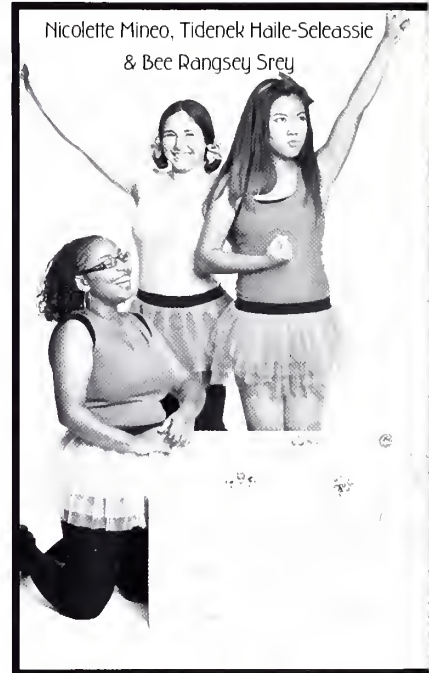
Phil Ord & Nikea



Katharine Meyer & Cassandra Cahill



Nicolette Mineo, Tidenek Haile-Seleassie & Bee Rangsey Srey



Lauren Kersting, Mandy Filipi & Mary Westerman



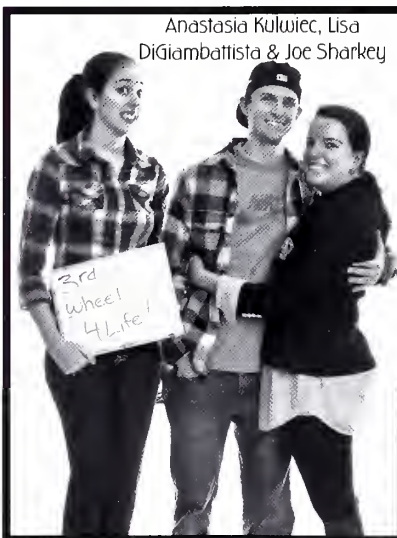
Aaron Georgas, Amanda Montz, Eileen Tran, Katie Mierkey & John Schmitt



Elizabeth Liberatore & Katie Isaacson

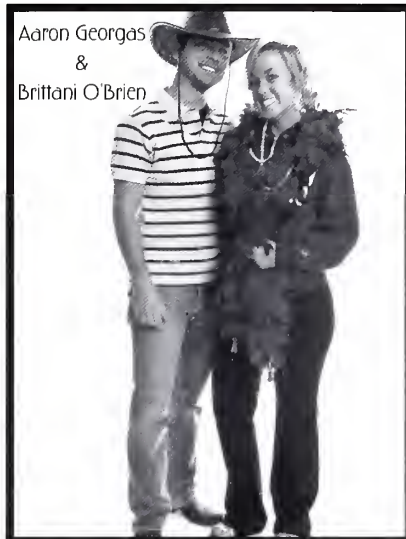


Anastasia Kulwiec, Lisa DiGiambattista & Joe Sharkey





Shley Liddiard, Angela
Mercier, Katie Hooten,
Amanda Isenbart &
Kelly Rawlins



Aaron Georgas
&
Brittani O'Brien



RUSGA



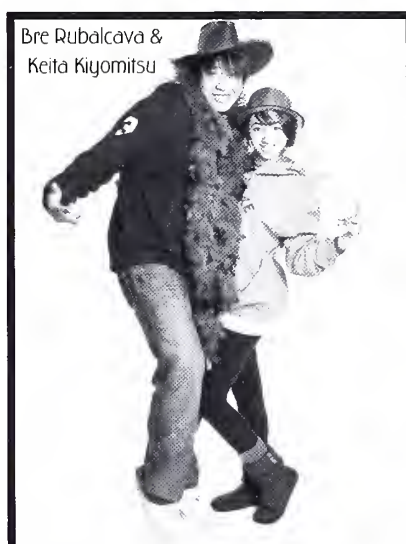
Mindy Clark, Brenda Ortiz,
Carlee Taga & Jamie Mann



Josh Kniss &
Hunter Fischbeck



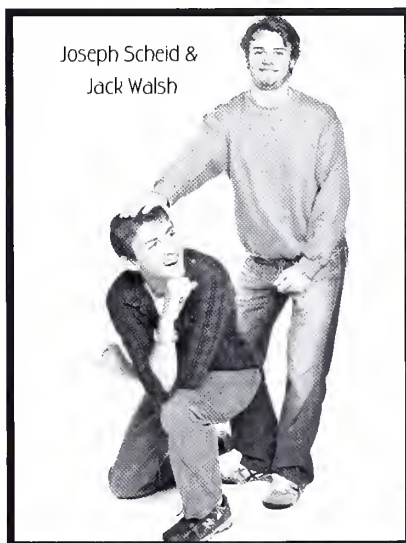
Mary Catherine Graham,
Lauren Nagle, Alec Mielnicki &
Pablo Cabrera



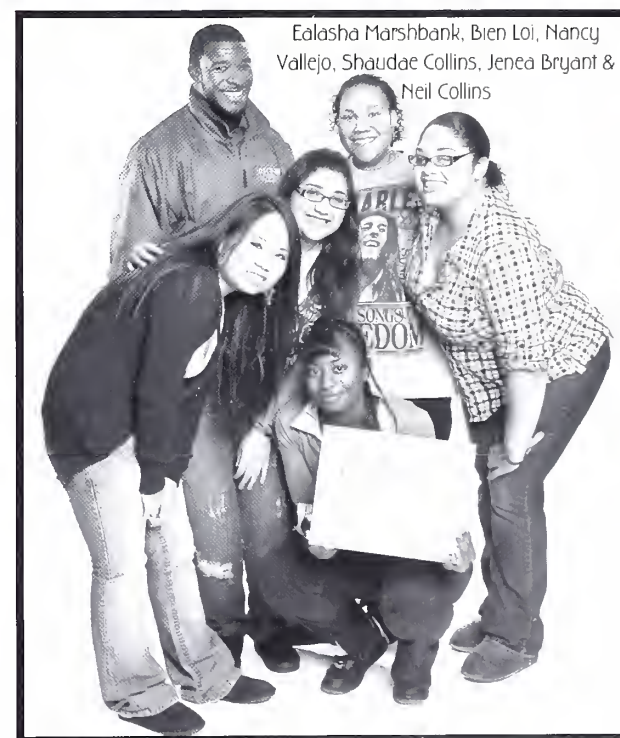
Bre Rubalcava &
Keita Kiyomitsu



Eli Holmes &
Brittany Booton



Joseph Scheid &
Jack Walsh

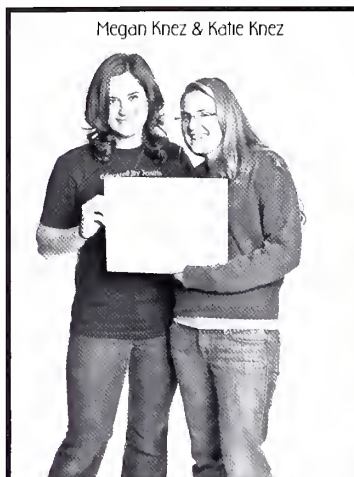


Ealasha Marshbank, Bien Loi, Nancy
Vallejo, Shaudae Collins, Jenea Bryant &
Neil Collins

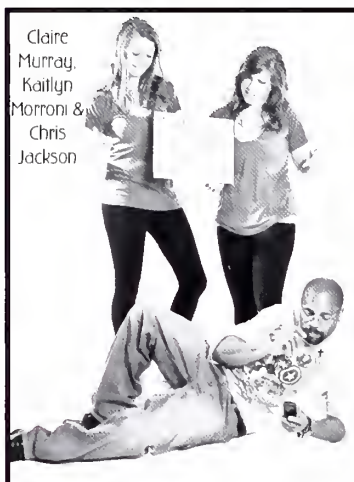


Tiffany Steffensmeier, Katie Mierkey, Tina Doerer

Brittany Brunson, Cassandra Gerving, Eileen Tran & Stephanie Salgado



Megan Knez & Katie Knez



Claire Murray, Kaitlyn Morroni & Chris Jackson



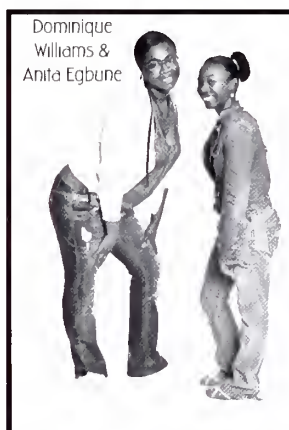
Michelle Ramirez, Sarah Herman, Johnathan Solis-Ward & Crystal Santos



Brittany Brown, Jenna Smith & Heather Sedbrook



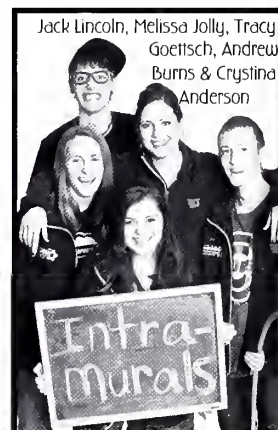
Dexter Schiller



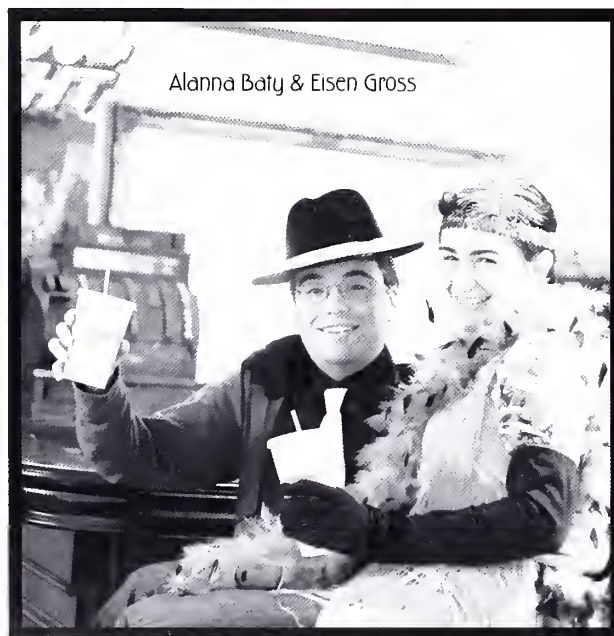
Dominique Williams & Anita Egbune



Mary Petersen & Courtney Forbes



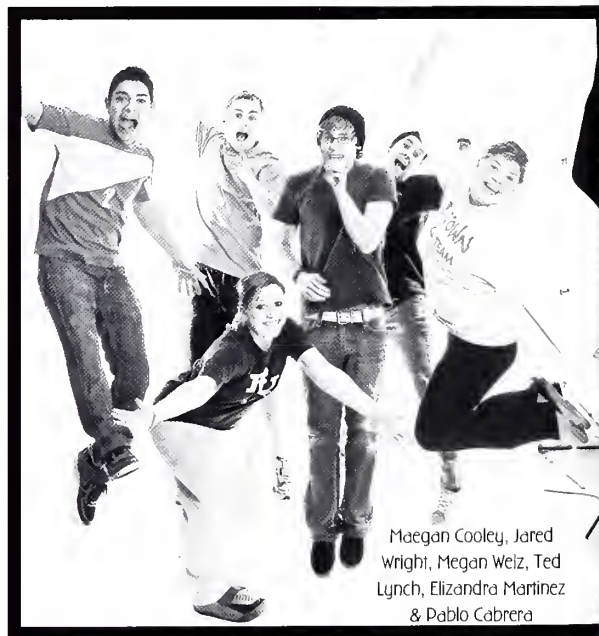
Jack Lincoln, Melissa Jolly, Tracy Goetisch, Andrew Burns & Crystina Anderson



Alanna Baty & Eisen Gross



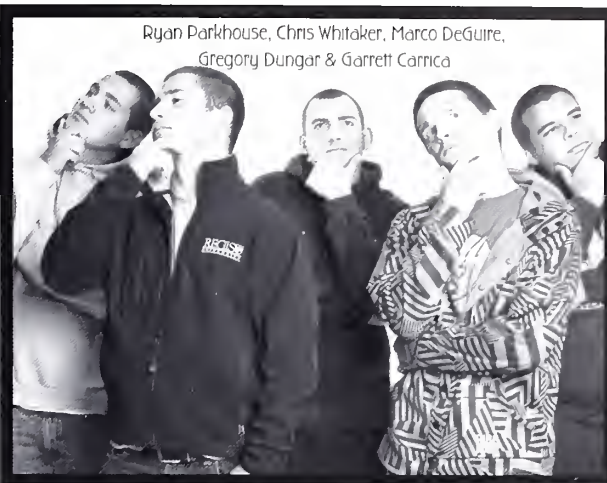
Emily Sloan & Elizabeth Sloan



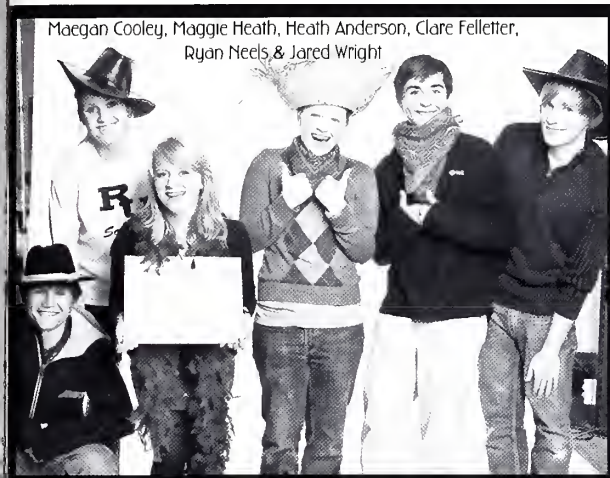
Maegan Cooley, Jared Wright, Megan Weiz, Ted Lynch, Elizandra Martinez & Pablo Cabrera



Carissa Dahlen, Anna McGee & Kayla Yokoyama



Ryan Parkhouse, Chris Whitaker, Marco DeGuire, Gregory Dungan & Garrett Carrica



Maegan Cooley, Maggie Heath, Heath Anderson, Clare Felletter, Ryan Neels, & Jared Wright



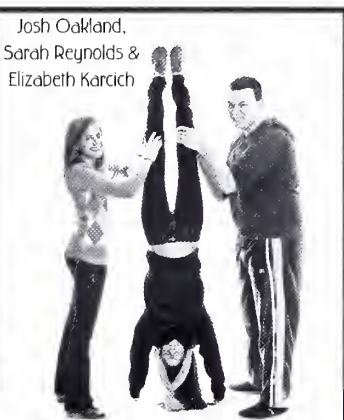
Brandi Collins & Keala Bertulfo



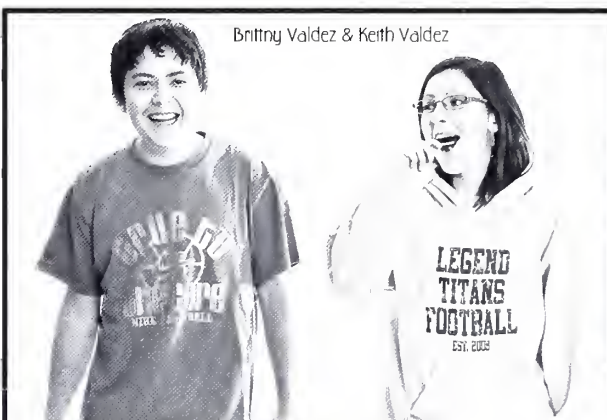
Christianna Quinata, Danica Cutshall & John Bradley



Sara Hogan, Kaitlyn Morrioni, Claire Murray, Peyton Lunzer, Nicky Schifano, Christina Hawley & Emily Mullen



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Ashleigh Burton & Reniece Carr



Thank You



Alyce Hamilton
Dave Law
Logan Garvin
Lisa Greco
Jeremy Phillips
RUSGA
Mike Sakas



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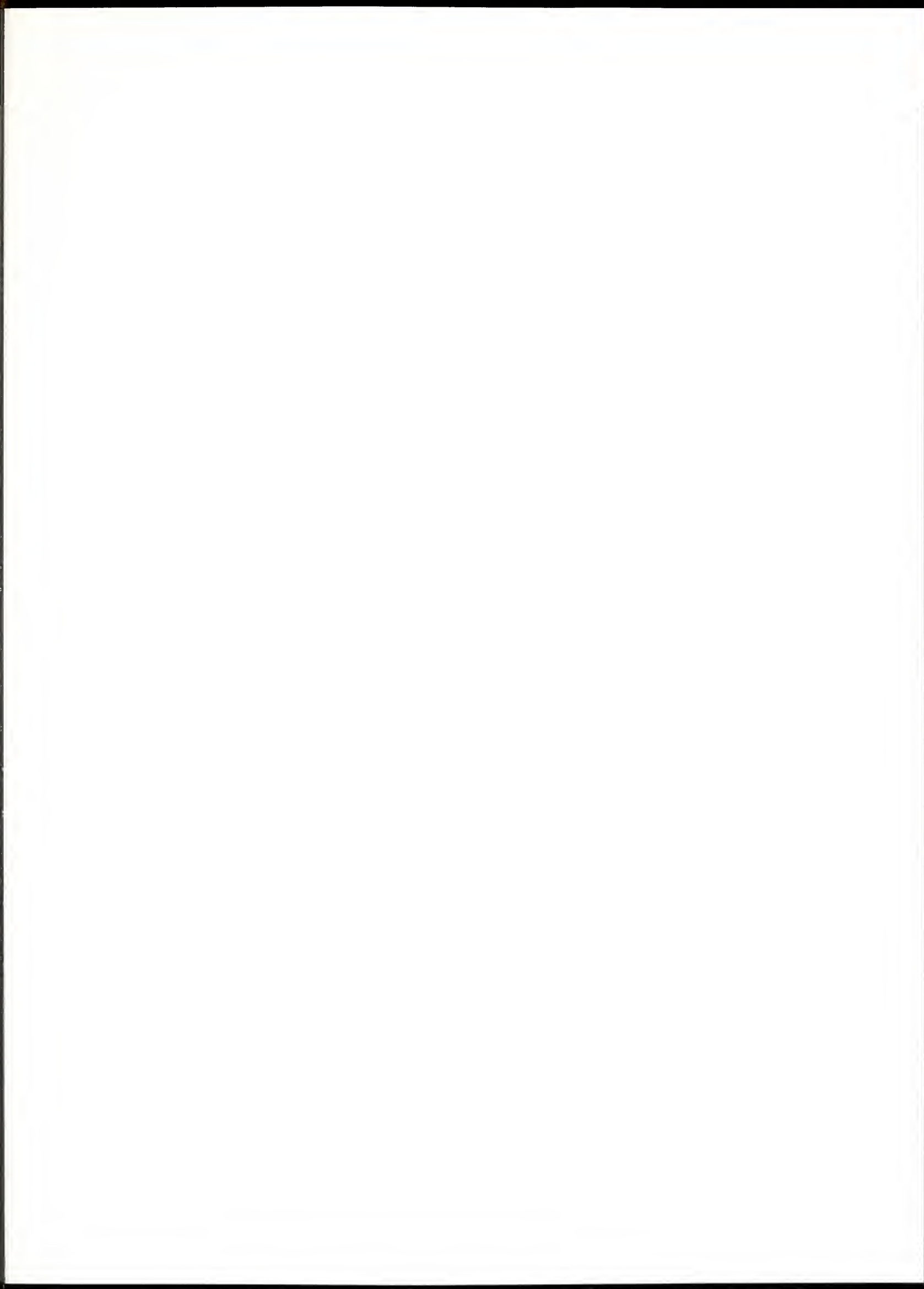
A special thanks to all our friends who supported us. Thanks to the Regis students, faculty, and staff who provided pictures.

The yearbook staff could not have completed this publication without all of your help.



Thank You,
Kelly Rawlins
Editor-In-Chief





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